

Macon County School Health Advisory Council Meeting

March 23, 2018

Meeting Notes

Attendance: Nancy Cantrell, Julie Rogers, Yvonne Robinson, Tiffany Padgett, Rita Esterwood, Robin Sumner, Nancy Navarro, Brandy Bryggare, FHS Students from Health Science I Class

Introductions were made.

Purpose of meeting was discussed.

Reports and updates:

- Family/Community Involvement: Business Advisory Council; Family Fitness Night at IVE; Birds and Bees; Color Run; Career Day
- Health Services: Molar Roller; health fair; nursing services; athletic training program
- Counseling/Guidance: Meridian Mental Health partnership; Summer Camps, Scholarships
- Nutrition Services: begin open summer feeding program at FHS; Free breakfast; Cinco de Mayo
- Physical Education: Special Olympics, Girls on the Run; Fourth Grade hikes; fitness testing; Jump for Heart; Walk to School; Bike rodeo at EFE; Field Day
- Healthy School Environment:
- Employee Health and Wellness:
- Health Education: Birds & Bees; NAMI, For Girls Only . Period

Next meeting will be in April. Day to be determined as April 20 would not work with Ms. Esterwood's class. Next meeting will be discussion on short and long-term goals.