

TASTY BRANDS™

WHOLE GRAIN CHEESE STUFFED SHELLS

Shell Shaped Pasta Filled with Cheese

FOR FOOD SAFETY, FOLLOW THESE COOKING INSTRUCTIONS FOR:
IQF Whole Grain Cheese Stuffed Shells (#00803WG)

- ✓ Distribute 3 cups of room temperature, canned sauce in the bottom of a stainless steel, full steam table pan that has been sprayed with non-stick cooking spray.
- ✓ Place a single layer of frozen (-10°F to +10°F) shells in pan and cover with 5 cups room temperature, canned sauce.
- ✓ Spread sauce over pasta to cover.
- ✓ Cover pan with aluminum foil.
- ✓ Bake in a preheated 375°F convection oven (high fan setting) for 55 minutes.
- ✓ Cook until reaching a minimum internal temperature of 165°F for at least 15 seconds in the coldest spot.

***COOK ONLY FROM FROZEN *COOK THOROUGHLY *DO NOT THAW**
NOTE: SINCE ALL TYPES OF COOKING EQUIPMENT AND EQUIPMENT'S SETTINGS MAY VARY, COOKING TIME MAY REQUIRE ADJUSTING.
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TASTY BRANDS™

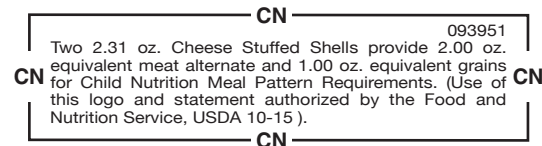
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FILLING INGREDIENTS: Low Fat Ricotta Cheese (Skim Milk, Water, Modified Food Starch, Milkfat, Milk Protein Concentrate, Xanthan Gum, Carrageenan Gum, Acetic Acid), Low Moisture Part Skim Mozzarella Cheese (Cultured Part Skim Milk, Salt, Enzymes), Romano Cheese Made From Cow's Milk (Cultured Milk, Salt, Enzymes), Parmesan Cheese (Part Skim Milk, Cheese Cultures, Salt, Enzymes), Asiago Cheese (Cultured Milk, Salt, Enzymes), Water, Food Starch-Modified, Whey Protein Isolate, Sodium Caseinate, Whole Wheat Crackermeal (Whole Wheat Flour, Dextrose), Sugar, Salt, Dehydrated Garlic.

PASTA INGREDIENTS: Whole Wheat Flour and Enriched Semolina Blend (Whole Wheat Flour, Durum Wheat, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Ascorbic Acid (To Promote Color Retention).

CONTAINS: WHEAT, MILK.



NET WT. 32.30 LBS. (14.65 kg)

DIST. BY: TASTY BRANDS, SYOSSET, NY 11791

KEEP FROZEN

INSPECTED BY THE
U.S. DEPT. OF AGRICULTURE
IN ACCORDANCE WITH
FNS REQUIREMENTS

Nutrition Facts

Serving Size 2 Shells (130g)
Servings per Container About 112

Amount Per Serving		Calories from Fat 50	
Calories	230		
% Daily Value*			
Total Fat	6g		9%
Saturated Fat	3.5g		18%
Trans Fat	0g		
Cholesterol	20mg		7%
Sodium	380mg		16%
Total Carbohydrate	29g		10%
Dietary Fiber	2g		8%
Sugars	5g		
Protein	15g		
Vitamin A	8%	Vitamin C	10%
Calcium	30%	Iron	6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower based on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:
Fat 9 • Carbohydrates 4 • Protein 4