

## ALLERGENS, FOOD PREPARATION, & STORAGE

Item	Allergens	Storage Area (F= Freezer, C= Cooler, D=Dry)	How long to keep in storage area	Best cooking method/How to prepare	Cook Time/Temp	Internal Temperature
Chocolate Donuts	Gluten, Milk, Soy, Wheat	C	Up to 2 days	Thaw and serve	N/A	N/A
Wheat Bagel	Gluten, Wheat	F	Up to 2 weeks	Thaw and serve	N/A	N/A
Cream Cheese	Milk	C	Up to 2 days	N/A	N/A	<40°F
Oatmeal Chocolate Chip Bar	Egg, Gluten, Milk, Soy, Wheat	D	See expiration date	N/A	N/A	N/A
Small PB & J Uncrustable	Gluten, <b>Peanuts</b> , Soy, Wheat, Tree Nuts	F	See Expiration Date	N/A	N/A	N/A
Snack N Waffle	Egg, Gluten, Milk, Wheat	F	14 months (Frozen)	Thaw to room temperature and Serve	N/A	N/A
Mini Breakfast Bites	Egg, Gluten, Milk, Soy, Wheat	F	12 days (Frozen) 3 days (Ambient)	N/A	Thaw and Serve Remove all packaging if you wish to warm in oven	N/A
Honey Bun	Egg, Gluten, Milk, Soy, Wheat	F	12 months	Thaw and Serve	N/A	N/A

## ALLERGENS, FOOD PREPARATION, & STORAGE

Item	Allergens	Storage Area (F= Freezer, C= Cooler, D=Dry)	How long to keep in storage area	Best cooking method/How to prepare	Cook Time/Temp	Internal Temperature
French Toast Sticks	Egg, Gluten, Milk, Soy, Wheat	F	12 months	Microwave	Place 1 package on a microwave safe plate. Heat for 60 seconds	165°F
Cereal Bowl	Gluten, Soy, Wheat	D	See expiration date	N/A	N/A	N/A
Pancake & Pork Sausage on a Stick <i>*includes Pork*</i>	Egg, Gluten, Milk, Soy, Wheat	F	Up to 12 months (Freezer)	Microwave	Thaw overnight in refrigerator. Open one end of wrapper and heat on High 70-90 seconds.	165°F
Cinnamon Roll	Egg, Gluten, Milk, Soy, Wheat	F	12 months	Thaw and Serve	For best results, thaw overnight and keep at room temperature until serving	N/A
Beef Sausage & Cheese Biscuit	Gluten, Milk, Soy, Wheat	C	Up to 2 days	Warm and Enjoy	N/A	165°F
Egg & Beef Chorizo Burrito	Egg, Gluten, Milk, Soy, Wheat	F	12 months	Oven	350°F Thawed-10-15 mins Frozen-16-18 mins	165°F

## ALLERGENS, FOOD PREPARATION, & STORAGE

Item	Allergens	Storage Area (F= Freezer, C= Cooler, D=Dry)	How long to keep in storage area	Best cooking method/How to prepare	Cook Time/Temp	Internal Temperature
Egg Breakfast Burrito	Egg, Gluten, Milk, Soy, Wheat	C	Up to 2 days	Warm and Enjoy	N/A	165°F
Colby Cheese Omelet	Egg, Milk	F	12 months	Microwave <b>Frozen:</b> 65-75 seconds <b>Thawed:</b> 30-40 seconds	Place 1 Omelet on microwave safe dish, cover with plastic wrap and vent.	165°F
Pan Dulce	Egg, Gluten, Milk, Soy, Wheat	F	12 months	Thaw and Serve	N/A	N/A
Teriyaki Chicken Rice Bowl	Gluten, Soy, Wheat	F	12 months	Microwave	Puncture film 3-4 times. Cook on high 5-6 minutes or until hot. Stand for 3 minutes	165°F
French Bread Pepperoni Pizza	Gluten, Milk, Wheat	F	12 months	Oven	350°F 11-12 minutes on lined baking sheet	165°F
Mini Turkey Corn Dogs	Egg, Gluten, Milk, Soy, Wheat	F	12 months	Oven	375°F 15-17 minutes on baking sheet	165°F

## ALLERGENS, FOOD PREPARATION, & STORAGE

Item	Allergens	Storage Area (F= Freezer, C= Cooler, D=Dry)	How long to keep in storage area	Best cooking method/How to prepare	Cook Time/Temp	Internal Temperature
Pepperoni Pizza Sliders	Gluten, Milk, Soy, Wheat	F	12 months	Oven	350°F Bake 12-15 minutes	165°F
Italian Combo Hoagie	Gluten, Milk, Soy, Wheat	C	Up to 2 days	N/A	N/A	<40°F
Potato Smiles	None	F	12 months	Oven	425°F 9-13 minutes	165°F
Sugar Cookie	Egg, Gluten, Milk, Soy, Wheat	F	Up to 2 weeks	Oven	330°F 10 minutes	165°F
Beef, Bean & Cheese Burrito	Gluten, Milk, Soy, Wheat	C	Up to 2 days	Oven Or Microwave	<b>Oven:</b> Cook @ 350°F 10-12 mins <b>Microwave:</b> Take out of foil, cook on High 3 mins or until 165°F	165°F
Mac n Cheese	Egg, Gluten, Milk, Wheat	F	Up to 2 weeks	Microwave	4-6 minutes	165°F
Grilled Cheese Sandwich	Gluten, Milk, Soy, Wheat	F	12 months (Frozen)	Oven	350°F 8-12 minutes	165°F
Bean & Cheese Burrito	Gluten, Milk, Wheat	F	12 months (Frozen)	Oven Or Microwave	<b>Oven:</b> Cook @ 350°F 10-12 mins <b>Microwave:</b>	165°F

## ALLERGENS, FOOD PREPARATION, & STORAGE

Item	Allergens	Storage Area (F= Freezer, C= Cooler, D=Dry)	How long to keep in storage area	Best cooking method/How to prepare	Cook Time/Temp	Internal Temperature
					Take out of foil, cook on High 3 mins or until 165°F	
Turkey Taco Nada	Gluten, Milk, Soy, Wheat	F	12 months (Frozen)	Oven	350°F 30-32 minutes	165°F
Nacho Cheese Cup	Milk	D	90 Days	N/A	N/A	
Yogurt Parfait w/Granola	Gluten, Milk, Soy, Wheat, Tree Nuts	C	Up to 2 days	N/A	N/A	<40°F
Mini Cheeseburger Twins	Gluten, Milk, Soy, Wheat	F	Up to 2 weeks	Oven Or Microwave	<b>Oven:</b> 350°F 15-20 minutes <b>Microwave:</b> 3 minutes or until it reaches 165°F	165°F
Pasta w/Meat Sauce	Egg, Gluten, Soy, Wheat	F	12 months (Frozen)	Microwave	4 minutes or until it reaches 165°F	165°F
Turkey Cheese Bistro Box		C	Up to 2 days	N/A	N/A	<40°F
Penne Alfredo Pasta	Egg, Milk, Wheat	F	12 months (Frozen)	Stovetop	Place bag in boiling water. Heat 45 minutes	165°F

## ALLERGENS, FOOD PREPARATION, & STORAGE

Item	Allergens	Storage Area (F= Freezer, C= Cooler, D=Dry)	How long to keep in storage area	Best cooking method/How to prepare	Cook Time/Temp	Internal Temperature
Turkey & Cheese Hoagie	Gluten, Milk, Soy, Wheat	C	Up to 2 days	N/A	N/A	<40°F
Beef Nacho Bowl	Milk, Soy	C	Up to 2 days	Microwave	Heat for 3-5 minutes until hot	165°F
Orange Chicken & Rice Bowl	Egg, Gluten, Soy, Wheat	F	12 months (Frozen)	Oven	350°F 13-15 min (Puncture film 3-4 times) Stir & Serve	165°F
Pretzel Bites	Gluten, Wheat	F	12 months (Frozen)	Oven	Thaw and serve at room temperature	N/A
Italian Combo Pasta Salad	Gluten, Milk, Soy, Wheat	C	Up to 2 days	N/A	N/A	<40°F
Applesauce	N/A	D	See expiration date	N/A	N/A	N/A
Milk	Dairy	C	Up to 1 week	N/A	N/A	<40°F