


December 2021

Transitions Breakfast

MODESTO CITY SCHOOLS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast and lunch are served at no charge to all MCS students. 1/2 pint milk served with each meal. Extra milk is \$.50. See www.mcsnutrition.org for nutrition information. 		1 WG French Toast Sticks Low-Fat Yogurt Assorted Fresh Fruit	2 WG Cinnamon Pancakes Assorted Fresh Fruit	3 WG Banana Muffin Low-Fat Yogurt Assorted Fresh Fruit
6 WG French Toast Sticks Assorted Fresh Fruit	7 WG Turkey Sausage Breakfast Square Assorted Fresh Fruit	8 WG Blueberry Muffin Low-Fat Yogurt Assorted Fresh Fruit	9 WG Egg & Cheese Rolled Taco Assorted Fresh Fruit	10 WG Apple Cinnamon Muffin Low-Fat Yogurt Assorted Fresh Fruit
13 WG Blueberry Pancakes Assorted Fresh Fruit	14 WG Turkey Sausage Breakfast Square Assorted Fresh Fruit	15 WG Apple Cinnamon Muffin Low-Fat Yogurt Assorted Fresh Fruit	16 WG Mini Cinnis Assorted Fresh Fruit	17 WG Banana Muffin Low-Fat Yogurt Assorted Fresh Fruit

