

EAJ & MS LUNCH MENU 2021-2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



| WEEK | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|---|--|--|---|---|
| WEEK 1 | PULLED PORK OR CHEESEBURGERS BAKED BEANS SWEET POTATO WAFFLES MANDARIN ORANGES | ROTINI GARLIC TWIST OR CALZONES COLE SLAW MARINARA SAUCE FRESH FRUIT | CHICKEN NUGGETS SNACK OR COOKS CHOICE MASH POTATOES PEACH | NACHO GRANDE W GRIPZ OR PIZZA BREADSTICKS BROCCOLI SALSA APPLESAUCE | RIBLET OR PEPPER STEAK RICE & EGG ROLL ASIAN BLEND FRESH FRUIT |
| WEEK 2 | CHILI CHEESE FRIES W PRETZEL OR GRILLED CHICKEN BREAST OVEN FRIES CARROTS PEARS | PANTHER PIZZA OR BUILD A SUB GREEN BEANS MAARINARA SAUCE SORBERT CUP | MASH POTATO BOWL W DINNER ROLL OR COOKS CHOICE CORN TROPICAL FRUIT | LASAGNA ROLL UP W GARLIC BREAD OR CHICKEN WINGS ONION RINGS ROMAIN LETTUCE DRAGON PUNCH | MAC & CHEESE OR QUESADILLA PITA CHIPS HUMMUS SALSA STRAWBERRY CUPS |
| WEEK 3 | CHICKEN BBQ OR KOEGL VIENNA W CONEY SAUCE TATOR TOTS PINEAPPLES | BOSCOS OR GRILL CHEESE TOMATOE SOUP BANANAS | CHICKEN SANDWICH OR CHEESEBURGER WG BUN CURLY FRIES FRESH FRUIT | TACOS W WG SHELLS OR PHILLY STEAK SANDWICHES TEXAS BEANS MANDARIN ORANGES CHERRY SIDEKICK | CHICKEN ALFREDO W DINNER ROLL OR PIZZA STROMBOLI BROCCOLI JUICE |
| WEEK 4 | 3 CHEESE MAC & CHEESE OR MINI CORN DOGS BAKED BEANS APPLESAUCE | STUFF CRUST PIZZA OR ORANGE CHICKEN RICE & EGG ROLL ASIAN BLEND MARINRA SAUCE FRUIT COCKTAIL | CHICKEN NUGGETS LEGS SNACK OR COOKS CHOICE MASH POTATOES | TOASTED CLUB SANDWICH OR PIZZA ROUND ROMAINE LETTUCE DRAGON PUNCH SALSA PEARS | MYSTERY DAY OR MEATBALL SUB CARROTS MARINARA SAUCE |
| WEEK 5 | BREAKFAST FOR LUNCH SAUSAGE HASHBROWNS OR CHICKEN TENDERS TROPICAL FRUIT | CHEESY BREAD OR BOSCOS CHICKEN NOODLE SOUP GREEN BEANS MARINARA SAUCE | CHICKEN SANDWICH OR GRILLED CHICKEN PARMESAN ON WG BUN OVEN FRIES APPLE SLICES | BURRITOS SPANISH RICE OR MINI QUESADILLA'S REFRIED BEANS SALSA BANANA | SLOPPY JOES ON WG BUN OR RAVIOLI GARLIC TWIST CARROTS BROCCOLI SLAW PINEAPPLES |

ALL MEALS
ARE FREE TO
STUDENTS
UNDER THE CEP
PROGRAM

THEY
INCLUDE
PROTEIN, GRAIN,
FRUIT,
VEGETABLES
AND MILK WITH
FRUIT / SALAD
BAR

ASSORTED
SALADS
&
DELI
SANDWICHES
AVAILABLE
DAILY

ADULT MEAL
PRICES ARE
BREAKFAST
\$2.75
LUNCH
\$ 4.25
MILK .50

**MENUS ARE
SUBJECT TO
AVAILABILITY**

BEATRICE
BURTON
FSC
810-591-3432

August / September 2021

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| 29 | 30 | 31 | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | | |

October 2021

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

November 2021

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| 31 | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

December 2021

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
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| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

January 2022

| S | M | T | W | T | F | S |
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| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

February 2022

| S | M | T | W | T | F | S |
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| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | | | | | |

March 2022

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

April 2022

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | | | 1 | 2 |
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| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

May 2022

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

June 2022

| S | M | T | W | T | F | S |
|----|----|----|----|----|----|----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | | |