


Meatless

August Lunch Menu ~ K - 5th

Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5 WELCOME BACK	6
<p>Breakfast Combos + Lunch Combos are free of charge (1 breakfast and 1 lunch per student per day) for the 2021-2022 School Year</p>		11 Chicken Nuggets w/ Goldfish Crackers	12 Meatballs w/ Marinara + Texas Toast	13 Bean + Cheese Burrito ✓ Cookie Day
16 Belgian Waffle w/ Yogurt ✓ Brunch for Lunch	17 Cheeseburger Sliders	18 Teriyaki Chicken Bowl w/ Brown Rice	19 Drumstick w/ Texas Toast	20 Pepperoni Pizza Cookie Day
23 Cheesy Bread Bites w/ Marinara ✓	24 Double Dog	25 Grilled Cheese Sandwich ✓	26 Rotini w/ Meat Sauce + Texas Toast	27 Chicken Burger Cookie Day
30 Cheese Pizza ✓	31 Chicken Taquitos			<p>✓ = Vegetarian Option</p> <p> = Pork Free Menu</p>



Friendly Reminder®

Meal Applications from 2020-2021 expires **Sept. 27th**.
Fill out your **NEW** 2021-2022 meal application! Visit
www.MurrietaSchoolNutrition.com

DAILY ALTERNATE ENTREES

Turkey & Cheese Wedge Sandwich,
Peanut Butter & Jelly Uncrustable Snack Pack
or *Entrée Salad Bar with Cheese & Crackers*

Second Lunch \$2.75

Lunch Includes

Unlimited Daily Produce Bar
100% Fruit Juice & Choice of 1% White or Non-Fat Chocolate Milk

Daily Produce Bar

Harvest of the Month



Salad Greens

- Apples
- Oranges
- Bananas
- Watermelon or Grapes
- Chilled Pears or Chilled Peaches
- Applesauce
- Local Strawberries
- Romaine Lettuce
- Baby Carrots
- Corn or Kidney Beans
- Green Beans or Cucumbers

* Selections vary seasonally and daily

