

Elementary Menu

Vegetarian Sample Menu

Monday	Tuesday	Wednesday	Thursday	Friday
See Regular Menu for Meatless Monday entrée	Bean & Cheese Burrito	Grilled Cheese Sandwich	PB&J Snack Pack	See Regular Menu OR Cheese Pizza (if regular menu is not meatless)

Daily Lunch
Alternate:
PB&J Snack Pack

All schools offer a vegetarian option that includes a PB&J Uncrustable Sandwich with a string cheese and Goldfish crackers. If you would like to have the options above available, we would be happy to accommodate you. Notify your local Cafeteria at least one week in advance and let them know how often your child will be joining us for lunch.

Breakfast Combos & Lunch Combos
are free of charge
(1 breakfast and 1 lunch per student per day)
for the 2021-2022 School Year

Lunch Includes

- Daily Produce Bar
- 100% Fruit Juice
- Choice of 1% White Milk or Non-Fat Chocolate Milk



Daily Produce Bar

Harvest of the Month



Salad Greens

- Apples
- Oranges
- Bananas
- Watermelon or Grapes
- Chilled Pears or Chilled Peaches
- Applesauce
- Local*
- Strawberries
- Romaine Lettuce
- Baby Carrots
- Corn or Kidney Beans
- Green Beans or Cucumbers

** Selections vary seasonally and daily*



Nutrition Specialist: Taylor Wolfcale – twolfcale@murrieta.k12.ca.us (951) 696-1600 ext. 1165

This institution is an equal opportunity provider. Menu subject to change without notice. www.MurrietaSchoolNutrition.com