

# IGNITE LUNCH MENU 2021-2022

MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY



<b>WEEK 1</b>	PULLED PORK OR CHEESEBURGERS BAKED BEANS SWEET POTATO WAFFLES MANDARIN ORANGES	ROTINI GARLIC TWIST OR CALZONES COLE SLAW MARINARA SAUCE FRESH FRUIT	CHICKEN NUGGETS SNACK OR COOKS CHOICE MASH POTATOES PEACH	NACHO GRANDE W GRIPZ OR PIZZA BREADSTICKS BROCCOLI SALSA APPLESAUCE	RIBLET OR PEPPER STEAK RICE & EGG ROLL ASIAN BLEND FRESH FRUIT
<b>WEEK 2</b>	CHILI CHEESE FRIES W PRETZEL OR GRILLED CHICKEN BREAST OVEN FRIES CARROTS PEARS	PANTHER PIZZA OR BUILD A SUB GREEN BEANS MAARINARA SAUCE SORBERT CUP	MASH POTATO BOWL W DINNER ROLL OR COOKS CHOICE CORN TROPICAL FRUIT	LASAGNA ROLL UP W GARLIC BREAD OR CHICKEN WINGS ONION RINGS ROMAIN LETTUCE DRAGON PUNCH	MAC & CHEESE OR QUESADILLA PITA CHIPS HUMMUS SALSA STRAWBERRY CUPS
<b>WEEK 3</b>	CHICKEN BBQ OR KOEDEL VIENNA W CONEY SAUCE TATOR TOTS PINEAPPLES	BOSCOS OR GRILL CHEESE TOMATO SOUP BANANAS	CHICKEN SANDWICH OR CHEESEBURGER WG BUN CURLY FRIES FRESH FRUIT	TACOS W WG SHELLS OR PHILLY STEAK SANDWICHES TEXAS BEANS MANDARIN ORANGES CHERRY SIDEKICK	CHICKEN ALFREDO W DINNER ROLL OR PIZZA STROMBOLI BROCCOLI JUICE
<b>WEEK 4</b>	3 CHEESE MAC & CHEESE OR MINI CORN DOGS BAKED BEANS APPLESAUCE	STUFF CRUST PIZZA OR ORANGE CHICKEN RICE & EGG ROLL ASIAN BLEND MARINRA SAUCE FRUIT COCKTAIL	CHICKEN NUGGETS LEGS SNACK OR COOKS CHOICE MASH POTATOES	TOASTED CLUB SANDWICH OR PIZZA ROUND ROMAINE LETTUCE DRAGON PUNCH SALSA PEARS	MYSTERY DAY OR MEATBALL SUB CARROTS MARINARA SAUCE
<b>WEEK 5</b>	BREAKFAST FOR LUNCH SAUSAGE HASHBROWNS OR CHICKEN TENDERS TROPICAL FRUIT	CHEESY BREAD OR BOSCOS CHICKEN NOODLE SOUP GREEN BEANS MARINARA SAUCE	CHICKEN SANDWICH OR GRILLED CHICKEN PARMESAN ON WG BUN OVEN FRIES APPLE SLICES	BURRITOS SPANISH RICE OR MINI QUESADILLA'S REFRIED BEANS SALSA BANANA	SLOPPY JOES ON WG BUN OR RAVIOLI GARLIC TWIST CARROTS BROCCOLI SLAW PINEAPPLES

ALL MEALS  
ARE FREE TO  
STUDENTS  
UNDER THE CEP  
PROGRAM

THEY  
INCLUDE  
PROTEIN, GRAIN,  
FRUIT,  
VEGETABLES  
AND MILK WITH  
FRUIT / SALAD  
BAR

ASSORTED  
SALADS  
&  
DELI  
SANDWICHES  
AVAILABLE  
DAILY

ADULT MEAL  
PRICES ARE  
BREAKFAST  
\$2.75  
LUNCH  
\$ 4.25  
MILK .50

**MENUS ARE  
SUBJECT TO  
AVAILABILITY**

BEATRICE  
BURTON  
FSC  
810-591-3432

August / September 2021

S	M	T	W	T	F	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

October 2021

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

November 2021

S	M	T	W	T	F	S
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

December 2021

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

January 2022

S	M	T	W	T	F	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

February 2022

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

March 2022

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

April 2022

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May 2022

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June 2022

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		