Lunch Menu October 2021					
Monday Yogurt, String Cheese & Bagel Box and Sunbutter & Jelly Sandwich meals are available daily.	Tuesday	Wednesday	Thursday	Friday 1 Spicy Chicken Sandwich Cheese Pizza Baked Sidewinders Fresh Grape Tomatoes Assorted Fruit Milk	
4 Breaded Mozzarella Cheese Sticks w/wo Dipping Sauce Halal Chicken Tenders Steamed Broccoli Fresh Baby Carrots Assorted Fruit Milk	5 Breaded Baked Chicken Sandwich Halal Hot Dog Smoothie Meal Mashed Potatoes w/wo Gravy Shredded Romaine & Tomato Cup Assorted Fruit Milk	6 Popcorn Chicken BBQ Pulled Pork Sandwich Smoothie Meal Baked Beans Shredded Romaine & Tomato Cup Assorted Fruit Milk	7 Chicken Fajita Rice Bowl Grilled Cheese Sandwich Baked Plantains Fresh Celery Sticks Taco Sauce, Sour cream, Jalapeño slices Assorted Fruit Milk	8 Cheese Pizza Spicy Chicken Sandwich Steamed Sunshine Carrots Fresh Cucumber Slices Assorted Fruit Milk	
11 No School	12 ASIAN CUISINE DAY Honey Sriracha Chicken Bites w/wo Brown Rice Chicken Sandwich Smoothie Meal Steamed Broccoli Fresh Grape Tomatoes Assorted Fruit Milk	13 SOUTH ASIAN CUISINE DAY Halal Hot Dog Chana Masala w/ Brown Rice Chicken Breast Tenders Steamed Green Beans Fresh Baby Carrots Assorted Fruit Milk	14 LATIN AMERICAN CUISINE DAY Fiesta Bean Taco Beef Taco Cheese Quesadilla Taco sauce, sour cream, jalapenos slices Baked Beans Shredded Romaine & Tomato Cup Assorted Fruit Milk	15 AMERICAN CUISINE DAY Hamburger/Cheeseburger w/ Bun Chicken Breast Tenders Smoothie Meal Baked Sidewinders Fresh Cucumber Slices Assorted Fruit Milk	

18	19	20	21	22
Cheese Pizza	Macaroni & Cheese w/wo Roll	Beef Fajita Rice Bowl	Halal Chicken Tenders	Spicy Chicken Sandwich
Halal Hot Dog	Mini Corn Dogs	Grilled Cheese Sandwich	Hamburger/Cheeseburger on Bun	Cheese Pizza
Steamed Corn	Steamed Broccoli	Vegetable Blend	Smoothie Meal	Baked Sidewinders
Shredded Romaine & Tomato Cup	Fresh Baby Carrots	Fresh Celery Sticks	Shredded Romaine & Tomato Cup	Fresh Grape Tomatoes
Assorted Fruit	Assorted Fruit	Assorted Fruit	Baked Beans	Assorted Fruit
Milk	Milk	Milk	Assorted Fruit	Milk
			Milk	
				Fear Factor Friday: Cranberries
			Taste it Thursday: Cranberries	
25	26	27	28	29
Breaded Mozzarella Cheese Sticks	Breaded Baked Chicken Sandwich	Popcorn Chicken	Chicken Fajita Rice Bowl	
w/wo Dipping Sauce	Halal Hot Dog	Chana Masala w/ Brown Rice	Grilled Cheese Sandwich	
Halal Chicken Tenders	Smoothie Meal	Steamed Green Beans	Baked Beans	
Steamed Broccoli	Mashed Potatoes w/wo Gravy	Fresh Grape Tomatoes	Fresh Celery Sticks	
Fresh Baby Carrots	Shredded Romaine & Tomato Cup	Assorted Fruit	Assorted Fruit	Student Holiday
Assorted Fruit	Assorted Fruit	Milk	Milk	
Milk	Milk			
			**Halloween Treat –	
			Sidekick **	
			SIGENICK	

	Brea	kfast Menu Octok	oer 2021	
Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Variety, Cereal Bar Variety and Cinnamon Roll meals are available daily.				1 Cinnamon Roll w/String Cheese BarFresh Smoothie w/wo Grahams 100% Juice Variety Fresh Assorted Vegetables Assorted Fruit Milk
4 Mini Maple Pancakes Cereal Variety 100% Juice Variety Fresh Assorted Vegetables Assorted Fruit Milk	5 Breakfast Chicken Sandwich BarFresh Smoothie w/wo Grahams 100% Juice Variety Fresh Assorted Vegetables Assorted Fruit Milk	6 Cheese Bosco Stick OR Pepperoni Bosco Stick w/wo Dipping Sauce Cereal Variety 100% Juice Variety Potato Coins Assorted Fruit Milk	7 Dutch Waffle w/wo Sausage Patty BarFresh Smoothie w/wo Grahams 100% Juice Variety Fresh Assorted Vegetables Assorted Fruit Milk	8 Sausage Biscuit BarFresh Smoothie w/wo Grahams 100% Juice Variety Potato Coins Assorted Fruit Milk
11 Cheese Bosco Stick OR Pepperoni Bosco Stick w/wo Dipping Sauce BarFresh Smoothie w/wo Grahams 100% Juice Variety Fresh Assorted Vegetables Assorted Fruit Milk	12 Sausage Biscuit Cereal Variety Potato Coins 100% Juice Variety Fresh Assorted Vegetables Assorted Fruit Milk	13 Breakfast Poppers BarFresh Smoothie w/wo Grahams 100% Juice Variety Fresh Assorted Vegetables Assorted Fruit Milk	14 Chicken Sandwich Cereal Variety 100% Juice Variety Potato Coins Assorted Fruit Milk	15 Cinnamon Roll w/String Cheese BarFresh Smoothie w/wo Grahams 100% Juice Variety Fresh Assorted Vegetables Assorted Fruit Milk
18 Mini Maple Pancakes Cereal Variety 100% Juice Variety Fresh Assorted Vegetables Assorted Fruit Milk	19 Breakfast Chicken Sandwich BarFresh Smoothie w/wo Grahams 100% Juice Variety Fresh Assorted Vegetables Assorted Fruit Milk	20 Cheese Bosco Stick OR Pepperoni Bosco Stick w/wo Dipping Sauce Cereal Variety 100% Juice Variety Potato Coins Assorted Fruit Milk	21 Dutch Waffle w/wo Sausage Patty BarFresh Smoothie w/wo Grahams 100% Juice Variety Fresh Assorted Vegetables Assorted Fruit Milk	22 Sausage Biscuit BarFresh Smoothie w/wo Grahams 100% Juice Variety Potato Coins Assorted Fruit Milk

25	26	27	28	29
Cheese Bosco Stick OR Pepperoni Bosco Stick w/wo Dipping Sauce BarFresh Smoothie w/wo	Sausage Biscuit BarFresh Smoothie w/wo Grahams Potato Coins	Breakfast Poppers BarFresh Smoothie w/wo Grahams 100% Juice Variety	Chicken Sandwich BarFresh Smoothie w/wo Grahams 100% Juice Variety	
Grahams 100% Juice Variety Fresh Assorted Vegetables Assorted Fruit Milk	100% Juice Variety Fresh Assorted Vegetables Assorted Fruit Milk	Fresh Assorted Vegetables Assorted Fruit Milk	Fresh Assorted Vegetables Assorted Fruit Milk	Student Holiday

	Gluten Free Lunch Menu October 2021				
Monday	Tuesday	Wednesday	Thursday	Friday 1 GF Veggie Hummus Meal Kit Smoothie Variety Baked Sidewinders Fresh Grape Tomatoes Assorted Fruit Milk	
4 Halal Chicken Tenders Vegetarian Salad w/Cheese & Tortilla Rounds Steamed Broccoli Fresh Baby Carrots Assorted Fruit Milk	5 GF Chicken Caesar Salad w/ Tortilla Rounds Smoothie Variety Mashed Potatoes Shredded Romaine & Tomato Cup Assorted Fruit Milk	6 GF Pulled Pork Nachos GF Yogurt Parfait with Fruit Baked Beans Shredded Romaine & Tomato Cup Assorted Fruit Milk	7 Chicken Fajita Rice Bowl Smoothe Variety Baked Plantains Fresh Baby Carrots Taco Sauce, Sour cream, Jalapeño slices Assorted Fruit Milk	8 GF Veggie Hummus Meal Kit Halal Chicken Tenders Steamed Sunshine Carrots Fresh Cucumber Slices Assorted Fruit Milk	
11	12 Halal Chicken Tenders w/ Honey Sriracha Dipping Sauce w/wo Brown Rice Smoothie Variety Steamed Broccoli Fresh Cucumber Slices Assorted Fruit Milk	13 Chana Masala w/ Brown Rice Halal Chicken Tenders Steamed Green Beans Fresh Baby Carrots Assorted Fruit Milk	14 Beef Nacho Grande Fiesta Bean Nacho Grande GF Yogurt Parfait with Fruit Taco sauce, sour cream, jalapenos slices Baked Beans Shredded Romaine & Tomato Cup Assorted Fruit Milk	15 Hamburger & Cheeseburger w/o Bun Smoothie Variety Baked Sidewinders Fresh Baby Carrots Assorted Fruit Milk	

18 Vegetarian Salad w/Cheese & Tortilla Rounds Smoothie Variety Steamed Corn Shredded Romaine & Tomato Cup Assorted Fruit Milk	19 GF Veggie Hummus Meal Kit Halal Chicken Tenders Steamed Broccoli Fresh Baby Carrots Assorted Fruit Milk	20 Beef Fajita Rice Bowl GF Yogurt Parfait with Fruit Vegetable Blend Fresh Celery Sticks Assorted Fruit Milk	21 Hamburger & Cheeseburger w/o Bun Smoothie Variety Shredded Romaine & Tomato Cup Baked Beans Assorted Fruit Milk Taste it Thursday: Cranberries	22 GF Chicken Caesar Salad w/ Tortilla Rounds Halal Chicken Tenders Baked Sidewinders Fresh Grape Tomatoes Assorted Fruit Milk Fear Factor Friday: Cranberries
25 Halal Chicken Tenders Vegetarian Salad w/Cheese & Tortilla Rounds Steamed Broccoli Fresh Baby Carrots Assorted Fruit Milk	26 GF Chicken Caesar Salad w/ Tortilla Rounds Smoothie Variety Mashed Potatoes Shredded Romaine & Tomato Cup Assorted Fruit Milk	27 Smoothie Variety Chana Masala w/ Brown Rice Steamed Green Beans Fresh Cucumber Slices Assorted Fruit Milk	28 Beef Nacho Grande w/wo Spanish Rice Bean Nacho Grande w/wo Spanish Rice GF Yogurt Parfait with Fruit Taco Sauce, Sour cream, Jalapeño slices Baked Beans Fresh Celery Sticks Assorted Fruit Milk **Halloween Treat – Sidekick (?)**	29 Student Holiday

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Variety, Cereal Bar Variety and Cinnamon Roll meals are available daily.				1 Cheerios or Fruity Cheerios Cereal Bar Fresh Smoothie Variety Fresh Assorted Vegetables Assorted Fruit 100% Juice Variety Milk
4	5	6	7	8
Cheerios or Fruity Cheerios Cereal	Cheerios or Fruity Cheerios Cereal	Cheerios or Fruity Cheerios Cereal	Cheerios or Fruity Cheerios Cereal	Cheerios or Fruity Cheerios Cereal
Yogurt Parfait	Bar Fresh Smoothie Variety	Yogurt Parfait	BarFresh Smoothie Variety	BarFresh Smoothie Variety
Fresh Assorted Vegetables	Fresh Assorted Vegetables	Potato Coins	Fresh Assorted Vegetables	Fresh Assorted Vegetables
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
100% Juice Variety	100% Juice Variety	100% Juice Variety	100% Juice Variety	100% Juice Variety
Milk	Milk	Milk	Milk	Milk
11	12	13	14	15
Cheerios or Fruity Cheerios Cereal	Cheerios or Fruity Cheerios Cereal	Cheerios or Fruity Cheerios Cereal	Cheerios or Fruity Cheerios Cereal	Cheerios or Fruity Cheerios Cereal
BarFresh Smoothie Variety	Yogurt Parfait	BarFresh Smoothie Variety	Veggie Hummus Meal Kit GF	BarFresh Smoothie Variety
Fresh Assorted Vegetables	Potato Coins	Fresh Assorted Vegetables	Potato Coins	Fresh Assorted Vegetables
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
100% Juice Variety	100% Juice Variety	100% Juice Variety	100% Juice Variety	100% Juice Variety
Milk	Milk	Milk	Milk	Milk
18	19	20	21	22
Cheerios or Fruity Cheerios Cereal	Cheerios or Fruity Cheerios Cereal	Cheerios or Fruity Cheerios Cereal	Cheerios or Fruity Cheerios Cereal	Cheerios or Fruity Cheerios Cereal
Yogurt Parfait	Bar Fresh Smoothie Variety	Yogurt Parfait	Bar Fresh Smoothie Variety	Bar Fresh Smoothie Variety
Fresh Assorted Vegetables	Fresh Assorted Vegetables	Potato Coins	Fresh Assorted Vegetables	Fresh Assorted Vegetables
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
100% Juice Variety	100% Juice Variety	100% Juice Variety	100% Juice Variety	100% Juice Variety
Milk	Milk	Milk	Milk	Milk

25	26	27	28	29
Cheerios or Fruity Cheerios Cereal	Student Holiday			
BarFresh Smoothie Variety	Yogurt Parfait	BarFresh Smoothie Variety	Veggie Hummus Meal Kit GF	
Fresh Assorted Vegetables	Potato Coins	Fresh Assorted Vegetables	Potato Coins	
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	
100% Juice Variety	100% Juice Variety	100% Juice Variety	100% Juice Variety	
Milk	Milk	Milk	Milk	

PROPEL Menu October 2021				
Monday	Tuesday	Wednesday	Thursday	Friday 1 Vanilla Dino Grahams Choice of Milk
<b>4</b>	5	6	7	8
Cinnamon Graham Crackers	Baked Cheddar Goldfish Colors	Berry Bear Grahams	Chocolate Bear Grahams	Vanilla Dino Grahams
Choice of Milk	100% Fruit Juice Variety	Choice of Milk	100% Fruit Juice Variety	Choice of Milk
11	12	13	14	15
	Baked Cheddar Goldfish Colors	Berry Bear Grahams	Chocolate Bear Grahams	Vanilla Dino Grahams
	100% Fruit Juice Variety	Choice of Milk	100% Fruit Juice Variety	Choice of Milk
18	19	20	21	22
Cinnamon Graham Crackers	Baked Cheddar Goldfish Colors	Berry Bear Grahams	Chocolate Bear Grahams	Vanilla Dino Grahams
Choice of Milk	100% Fruit Juice Variety	Choice of Milk	100% Fruit Juice Variety	Choice of Milk

25	26	27	28	29
Cinnamon Graham Crackers Choice of Milk	Baked Cheddar Goldfish Colors 100% Fruit Juice Variety	Berry Bear Grahams Choice of Milk	Chocolate Bear Grahams 100% Fruit Juice Variety	
				Student Holiday

STEP and Headstart Menu October 2021				
Monday	Tuesday	Wednesday	Thursday	Friday
				1 Smoothie Variety w/wo Graham Snack Choice Assorted Fruit 1% White Milk Cheese Pizza Steamed Green Beans Assorted Fruit 1% White Milk
4 Cheese Bosco Stick Pepperoni Bosco Stick w/wo Dipping Sauce Assorted Fruit 1% White Milk Macaroni & Cheese w/wo Dinner Roll Steamed Broccoli Assorted Fruit 1% White Milk	5 Sausage Biscuit Assorted Fruit 1% White Milk Cheese Pizza Steamed Corn Assorted Fruit 1% White Milk	6 Breakfast Poppers Assorted Fruit 1% White Milk Mini Corn Dogs Fresh Celery Sticks Assorted Fruit 1% White Milk	7 Breakfast Chicken Sandwich Assorted Fruit 1% White Milk Cheese Quesadilla Vegetarian Refried Beans Assorted Fruit 1% White Milk	8 Cinnamon Roll w/wo String Cheese Assorted Fruit 1% White Milk Chicken Breast Tenders Fresh Grape Tomatoes Assorted Fruit 1% White Milk
11 No School	12 Breakfast Chicken Sandwich Assorted Fruit 1% White Milk Breaded Baked Chicken Sandwich Steamed Broccoli Assorted Fruit 1% White Milk	13 Cheese Bosco Stick Pepperoni Bosco Stick w/wo Dipping Sauce Assorted Fruit 1% White Milk Chicken Bites w/wo Dinner Roll Baked Plantains Assorted Fruit 1% White Milk	14 Dutch Waffle w/wo Sausage Patty Assorted Fruit 1% White Milk Hamburger Cheeseburger Seasoned Black Beans Assorted Fruit 1% White Milk	15 Smoothie Variety w/wo Graham Snack Choice Assorted Fruit 1% White Milk Cheese Pizza Steamed Green Beans Assorted Fruit 1% White Milk

18	19	20	21	22
Cheese Bosco Stick	Sausage Biscuit	Breakfast Poppers	Breakfast Chicken Sandwich	Cinnamon Roll
Pepperoni Bosco Stick	Assorted Fruit	Assorted Fruit	Assorted Fruit	w/wo String Cheese
w/wo Dipping Sauce	1% White Milk	1% White Milk	1% White Milk	Assorted Fruit
Assorted Fruit				1% White Milk
1% White Milk	Cheese Pizza	Mini Corn Dogs	Cheese Quesadilla	
	Steamed Corn	Fresh Celery Sticks	Vegetarian Refried Beans	Chicken Breast Tenders
Macaroni & Cheese	Assorted Fruit	Assorted Fruit	Assorted Fruit	Fresh Grape Tomatoes
w/wo Dinner Roll	1% White Milk	1% White Milk	1% White Milk	Assorted Fruit
Steamed Broccoli				1% White Milk
Assorted Fruit				
1% White Milk				
25	26	27	28	29
French Toast Sticks	Breakfast Chicken Sandwich	Cheese Bosco Stick	Dutch Waffle	
Assorted Fruit	Assorted Fruit	Pepperoni Bosco Stick	w/wo Sausage Patty	
1% White Milk	1% White Milk	w/wo Dipping Sauce	Assorted Fruit	
		Assorted Fruit	1% White Milk	No School
Breaded Mozzarella Sticks	Breaded Baked Chicken	1% White Milk		
w/wo Dipping Sauce	Sandwich		Hamburger	
Fresh Baby Carrots	Steamed Broccoli	Chicken Bites	Cheeseburger	
Assorted Fruit	Assorted Fruit	w/wo Dinner Roll	Seasoned Black Beans	
1% White Milk	1% White Milk	Baked Plantains	Assorted Fruit	
		Assorted Fruit	1% White Milk	
		1% White Milk		

27	28	29	30	
French Toast Sticks	Yogurt Parfait with Granola	Breakfast Chicken Sandwich	Breakfast Chicken Sandwich	
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	
1% White Milk	1% White Milk	1% White Milk	1% White Milk	
Breaded Mozzarella Sticks	Breaded Baked Chicken	Cheese Quesadilla	Cheese Quesadilla	
w/wo Dipping Sauce	Sandwich	Vegetarian Refried Beans	Vegetarian Refried Beans	
Fresh Baby Carrots	Steamed Broccoli	Assorted Fruit	Assorted Fruit	
Assorted Fruit	Assorted Fruit	1% White Milk	1% White Milk	
1% White Milk	1% White Milk			

Walk Up Menu October 2021					
Monday	Tuesday	Wednesday	Thursday	Friday	
				1	
				Breakfast	
				Cinnamon Roll	
				String Cheese	
				100% Fruit Juice Variety	
				Assorted Fruit	
				Lunch	
				Hummus Cup	
				Tortilla Rounds	
				Assorted Fruit	
				Vegetable Juice	
				Snack	
				Vanilla Dino Grahams	
				Assorted Fruit	
				Supper	
				Round Cheese Pizza	
				Assorted Fruit	
				Vegetable Juice	
				Choice of Milk	
4	5	6	7	8	
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
Cheese Bosco Stick	Cereal Variety	Breakfast Poppers	Cereal Variety	Cinnamon Roll	
Pepperoni Bosco Stick	String Cheese	100% Fruit Juice Variety	String Cheese	String Cheese	
100% Fruit Juice Variety	100% Fruit Juice Variety	Assorted Fruit	100% Fruit Juice Variety	100% Fruit Juice Variety	
Assorted Fruit	Assorted Fruit	Lunch	Assorted Fruit	Assorted Fruit	
unch	Lunch	Cheese Sandwich	Lunch	Lunch	
Bean & Cheese Burrito	Plain Bagel	Fresh Baby Carrots	Scooby Grahams & Sunbutter Cup	Hummus Cup	
resh Grape Tomatoes	String Cheese x 2	Assorted Fruit	String Cheese	Tortilla Rounds	
Assorted Fruit	Fresh Celery Sticks	Snack	Fresh Celery Sticks	Assorted Fruit	
inack	Snack	Berry Bear Grahams	Assorted Fruit	Vegetable Juice	
Cinnamon Graham Crackers	Baked Cheddar Goldfish Cubes	Assorted Fruit	Snack	Snack	
string Cheese	Assorted Fruit	Supper	Chocolate Bear Grahams	Vanilla Dino Grahams	
Supper	Supper	Mozzarella Stuffed Breadsticks	String Cheese	Assorted Fruit	
Cheeseburger	French Bread Pizza	w/wo Marinara Sauce	Supper	Supper	
Assorted Fruit	Assorted Fruit	Assorted Fruit	Backyard Slider Burgers	Round Cheese Pizza	
/egetable Juice	Vegetable Juice	Vegetable Juice	Assorted Fruit	Assorted Fruit	
Choice of Milk	Choice of Milk	Choice of Milk	Vegetable Juice	Vegetable Juice	
			Choice of Milk	Choice of Milk	

11	12	13	14	15
	Breakfast	Breakfast	Breakfast	Breakfast
	Cereal Variety	Breakfast Poppers	Cereal Variety	Cinnamon Roll
	String Cheese	100% Fruit Juice Variety	String Cheese	String Cheese
	100% Fruit Juice Variety	Assorted Fruit	100% Fruit Juice Variety	100% Fruit Juice Variety
	Assorted Fruit	Lunch	Assorted Fruit	Assorted Fruit
	Lunch	Cheese Sandwich	Lunch	Lunch
	Plain Bagel	Fresh Baby Carrots	Scooby Grahams & Sunbutter Cup	Hummus Cup
	String Cheese x 2	Assorted Fruit	String Cheese	Tortilla Rounds
	Fresh Celery Sticks	Snack	Fresh Celery Sticks	Assorted Fruit
	Snack	Berry Bear Grahams	Assorted Fruit	Vegetable Juice
	Baked Cheddar Goldfish Cubes	Assorted Fruit	Snack	Snack
	Assorted Fruit	Supper	Chocolate Bear Grahams	Vanilla Dino Grahams
	Supper	Mozzarella Stuffed Breadsticks	String Cheese	Assorted Fruit
	French Bread Pizza	w/wo Marinara Sauce	Supper	Supper
	Assorted Fruit	Assorted Fruit	Backyard Slider Burgers	Round Cheese Pizza
	Vegetable Juice	Vegetable Juice	Assorted Fruit	Assorted Fruit
	Choice of Milk	Choice of Milk	Vegetable Juice	Vegetable Juice
			Choice of Milk	Choice of Milk
18	19	20	21	22
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cheese Bosco Stick	Cereal Variety	Breakfast Poppers	Cereal Variety	Cinnamon Roll
Cheese Bosco Stick Pepperoni Bosco Stick	Cereal Variety String Cheese	Breakfast Poppers 100% Fruit Juice Variety	Cereal Variety String Cheese	Cinnamon Roll String Cheese
Pepperoni Bosco Stick	String Cheese	100% Fruit Juice Variety	String Cheese	String Cheese
Pepperoni Bosco Stick 100% Fruit Juice Variety	String Cheese 100% Fruit Juice Variety	100% Fruit Juice Variety Assorted Fruit	String Cheese 100% Fruit Juice Variety	String Cheese 100% Fruit Juice Variety
Pepperoni Bosco Stick 100% Fruit Juice Variety Assorted Fruit	String Cheese 100% Fruit Juice Variety Assorted Fruit	100% Fruit Juice Variety Assorted Fruit Lunch	String Cheese 100% Fruit Juice Variety Assorted Fruit	String Cheese 100% Fruit Juice Variety Assorted Fruit
Pepperoni Bosco Stick 100% Fruit Juice Variety Assorted Fruit Lunch	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch	100% Fruit Juice Variety Assorted Fruit <b>Lunch</b> Cheese Sandwich	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch	String Cheese 100% Fruit Juice Variety Assorted Fruit <b>Lunch</b>
Pepperoni Bosco Stick 100% Fruit Juice Variety Assorted Fruit Lunch Bean & Cheese Burrito	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Plain Bagel	100% Fruit Juice Variety Assorted Fruit Lunch Cheese Sandwich Fresh Baby Carrots	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Scooby Grahams & Sunbutter Cup	String Cheese 100% Fruit Juice Variety Assorted Fruit <b>Lunch</b> Hummus Cup
Pepperoni Bosco Stick 100% Fruit Juice Variety Assorted Fruit Lunch Bean & Cheese Burrito Fresh Grape Tomatoes	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Plain Bagel String Cheese x 2	100% Fruit Juice Variety Assorted Fruit Lunch Cheese Sandwich Fresh Baby Carrots Assorted Fruit	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Scooby Grahams & Sunbutter Cup String Cheese	String Cheese 100% Fruit Juice Variety Assorted Fruit <b>Lunch</b> Hummus Cup Tortilla Rounds
Pepperoni Bosco Stick 100% Fruit Juice Variety Assorted Fruit Lunch Bean & Cheese Burrito Fresh Grape Tomatoes Assorted Fruit	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Plain Bagel String Cheese x 2 Fresh Celery Sticks	100% Fruit Juice Variety Assorted Fruit Lunch Cheese Sandwich Fresh Baby Carrots Assorted Fruit Snack	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Scooby Grahams & Sunbutter Cup String Cheese Fresh Celery Sticks	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Hummus Cup Tortilla Rounds Assorted Fruit
Pepperoni Bosco Stick 100% Fruit Juice Variety Assorted Fruit Lunch Bean & Cheese Burrito Fresh Grape Tomatoes Assorted Fruit Snack	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Plain Bagel String Cheese x 2 Fresh Celery Sticks Snack	100% Fruit Juice Variety Assorted Fruit Lunch Cheese Sandwich Fresh Baby Carrots Assorted Fruit Snack Berry Bear Grahams	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Scooby Grahams & Sunbutter Cup String Cheese Fresh Celery Sticks Assorted Fruit Snack Chocolate Bear Grahams	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Hummus Cup Tortilla Rounds Assorted Fruit Vegetable Juice
Pepperoni Bosco Stick 100% Fruit Juice Variety Assorted Fruit Lunch Bean & Cheese Burrito Fresh Grape Tomatoes Assorted Fruit Snack Cinnamon Graham Crackers	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Plain Bagel String Cheese x 2 Fresh Celery Sticks Snack Baked Cheddar Goldfish Cubes	100% Fruit Juice Variety Assorted Fruit Lunch Cheese Sandwich Fresh Baby Carrots Assorted Fruit Snack Berry Bear Grahams Assorted Fruit Supper Mozzarella Stuffed Breadsticks	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Scooby Grahams & Sunbutter Cup String Cheese Fresh Celery Sticks Assorted Fruit Snack	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Hummus Cup Tortilla Rounds Assorted Fruit Vegetable Juice Snack Vanilla Dino Grahams Assorted Fruit
Pepperoni Bosco Stick 100% Fruit Juice Variety Assorted Fruit Lunch Bean & Cheese Burrito Fresh Grape Tomatoes Assorted Fruit Snack Cinnamon Graham Crackers String Cheese Supper Cheeseburger	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Plain Bagel String Cheese x 2 Fresh Celery Sticks Snack Baked Cheddar Goldfish Cubes Assorted Fruit	100% Fruit Juice Variety Assorted Fruit Lunch Cheese Sandwich Fresh Baby Carrots Assorted Fruit Snack Berry Bear Grahams Assorted Fruit Supper	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Scooby Grahams & Sunbutter Cup String Cheese Fresh Celery Sticks Assorted Fruit Snack Chocolate Bear Grahams String Cheese Supper	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Hummus Cup Tortilla Rounds Assorted Fruit Vegetable Juice Snack Vanilla Dino Grahams Assorted Fruit Supper
Pepperoni Bosco Stick 100% Fruit Juice Variety Assorted Fruit Lunch Bean & Cheese Burrito Fresh Grape Tomatoes Assorted Fruit Snack Cinnamon Graham Crackers String Cheese Supper	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Plain Bagel String Cheese x 2 Fresh Celery Sticks Snack Baked Cheddar Goldfish Cubes Assorted Fruit Supper	100% Fruit Juice Variety Assorted Fruit Lunch Cheese Sandwich Fresh Baby Carrots Assorted Fruit Snack Berry Bear Grahams Assorted Fruit Supper Mozzarella Stuffed Breadsticks	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Scooby Grahams & Sunbutter Cup String Cheese Fresh Celery Sticks Assorted Fruit Snack Chocolate Bear Grahams String Cheese	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Hummus Cup Tortilla Rounds Assorted Fruit Vegetable Juice Snack Vanilla Dino Grahams Assorted Fruit Supper Round Cheese Pizza
Pepperoni Bosco Stick 100% Fruit Juice Variety Assorted Fruit Lunch Bean & Cheese Burrito Fresh Grape Tomatoes Assorted Fruit Snack Cinnamon Graham Crackers String Cheese Supper Cheeseburger	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Plain Bagel String Cheese x 2 Fresh Celery Sticks Snack Baked Cheddar Goldfish Cubes Assorted Fruit Supper French Bread Pizza	100% Fruit Juice Variety Assorted Fruit Lunch Cheese Sandwich Fresh Baby Carrots Assorted Fruit Snack Berry Bear Grahams Assorted Fruit Supper Mozzarella Stuffed Breadsticks w/wo Marinara Sauce	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Scooby Grahams & Sunbutter Cup String Cheese Fresh Celery Sticks Assorted Fruit Snack Chocolate Bear Grahams String Cheese Supper Backyard Slider Burgers Assorted Fruit	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Hummus Cup Tortilla Rounds Assorted Fruit Vegetable Juice Snack Vanilla Dino Grahams Assorted Fruit Supper Round Cheese Pizza Assorted Fruit
Pepperoni Bosco Stick 100% Fruit Juice Variety Assorted Fruit Lunch Bean & Cheese Burrito Fresh Grape Tomatoes Assorted Fruit Snack Cinnamon Graham Crackers String Cheese Supper Cheeseburger Assorted Fruit	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Plain Bagel String Cheese x 2 Fresh Celery Sticks Snack Baked Cheddar Goldfish Cubes Assorted Fruit Supper French Bread Pizza Assorted Fruit	100% Fruit Juice Variety Assorted Fruit Lunch Cheese Sandwich Fresh Baby Carrots Assorted Fruit Snack Berry Bear Grahams Assorted Fruit Supper Mozzarella Stuffed Breadsticks w/wo Marinara Sauce Assorted Fruit	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Scooby Grahams & Sunbutter Cup String Cheese Fresh Celery Sticks Assorted Fruit Snack Chocolate Bear Grahams String Cheese Supper Backyard Slider Burgers Assorted Fruit Vegetable Juice	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Hummus Cup Tortilla Rounds Assorted Fruit Vegetable Juice Snack Vanilla Dino Grahams Assorted Fruit Supper Round Cheese Pizza Assorted Fruit Vegetable Juice
Pepperoni Bosco Stick 100% Fruit Juice Variety Assorted Fruit Lunch Bean & Cheese Burrito Fresh Grape Tomatoes Assorted Fruit Snack Cinnamon Graham Crackers String Cheese Supper Cheeseburger Assorted Fruit Vegetable Juice	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Plain Bagel String Cheese x 2 Fresh Celery Sticks Snack Baked Cheddar Goldfish Cubes Assorted Fruit Supper French Bread Pizza Assorted Fruit Vegetable Juice	100% Fruit Juice Variety Assorted Fruit Lunch Cheese Sandwich Fresh Baby Carrots Assorted Fruit Snack Berry Bear Grahams Assorted Fruit Supper Mozzarella Stuffed Breadsticks w/wo Marinara Sauce Assorted Fruit Vegetable Juice	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Scooby Grahams & Sunbutter Cup String Cheese Fresh Celery Sticks Assorted Fruit Snack Chocolate Bear Grahams String Cheese Supper Backyard Slider Burgers Assorted Fruit	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Hummus Cup Tortilla Rounds Assorted Fruit Vegetable Juice Snack Vanilla Dino Grahams Assorted Fruit Supper Round Cheese Pizza Assorted Fruit
Pepperoni Bosco Stick 100% Fruit Juice Variety Assorted Fruit Lunch Bean & Cheese Burrito Fresh Grape Tomatoes Assorted Fruit Snack Cinnamon Graham Crackers String Cheese Supper Cheeseburger Assorted Fruit Vegetable Juice	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Plain Bagel String Cheese x 2 Fresh Celery Sticks Snack Baked Cheddar Goldfish Cubes Assorted Fruit Supper French Bread Pizza Assorted Fruit Vegetable Juice	100% Fruit Juice Variety Assorted Fruit Lunch Cheese Sandwich Fresh Baby Carrots Assorted Fruit Snack Berry Bear Grahams Assorted Fruit Supper Mozzarella Stuffed Breadsticks w/wo Marinara Sauce Assorted Fruit Vegetable Juice	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Scooby Grahams & Sunbutter Cup String Cheese Fresh Celery Sticks Assorted Fruit Snack Chocolate Bear Grahams String Cheese Supper Backyard Slider Burgers Assorted Fruit Vegetable Juice	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Hummus Cup Tortilla Rounds Assorted Fruit Vegetable Juice Snack Vanilla Dino Grahams Assorted Fruit Supper Round Cheese Pizza Assorted Fruit Vegetable Juice
Pepperoni Bosco Stick 100% Fruit Juice Variety Assorted Fruit Lunch Bean & Cheese Burrito Fresh Grape Tomatoes Assorted Fruit Snack Cinnamon Graham Crackers String Cheese Supper Cheeseburger Assorted Fruit Vegetable Juice	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Plain Bagel String Cheese x 2 Fresh Celery Sticks Snack Baked Cheddar Goldfish Cubes Assorted Fruit Supper French Bread Pizza Assorted Fruit Vegetable Juice	100% Fruit Juice Variety Assorted Fruit Lunch Cheese Sandwich Fresh Baby Carrots Assorted Fruit Snack Berry Bear Grahams Assorted Fruit Supper Mozzarella Stuffed Breadsticks w/wo Marinara Sauce Assorted Fruit Vegetable Juice	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Scooby Grahams & Sunbutter Cup String Cheese Fresh Celery Sticks Assorted Fruit Snack Chocolate Bear Grahams String Cheese Supper Backyard Slider Burgers Assorted Fruit Vegetable Juice	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Hummus Cup Tortilla Rounds Assorted Fruit Vegetable Juice Snack Vanilla Dino Grahams Assorted Fruit Supper Round Cheese Pizza Assorted Fruit Vegetable Juice
Pepperoni Bosco Stick 100% Fruit Juice Variety Assorted Fruit Lunch Bean & Cheese Burrito Fresh Grape Tomatoes Assorted Fruit Snack Cinnamon Graham Crackers String Cheese Supper Cheeseburger Assorted Fruit Vegetable Juice	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Plain Bagel String Cheese x 2 Fresh Celery Sticks Snack Baked Cheddar Goldfish Cubes Assorted Fruit Supper French Bread Pizza Assorted Fruit Vegetable Juice	100% Fruit Juice Variety Assorted Fruit Lunch Cheese Sandwich Fresh Baby Carrots Assorted Fruit Snack Berry Bear Grahams Assorted Fruit Supper Mozzarella Stuffed Breadsticks w/wo Marinara Sauce Assorted Fruit Vegetable Juice	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Scooby Grahams & Sunbutter Cup String Cheese Fresh Celery Sticks Assorted Fruit Snack Chocolate Bear Grahams String Cheese Supper Backyard Slider Burgers Assorted Fruit Vegetable Juice	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Hummus Cup Tortilla Rounds Assorted Fruit Vegetable Juice Snack Vanilla Dino Grahams Assorted Fruit Supper Round Cheese Pizza Assorted Fruit Vegetable Juice
Pepperoni Bosco Stick 100% Fruit Juice Variety Assorted Fruit Lunch Bean & Cheese Burrito Fresh Grape Tomatoes Assorted Fruit Snack Cinnamon Graham Crackers String Cheese Supper Cheeseburger Assorted Fruit Vegetable Juice	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Plain Bagel String Cheese x 2 Fresh Celery Sticks Snack Baked Cheddar Goldfish Cubes Assorted Fruit Supper French Bread Pizza Assorted Fruit Vegetable Juice	100% Fruit Juice Variety Assorted Fruit Lunch Cheese Sandwich Fresh Baby Carrots Assorted Fruit Snack Berry Bear Grahams Assorted Fruit Supper Mozzarella Stuffed Breadsticks w/wo Marinara Sauce Assorted Fruit Vegetable Juice	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Scooby Grahams & Sunbutter Cup String Cheese Fresh Celery Sticks Assorted Fruit Snack Chocolate Bear Grahams String Cheese Supper Backyard Slider Burgers Assorted Fruit Vegetable Juice	String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Hummus Cup Tortilla Rounds Assorted Fruit Vegetable Juice Snack Vanilla Dino Grahams Assorted Fruit Supper Round Cheese Pizza Assorted Fruit Vegetable Juice

25	26	27	28	29
Breakfast	Breakfast	Breakfast	Breakfast	
Cheese Bosco Stick	Cereal Variety	Breakfast Poppers	Cereal Variety	
Pepperoni Bosco Stick	String Cheese	100% Fruit Juice Variety	String Cheese	
100% Fruit Juice Variety	100% Fruit Juice Variety	Assorted Fruit	100% Fruit Juice Variety	
Assorted Fruit	Assorted Fruit	Lunch	Assorted Fruit	Student Holiday
Lunch	Lunch	Cheese Sandwich	Lunch	Student Holiday
Bean & Cheese Burrito	Plain Bagel	Fresh Baby Carrots	Scooby Grahams & Sunbutter Cup	
Fresh Grape Tomatoes	String Cheese x 2	Assorted Fruit	String Cheese	
Assorted Fruit	Fresh Celery Sticks	Snack	Fresh Celery Sticks	
Snack	Snack	Berry Bear Grahams	Assorted Fruit	
Cinnamon Graham Crackers	Baked Cheddar Goldfish Cubes	Assorted Fruit	Snack	
String Cheese	Assorted Fruit	Supper	Chocolate Bear Grahams	
Supper	Supper	Mozzarella Stuffed Breadsticks	String Cheese	
Cheeseburger	French Bread Pizza	w/wo Marinara Sauce	Supper	
Assorted Fruit	Assorted Fruit	Assorted Fruit	Backyard Slider Burgers	
Vegetable Juice	Vegetable Juice	Vegetable Juice	Assorted Fruit	
Choice of Milk	Choice of Milk	Choice of Milk	Vegetable Juice	
			Choice of Milk	

YAS Menu October 2021					
Monday	Tuesday	Wednesday	Thursday	Friday	
				1 Vanilla Dino Grahams Choice of Milk	
4	5	6	7	8	
Cinnamon Graham Crackers	Baked Cheddar Goldfish Colors	Berry Bear Grahams	Chocolate Bear Grahams	Vanilla Dino Grahams	
Choice of Milk	100% Fruit Juice Variety	Choice of Milk	100% Fruit Juice Variety	Choice of Milk	
11	12	13	14	15	
Cinnamon Graham Crackers	Baked Cheddar Goldfish Colors	Berry Bear Grahams	Chocolate Bear Grahams	Vanilla Dino Grahams	
Choice of Milk	100% Fruit Juice Variety	Choice of Milk	100% Fruit Juice Variety	Choice of Milk	
18	19	20	21	22	
Cinnamon Graham Crackers	Baked Cheddar Goldfish Colors	Berry Bear Grahams	Chocolate Bear Grahams	Vanilla Dino Grahams	
Choice of Milk	100% Fruit Juice Variety	Choice of Milk	100% Fruit Juice Variety	Choice of Milk	

25	26	27	28	29
Cinnamon Graham Crackers Choice of Milk	Baked Cheddar Goldfish Colors	Berry Bear Grahams Choice of Milk	Chocolate Bear Grahams	
	100% Fruit Juice Variety		100% Fruit Juice Variety	
				Student Holiday
				Student Honday

YMCA/CASA Menu October 2021					
Monday Tuesday Wednesday Thur					
			1 Vanilla Dino Grahams Choice of Milk		
5 Baked Cheddar Goldfish Colors 100% Fruit Juice Variety	6 Berry Bear Grahams Choice of Milk	7 Chocolate Bear Grahams 100% Fruit Juice Variety	8 Vanilla Dino Grahams Choice of Milk		
12 Baked Cheddar Goldfish Colors 100% Fruit Juice Variety	13 Berry Bear Grahams Choice of Milk	14 Chocolate Bear Grahams 100% Fruit Juice Variety	15 Vanilla Dino Grahams Choice of Milk		
19 Baked Cheddar Goldfish Colors 100% Fruit Juice Variety	20 Berry Bear Grahams Choice of Milk	21 Chocolate Bear Grahams 100% Fruit Juice Variety	22 Vanilla Dino Grahams Choice of Milk		
	Tuesday   Image: Transformed state stat	TuesdayWednesdayImage: Line Science of MilkImage: Line Science of MilkS Baked Cheddar Goldfish Colors 100% Fruit Juice Variety6 Berry Bear Grahams Choice of Milk12 Baked Cheddar Goldfish Colors 100% Fruit Juice Variety13 Berry Bear Grahams Choice of Milk12 Baked Cheddar Goldfish Colors 100% Fruit Juice Variety13 Berry Bear Grahams Choice of Milk19 Baked Cheddar Goldfish Colors Berry Bear Grahams20 Berry Bear Grahams	5 6 7   Baked Cheddar Goldfish Colors 6 7   100% Fruit Juice Variety 6 7   Choice of Milk 100% Fruit Juice Variety 100% Fruit Juice Variety   12 13 Berry Bear Grahams 100% Fruit Juice Variety   100% Fruit Juice Variety 13 Berry Bear Grahams 14   Chocolate Bear Grahams Choice of Milk 14 Chocolate Bear Grahams   100% Fruit Juice Variety 13 Berry Bear Grahams 100% Fruit Juice Variety   100% Fruit Juice Variety 20 Erry Bear Grahams 100% Fruit Juice Variety   19 20 Berry Bear Grahams Chocolate Bear Grahams   19 Baked Cheddar Goldfish Colors 20 Berry Bear Grahams		

25	26	27	28	29
Cinnamon Graham Crackers Choice of Milk	Baked Cheddar Goldfish Colors	Berry Bear Grahams Choice of Milk	Chocolate Bear Grahams	
	100% Fruit Juice Variety		100% Fruit Juice Variety	
				Student Holiday
				Student Honday