

# MURRIETA VALLEY USD

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Recipe

Jun 30, 2021

Recipe: 001143 Cereal -Variety MS & HS

Recipe HACCP Process: #1 No Cook

Recipe Source:

Recipe Group: MISCELLANEOUS

Alternate Recipe Name: Cereal Variety

Number of Portions: 2

Size of Portion: serving

903352 Cereal, Honey Nut Cheerios.....	1 5/8 CUP	<u>ALLERGENS</u>
903353 Cereal, Cinnamon Toast Crunch Bulk...	1 5/8 CUP	Honey Nut Cheerios: Almonds (tree nuts), gluten free! Cinnamon Toast Crunch: Wheat & Soy

\*Nutrients are based upon 1 Portion Size (serving)

Calories	256 kcal	Cholesterol	0.00 mg	Sugars	19.20 g	Calcium	160.00 mg	16.87%	Calories from Total Fat
Total Fat	4.80 g	Sodium	352.00 mg	Protein	4.00 g	Iron	5.76 mg	0.00%	Calories from Saturated Fat
Saturated Fat	0.00 g	Carbohydrates	50.40 g	Vitamin A	800.00 IU	Water <sup>1</sup>	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat <sup>2</sup>	0.00 g	Dietary Fiber	4.00 g	Vitamin C	9.60 mg	Ash <sup>1</sup>	*N/A* g	78.75%	Calories from Carbohydrates
								6.25%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

<u>Miscellaneous</u>	<u>Attributes</u>	<u>Allergens Present</u>	<u>Allergens Absent</u>	<u>Allergens Unidentified</u>
Meat/Alt..... oz		Y - Tree Nut	N - Milk	
Grain..... 2 oz		Y - Soy	N - Egg	
Fruit..... cup		Y - Wheat	N - Peanut	
Vegetable..... cup			N - Fish	
Milk..... cup			N - Shellfish	
<u>Moisture &amp; Fat Change</u>				
Moisture Change..... 0%				
Fat Change..... 0%				
Type of Fat.....				

## Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	903352	Cereal, Honey Nut Cheerios			
I	903353	Cereal, Cinnamon Toast Crunch Bulk			

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.





GENERAL MILLS  
Convenience  
& Foodservice



## Honey Nut Cheerios™ Cereal Bulkpak 39 oz

UPC: 016000119888

Information Accurate as of: **June 30, 2021**

### DESCRIPTION

A sweetened twist on the classic cereal, Honey Nut Cheerios™ is a whole grain gluten-free cereal in ring-shaped pieces with real honey and natural almond flavoring in cost-effective, 39 oz bulk packaging for less waste and great labor savings. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria and USDA Smart Snacks criteria.

Case GTIN: 10016000119885

Unit Weight: **39 OZ**

Units per case: **4**

### Nutrition Facts

1 Cup (37g)  
Serving Size

Calories  
per serving

**140**

Amount/serving	% Daily Value**	Amount/serving	% Daily Value**
<b>Total Fat</b> 2g	3%	<b>Sodium</b> 210mg	9%
Saturated Fat 0g	0%	<b>Total Carbohydrate</b> 30g	11%
Trans Fat 0g		Dietary Fiber 3g	10%
<b>Cholesterol</b> 0mg	0%	Total Sugars 12g	
		Soluble Fiber <1g	
		Includes 12g Added Sugars	24%
		<b>Protein</b> 3g	
Vitamin D 10%	• Calcium 10%	• Iron 20%	
Potassium 4%	• Vitamin A 10%	• Vitamin C 10%	
Thiamin 20%	• Riboflavin 10%	• Niacin 10%	
Vitamin B6 20%	• Folate 20%	• (45mcg Folic Acid) 20%	
Vitamin B12 20%	• Phosphorus 8%	• Magnesium 8%	
Zinc 20%			

\*\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\*Not a significant nutrient source

### Nutrition Facts

Calories  
Approx Per 100g

**378**

Amount/100g	% Daily Value**	Amount/100g	% Daily Value**
<b>Total Fat</b> 5g		<b>Sodium</b> 568mg	
Saturated Fat 0g		<b>Total Carbohydrate</b> 81g	
Trans Fat 0g		Dietary Fiber 8g	
<b>Cholesterol</b> 0mg		Total Sugars 32g	
		Soluble Fiber <3g	
		Includes 32g Added Sugars	
		<b>Protein</b> 8g	
Vitamin D • Calcium • Iron			
Potassium • Vitamin A • Vitamin C			
Thiamin • Riboflavin • Niacin			
Vitamin B6 • Folate • (122mcg Folic Acid)			
Vitamin B12 • Phosphorus • Magnesium			
Zinc			

\*\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\*Not a significant nutrient source

**INGREDIENTS & ALLERGENS:** Whole Grain Oats, Sugar, Corn Starch, Honey, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Canola Oil, Natural Almond Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3. **CONTAINS ALMOND INGREDIENTS.**

**KOSHER APPROVAL:** OU



Nutritional information is subject to change. See product label to verify ingredients and allergens. Do not eat raw dough or batter.  
This product profile is correct through the date above. Because product formulations and related product attributes may change, this information is subject to change.  
Search results are based on the system information available. Nutritional information is subject to change. See product label on package to verify ingredients and allergens.





GENERAL MILLS

**Formulation Statement for Documenting Grains in School Meals**  
**Required Beginning SY 2013-2014**  
*(Crediting Standards Based on Revised Exhibit A*  
*weights per oz equivalent)*

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Honey Nut Cheerios® Bulk Cereal Code No.: 16000-11988

Manufacturer: General Mills, Inc. Serving Size 1.30 OZ (37g)  
(raw dough weight may be used to calculate creditable grain amount)

**I. Does the product meet the Whole Grain-Rich Criteria:** Yes X No       
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

**II. Does the product contain non-creditable grains:** Yes      No      **How many grams:**  
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

**III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals).** (Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

**Indicate to which Exhibit A Group (A-I) the Product Belongs:** I

Description of Product per Food Buying Guide	Portion Size of Product as Purchased A	Weight of one ounce equivalent as listed in SP 30-2012 B	Creditable Amount A ÷ B
Ready to Eat Cereal	37g	28g	37g ÷ 28g = 1.32
<b>Total Creditable Amount<sup>1</sup></b>			<b>1.25</b>

<sup>1</sup>Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.

Total weight (per portion) of product as purchased 1.30 OZ (37g)

Total contribution of product (per portion) 1.25 oz equivalent

I further certify that the above information is true and correct and that a 37g/1.30 ounce portion of this product (ready for serving) provides 1.25 oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Wendy Ramaker  
Labeling and Regulatory Compliance Specialist, K12 Education  
January 05, 2021





## Cinnamon Toast Crunch™ Cereal Bulkpak 45 OZ

UPC: <b>016000118133</b>	Information Accurate as of: <b>June 30, 2021</b>
<b>DESCRIPTION</b> A crisp, whole grain wheat and rice cereal sweetened with real cinnamon in cost-effective, 45 oz bulk packaging for less waste and great labor savings. For crediting in USDA Child Nutrition Programs: whole grain-rich criteria and USDA Smart Snacks criteria.	
Case GTIN: <b>10016000118130</b>	
Unit Weight: <b>45 OZ</b>	Units per case: <b>4</b>

Nutrition Facts		Amount/serving		% Daily Value**		Amount/serving		% Daily Value**		**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
1 Cup (41g) Serving Size	<b>Calories</b> per serving	<b>Total Fat</b> 4g		5%		<b>Sodium</b> 230mg		10%		
		Saturated Fat 0g		0%		<b>Total Carbohydrate</b> 33g		12%		
		Trans Fat 0g				Dietary Fiber 2g		7%		
		Polyunsaturated Fat 1g				Total Sugars 12g				
		Monounsaturated Fat 2.5g				Includes 12g Added Sugars		24%		
		<b>Cholesterol</b> 0mg		0%		<b>Protein</b> 2g				*Not a significant nutrient source
		Vitamin D	10%	• Calcium	10%	• Iron	20%			
		Potassium	0%	• Vitamin A	10%	• Vitamin C	10%			
		Thiamin	20%	• Riboflavin	10%	• Niacin	10%			
		Vitamin B6	20%	• Folate	20%	• (45mcg Folic Acid)	20%			
		Vitamin B12	20%	• Phosphorus	6%	• Magnesium	6%			
		Zinc	20%							

Nutrition Facts		Amount/100g	% Daily Value**	Amount/100g	% Daily Value**	**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
Calories Approx Per 100g	440	Total Fat 10g		Sodium 560mg		
		Saturated Fat 0g		Total Carbohydrate 80g		
		Trans Fat 0g		Dietary Fiber 5g		
		Polyunsaturated Fat 3g		Total Sugars 29g		
		Monounsaturated Fat 6g		Includes 29g Added Sugars		
		Cholesterol 0mg		Protein 5g		
		Vitamin D	• Calcium		• Iron	
		Potassium	• Vitamin A		• Vitamin C	
		Thiamin	• Riboflavin		• Niacin	
		Vitamin B6	• Folate		• (110mcg Folic Acid)	
Vitamin B12	• Phosphorus		• Magnesium			
Zinc					*Not a significant nutrient source	

**INGREDIENTS & ALLERGENS:** Whole Grain Wheat, Sugar, Rice Flour, Canola Oil, Fructose, Maltodextrin, Dextrose, Salt, Cinnamon, Trisodium Phosphate, Soy Lecithin, Caramel Color. BHT Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3. CONTAINS SOY AND WHEAT INGREDIENTS.

**KOSHER APPROVAL:** OU/DAIRY



Search results are based on the system information available. Nutritional information is subject to change. See product label on package to verify ingredients and allergens.





GENERAL MILLS

**Formulation Statement for Documenting Grains in School Meals**  
**Required Beginning SY 2013-2014**  
*(Crediting Standards Based on Revised Exhibit A*  
*weights per oz equivalent)*

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Cinnamon Toast Crunch ® Bulk Cereal Code No.: 16000-11813

Manufacturer: General Mills, Inc. Serving Size 1.4 OZ (41g)  
(raw dough weight may be used to calculate creditable grain amount)

**I. Does the product meet the Whole Grain-Rich Criteria:** Yes X No       
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

**II. Does the product contain non-creditable grains:** Yes      No      **How many grams:**  
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

**III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals).** (Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

**Indicate which Exhibit A Group**      **Indicate to which Exhibit A Group (A-I) the Product Belongs:** I

Description of Creditable Grain Ingredient*	Grams of Creditable Grain Ingredient per Portion <sup>1</sup> A	Gram Standard of Creditable Grain per oz equivalent (16g or 28g) <sup>2</sup> B	Creditable Amount  A ÷ B
Ready to Eat Cereal	41g	28g	41g ÷ 28g = 1.4
<b>Total Creditable Amount<sup>1</sup></b>			<b>1.25</b>

<sup>1</sup>Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.

Total weight (per portion) of product as purchased 1.4 OZ (41g)

Total contribution of product (per portion) 1.25 oz equivalent

I further certify that the above information is true and correct and that a 41g/1.4 ounce portion of this product (ready for serving) provides 1.25 oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Wendy Ramaker  
Labeling and Regulatory Compliance Specialist, K12 Education  
January 04, 2021

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