

November 2021

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
1 STUDENT HOLIDAY	2 STUDENT HOLIDAY	3 Breaded Baked Chicken Sandwich Pizza Crunchers Vegetarian Salad w/Shredded Cheese Steamed Sunshine Carrots Fresh Celery Sticks Assorted Fruit Milk	4 STUDENT HOLIDAY	5 Cheese Pizza Hot Dog Halal Hot Dog Oven Baked Tater Tots Fresh Cucumber Slices Assorted Fruit Milk
8 Chicken Breast Tenders Halal Chicken Tenders Grilled Cheese Sandwich Mashed Sweet Potatoes Shredded Romaine & Tomato Cup Assorted Fruit Milk	9 Macaroni & Cheese w/wo Roll Mini Corn Dogs Steamed Broccoli Fresh Baby Carrots Assorted Fruit Milk	10 Hamburger OR Cheeseburger Chana Masala w/ Brown Rice Baked Beans Shredded Romaine & Tomato Cup Assorted Fruit Milk	11 Popcorn Chicken Grilled Cheese Sandwich Mashed Potatoes w/wo Gravy Fresh Celery Sticks Assorted Fruit Milk	12 Spicy Chicken Sandwich Cheese Pizza Veggie Pizza Baked Sidewinders Fresh Grape Tomatoes Assorted Fruit Milk

<p style="text-align: right;">15</p> <p>Breaded Mozzarella Cheese Sticks w/wo Dipping Sauce Pulled Pork BBQ Sandwich Steamed Green Beans Fresh Baby Carrots Assorted Fruit Milk</p>	<p style="text-align: right;">16</p> <p>Honey Sriracha Chicken Bites Spinach & Cheese Empanada w/String Cheese Steamed Broccoli Fresh Grape Tomatoes Assorted Fruit Milk</p>	<p style="text-align: right;">17</p> <p>Breaded Baked Chicken Sandwich Pizza Crunchers Vegetarian Salad w/Shredded Cheese Steamed Sunshine Carrots Fresh Celery Sticks Assorted Fruit Milk</p>	<p style="text-align: right;">18</p> <p>Beef Nacho Grande Fiesta Bean Nachos Cheese Quesadilla Baked Beans Shredded Romaine & Tomato Cup Taco Sauce, Sour cream, Jalapeño slices Assorted Fruit Milk Taste it Thursday: Tri-Colored Cauliflower</p>	<p style="text-align: right;">19</p> <p>Cheese Pizza Hot Dog Halal Hot Dog Oven Baked Tater Tots Fresh Cucumber Slices Assorted Fruit Milk Fear Factor Friday: Tri-Colored Cauliflower</p>
<p style="text-align: right;">22</p> <p>Chicken Breast Tenders Halal Chicken Tenders Grilled Cheese Sandwich Steamed Sunshine Carrots Shredded Romaine & Tomato Cup Assorted Fruit Milk</p>	<p style="text-align: right;">23</p> <p>Turkey & Gravy Chicken Bites OR Buffalo Chicken Bites Mashed Potatoes w/wo Gravy Steamed Green Beans Sweet Potato Souffle Assorted Fruit Milk Thanksgiving Meal</p>	<p style="text-align: right;">24</p> <p>STUDENT HOLIDAY</p>	<p style="text-align: right;">25</p> <p>STUDENT HOLIDAY</p>	<p style="text-align: right;">26</p> <p>STUDENT HOLIDAY</p>
<p style="text-align: right;">29</p> <p>Breaded Mozzarella Cheese Sticks w/wo Dipping Sauce BBQ Pulled Pork Sandwich Steamed Green Beans Fresh Baby Carrots Assorted Fruit Milk</p>	<p style="text-align: right;">30</p> <p>Honey Sriracha Chicken Bites w/ Brown Rice Spinach & Cheese Empanada w/String Cheese Steamed Broccoli Fresh Grape Tomatoes Assorted Fruit Milk</p>			

November 2021

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
STUDENT HOLIDAY	STUDENT HOLIDAY	Cheese Bosco Stick OR Pepperoni Bosco Stick w/wo Dipping Sauce Cereal Variety w/String Cheese Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit Milk	STUDENT HOLIDAY	Sausage Biscuit Zee Zee Cocoa Cherry Bar w/String Cheese Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit Milk
8	9	10	11	12
Cheese Bosco Stick OR Pepperoni Bosco Stick w/wo Dipping Sauce BarFresh Smoothie w/Grahams Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit Milk	Sausage Biscuit Cereal Variety w/String Cheese Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit Milk	Breakfast Poppers BarFresh Smoothie w/Grahams Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit Milk	Breakfast Chicken Sandwich Cereal Variety w/String Cheese Potato Coins 100% Juice Variety Assorted Fruit Milk	Cinnamon Roll w/String Cheese BarFresh Smoothie w/Grahams Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit Milk

<p style="text-align: right;">15</p> <p>Mini Maple Pancakes Cereal Variety w/String Cheese Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit Milk</p>	<p style="text-align: right;">16</p> <p>Breakfast Chicken Sandwich BarFresh Smoothie w/Grahams Potato Coins 100% Juice Variety Assorted Fruit Milk</p>	<p style="text-align: right;">17</p> <p>Cheese Bosco Stick OR Pepperoni Bosco Stick w/wo Dipping Sauce Cereal Variety w/String Cheese Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit Milk</p>	<p style="text-align: right;">18</p> <p>Dutch Waffle w/wo Sausage Patty BarFresh Smoothie w/Grahams Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit Milk</p>	<p style="text-align: right;">19</p> <p>Sausage Biscuit Zee Zee Cocoa Cherry Bar w/ String Cheese Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit Milk</p>
<p style="text-align: right;">22</p> <p>Cheese Bosco Stick OR Pepperoni Bosco Stick w/wo Dipping Sauce BarFresh Smoothie w/Grahams Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit Milk</p>	<p style="text-align: right;">23</p> <p>Sausage Biscuit Cereal Variety w/String Cheese Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit Milk</p>	<p style="text-align: right;">24</p> <p>STUDENT HOLIDAY</p>	<p style="text-align: right;">25</p> <p>STUDENT HOLIDAY</p>	<p style="text-align: right;">26</p> <p>STUDENT HOLIDAY</p>
<p style="text-align: right;">29</p> <p>Mini Maple Pancakes Cereal Variety w/String Cheese Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit Milk</p>	<p style="text-align: right;">30</p> <p>Breakfast Chicken Sandwich BarFresh Smoothie w/Grahams Potato Coins 100% Juice Variety Assorted Fruit Milk</p>			

Breakfast in the Classroom Menu November 2021

Monday	Tuesday	Wednesday	Thursday	Friday
1 Student Holiday	2 Student Holiday	3 Plain Bagel w/ String Cheese 100% Fruit Juice Variety Assorted Fruit Choice of Milk	4 Student Holiday	5 Cinnamon Roll w/ String Cheese 100% Fruit Juice Variety Assorted Fruit Choice of Milk
8 Jump Start Assorted Fruit Choice of Milk	9 Zee Zee Cocoa Cherry Bar w/String Cheese 100% Fruit Juice Variety Assorted Fruit Choice of Milk	10 Plain Bagel w/ String Cheese 100% Fruit Juice Variety Assorted Fruit Choice of Milk	11 General Mills Cereal Bar Variety w/ String Cheese 100% Fruit Juice Variety Assorted Fruit Choice of Milk	12 Cinnamon Roll w/ String Cheese 100% Fruit Juice Variety Assorted Fruit Choice of Milk
15 Jump Start Assorted Fruit Choice of Milk	16 Zee Zee Cocoa Cherry Bar w/ String Cheese 100% Fruit Juice Variety Assorted Fruit Choice of Milk	17 Plain Bagel w/ String Cheese 100% Fruit Juice Variety Assorted Fruit Choice of Milk	18 General Mills Cereal Bar Variety w/ String Cheese 100% Fruit Juice Variety Assorted Fruit Choice of Milk	19 Cinnamon Roll w/ String Cheese 100% Fruit Juice Variety Assorted Fruit Choice of Milk

<p>22 Jump Start Assorted Fruit Choice of Milk</p>	<p>23 Zee Zee Cocoa Cherry Bar w/ String Cheese 100% Fruit Juice Variety Assorted Fruit Choice of Milk</p>	<p>24 Thanksgiving Break</p>	<p>25 Thanksgiving Break</p>	<p>26 Thanksgiving Break</p>
<p>29 Jump Start Assorted Fruit Choice of Milk</p>	<p>30 Zee Zee Cocoa Cherry Bar w/ String Cheese 100% Fruit Juice Variety Assorted Fruit Choice of Milk</p>			

November 2021

Headstart/STEP Breakfast and Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1 STUDENT HOLIDAY	2 STUDENT HOLIDAY	3 Cheese Bosco Stick w/wo Dipping Sauce Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit 1% White Milk Pizza Crunchers Steamed Sunshine Carrots Assorted Fruit 1% White Milk	4 STUDENT HOLIDAY	5 Zee Zee Cocoa Cherry Bar w/ String Cheese Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit 1% White Milk Cheese Pizza Oven Baked Tater Tots Assorted Fruit 1% White Milk
8 Cheese Bosco Stick w/wo Dipping Sauce Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit 1% White Milk Chicken Breast Tenders Mashed Sweet Potatoes Assorted Fruit 1% White Milk	9 Sausage Biscuit Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit 1% White Milk Macaroni & Cheese w/wo Roll Steamed Broccoli Assorted Fruit 1% White Milk	10 Breakfast Poppers Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit 1% White Milk Hamburger OR Cheeseburger Baked Beans Assorted Fruit 1% White Milk	11 Breakfast Chicken Sandwich Potato Coins 100% Juice Variety Assorted Fruit 1% White Milk Popcorn Chicken Mashed Potatoes w/wo Gravy Assorted Fruit 1% White Milk	12 Cinnamon Roll w/String Cheese Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit 1% White Milk Cheese Pizza Baked Sidewinders Assorted Fruit 1% White Milk

<p style="text-align: right;">15</p> <p>Mini Maple Pancakes Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit 1% White Milk</p> <p>Breaded Mozzarella Sticks w/wo Dipping Sauce Steamed Green Beans Assorted Fruit 1% White Milk</p>	<p style="text-align: right;">16</p> <p>Breakfast Chicken Sandwich Potato Coins 100% Juice Variety Assorted Fruit 1% White Milk</p> <p>Spinach & Cheese Empanada w/String Cheese Steamed Broccoli Assorted Fruit 1% White Milk</p>	<p style="text-align: right;">17</p> <p>Cheese Bosco Stick w/wo Dipping Sauce Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit 1% White Milk</p> <p>Breaded Baked Chicken Sandwich Steamed Sunshine Carrots Assorted Fruit 1% White Milk</p>	<p style="text-align: right;">18</p> <p>Bar Fresh Smoothie w/ Grahams 100% Juice Variety Assorted Fruit 1% White Milk</p> <p>Cheese Quesadilla Baked Beans Assorted Fruit 1% White Milk</p>	<p style="text-align: right;">19</p> <p>Zee Zee Cocoa Cherry Bar w/ String Cheese Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit 1% White Milk</p> <p>Cheese Pizza Oven Baked Tater Tots Assorted Fruit 1% White Milk</p>
<p style="text-align: right;">22</p> <p>Cheese Bosco Stick w/wo Dipping Sauce Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit 1% White Milk</p> <p>Chicken Breast Tenders Steamed Sunshine Carrots Assorted Fruit 1% White Milk</p>	<p style="text-align: right;">23</p> <p>Sausage Biscuit Assorted Fresh Vegetables 100% Juice Variety Assorted Fruit 1% White Milk</p> <p>Chicken Bites Mashed Potatoes w/wo Gravy Assorted Fruit 1% White Milk</p>	<p style="text-align: right;">24</p> <p>Student Holiday</p>	<p style="text-align: right;">25</p> <p>Student Holiday</p>	<p style="text-align: right;">26</p> <p>Student Holiday</p>

<p>29</p> <p>Mini Maple Pancakes</p> <p>Assorted Fresh Vegetables</p> <p>100% Juice Variety</p> <p>Assorted Fruit</p> <p>1% White Milk</p> <p>Breaded Mozzarella Sticks w/wo Dipping Sauce</p> <p>Steamed Green Beans</p> <p>Assorted Fruit</p> <p>1% White Milk</p>	<p>30</p> <p>Breakfast Chicken Sandwich</p> <p>Potato Coins</p> <p>100% Juice Variety</p> <p>Assorted Fruit</p> <p>1% White Milk</p> <p>Spinach & Cheese Empanada w/ String Cheese</p> <p>Steamed Broccoli</p> <p>Assorted Fruit</p> <p>1% White Milk</p>			
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Walk Up Menu November 2021

Monday	Tuesday	Wednesday	Thursday	Friday
1 Student Holiday	2 Student Holiday	3 Breakfast Breakfast Poppers 100% Fruit Juice Variety Assorted Fruit Lunch Cheese Sandwich Fresh Baby Carrots Assorted Fruit Snack Berry Bear Grahams Assorted Fruit Supper Mozzarella Stuffed Breadsticks w/wo Marinara Sauce Assorted Fruit Vegetable Juice Choice of Milk	4 Student Holiday	5 Breakfast Cinnamon Roll String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Hummus Cup Tortilla Rounds Assorted Fruit Vegetable Juice Snack Vanilla Dino Grahams Assorted Fruit Supper Round Cheese Pizza Assorted Fruit Vegetable Juice Choice of Milk
8 Breakfast Cheese Bosco Stick Pepperoni Bosco Stick 100% Fruit Juice Variety Assorted Fruit Lunch Bean & Cheese Burrito Fresh Grape Tomatoes Assorted Fruit Snack Cinnamon Graham Crackers String Cheese Supper Cheeseburger Assorted Fruit Vegetable Juice Choice of Milk	9 Breakfast Cereal Variety String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Plain Bagel String Cheese x 2 Fresh Celery Sticks Snack Baked Cheddar Goldfish Cubes Assorted Fruit Supper French Bread Pizza Assorted Fruit Vegetable Juice Choice of Milk	10 Breakfast Breakfast Poppers 100% Fruit Juice Variety Assorted Fruit Lunch Cheese Sandwich Fresh Baby Carrots Assorted Fruit Snack Berry Bear Grahams Assorted Fruit Supper Mozzarella Stuffed Breadsticks w/wo Marinara Sauce Assorted Fruit Vegetable Juice Choice of Milk	11 Breakfast Cereal Variety String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Scooby Grahams & Sunbutter Cup String Cheese Fresh Celery Sticks Assorted Fruit Snack Chocolate Bear Grahams String Cheese Supper Backyard Slider Burgers Assorted Fruit Vegetable Juice Choice of Milk	12 Breakfast Cinnamon Roll String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Hummus Cup Tortilla Rounds Assorted Fruit Vegetable Juice Snack Vanilla Dino Grahams Assorted Fruit Supper Round Cheese Pizza Assorted Fruit Vegetable Juice Choice of Milk

<p>15 Breakfast Cheese Bosco Stick Pepperoni Bosco Stick 100% Fruit Juice Variety Assorted Fruit Lunch Bean & Cheese Burrito Fresh Grape Tomatoes Assorted Fruit Snack Cinnamon Graham Crackers String Cheese Supper Cheeseburger Assorted Fruit Vegetable Juice Choice of Milk</p>	<p>16 Breakfast Cereal Variety String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Plain Bagel String Cheese x 2 Fresh Celery Sticks Snack Baked Cheddar Goldfish Cubes Assorted Fruit Supper French Bread Pizza Assorted Fruit Vegetable Juice Choice of Milk</p>	<p>17 Breakfast Breakfast Poppers 100% Fruit Juice Variety Assorted Fruit Lunch Cheese Sandwich Fresh Baby Carrots Assorted Fruit Snack Berry Bear Grahams Assorted Fruit Supper Mozzarella Stuffed Breadsticks w/wo Marinara Sauce Assorted Fruit Vegetable Juice Choice of Milk</p>	<p>18 Breakfast Cereal Variety String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Scooby Grahams & Sunbutter Cup String Cheese Fresh Celery Sticks Assorted Fruit Snack Chocolate Bear Grahams String Cheese Supper Backyard Slider Burgers Assorted Fruit Vegetable Juice Choice of Milk</p>	<p>19 Breakfast Cinnamon Roll String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Hummus Cup Tortilla Rounds Assorted Fruit Vegetable Juice Snack Vanilla Dino Grahams Assorted Fruit Supper Round Cheese Pizza Assorted Fruit Vegetable Juice Choice of Milk</p>
<p>22 Breakfast Cheese Bosco Stick Pepperoni Bosco Stick 100% Fruit Juice Variety Assorted Fruit Lunch Bean & Cheese Burrito Fresh Grape Tomatoes Assorted Fruit Snack Cinnamon Graham Crackers String Cheese Supper Cheeseburger Assorted Fruit Vegetable Juice Choice of Milk</p>	<p>23 Breakfast Cereal Variety String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Plain Bagel String Cheese x 2 Fresh Celery Sticks Snack Baked Cheddar Goldfish Cubes Assorted Fruit Supper French Bread Pizza Assorted Fruit Vegetable Juice Choice of Milk</p>	<p>24 Thanksgiving Break</p>	<p>25 Thanksgiving Break</p>	<p>26 Thanksgiving Break</p>
<p>29 Breakfast Cheese Bosco Stick Pepperoni Bosco Stick 100% Fruit Juice Variety Assorted Fruit Lunch Bean & Cheese Burrito Fresh Grape Tomatoes Assorted Fruit Snack Cinnamon Graham Crackers String Cheese Supper Cheeseburger Assorted Fruit Vegetable Juice Choice of Milk</p>	<p>30 Breakfast Cereal Variety String Cheese 100% Fruit Juice Variety Assorted Fruit Lunch Plain Bagel String Cheese x 2 Fresh Celery Sticks Snack Baked Cheddar Goldfish Cubes Assorted Fruit Supper French Bread Pizza Assorted Fruit Vegetable Juice Choice of Milk</p>			

November 2021

GLUTEN FREE LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
1 STUDENT HOLIDAY	2 STUDENT HOLIDAY	3 GF Veggie Hummus Meal Kit Vegetarian Salad w/Shredded Cheese & Tortilla Rounds Steamed Sunshine Carrots Fresh Celery Sticks Assorted Fruit Milk	4 STUDENT HOLIDAY	5 GF Yogurt Parfait with Fruit GF Veggie Hummus Meal Kit Oven Baked Tater Tots Fresh Cucumber Slices Assorted Fruit Milk
8 GF Chicken Tenders Grilled Cheese Sandwich w/ GF Sliced Bread Mashed Sweet Potatoes Shredded Romaine & Tomato Cup Assorted Fruit Milk	9 GF Veggie Hummus Meal Kit GF Yogurt Parfait with Fruit Steamed Broccoli Fresh Baby Carrots Assorted Fruit Milk	10 Hamburger w/GF Sliced Bread OR Cheeseburger w/GF Sliced Bread Chana Masala w/Brown Rice Baked Beans Shredded Romaine & Tomato Cup Assorted Fruit Milk	11 Grilled Cheese Sandwich w/GF Sliced Bread Smoothie Variety Mashed Potatoes without Gravy Fresh Celery Sticks Assorted Fruit Milk	12 GF Chicken Tenders GF Vegetarian Salad w/Shredded Cheese & Tortilla Rounds Baked Sidewinders Fresh Grape Tomatoes Assorted Fruit Milk
15 GF Pulled Pork Nachos GF Yogurt Parfait with Fruit Steamed Green Beans Fresh Baby Carrots Assorted Fruit Milk	16 Hot Dog w/GF Sliced Bread Smoothie Variety Steamed Broccoli Fresh Grape Tomatoes Assorted Fruit Milk	17 GF Chicken Tenders Vegetarian Salad w/Shredded Cheese & Tortilla Rounds Steamed Sunshine Carrots Fresh Celery Sticks Assorted Fruit	18 GF Beef Taco Salad w/wo Spanish Rice GF Fiesta Bean Nachos w/wo Spanish Rice Baked Beans Shredded Romaine & Tomato Cup	19 Hot Dog w/GF Sliced Bread Smoothie Variety Oven Baked Tater Tots Fresh Cucumber Slices Assorted Fruit Milk

		Milk	Assorted Fruit Milk	
22	23	24	25	26
GF Chicken Tenders Grilled Cheese Sandwich w/GF Bread Steamed Sunshine Carrots Shredded Romaine & Tomato Cup Assorted Fruit Milk	Turkey and Gravy GF Yogurt Parfait with Fruit Mashed Potatoes without Gravy Steamed Green Beans Assorted Fruit Milk	STUDENT HOLIDAY	STUDENT HOLIDAY	STUDENT HOLIDAY
29	30			
GF Pulled Pork Nachos GF Yogurt Parfait with Fruit Steamed Green Beans Fresh Baby Carrots Assorted Fruit Milk	GF Veggie Hummus Meal Kit Smoothie Variety Steamed Broccoli Fresh Grape Tomatoes Assorted Fruit Milk			

GLUTEN FREE BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
1 STUDENT HOLIDAY	2 STUDENT HOLIDAY	3 Cheerios or Fruity Cheerios Cereal GF Yogurt Parfait with Fruit Assorted Fresh Vegetables Assorted Fruit 100% Juice Variety Milk	4 STUDENT HOLIDAY	5 Cheerios or Fruity Cheerios Cereal BarFresh Smoothie Variety Fresh Assorted Vegetables Assorted Fruit 100% Juice Variety Milk
8 Cheerios or Fruity Cheerios Cereal BarFresh Smoothie Variety Fresh Assorted Vegetables Assorted Fruit 100% Juice Variety Milk	9 Cheerios or Fruity Cheerios Cereal GF Yogurt Parfait with Fruit Potato Coins Assorted Fruit 100% Juice Variety Milk	10 Cheerios or Fruity Cheerios Cereal BarFresh Smoothie Variety Fresh Assorted Vegetables Assorted Fruit 100% Juice Variety Milk	11 Cheerios or Fruity Cheerios Cereal GF Yogurt Parfait with Fruit Potato Coins Assorted Fruit 100% Juice Variety Milk	12 Cheerios or Fruity Cheerios Cereal BarFresh Smoothie Variety Fresh Assorted Vegetables Assorted Fruit 100% Juice Variety Milk
15 Cheerios or Fruity Cheerios Cereal GF Yogurt Parfait with Fruit Fresh Assorted Vegetables Assorted Fruit 100% Juice Variety Milk	16 Cheerios or Fruity Cheerios Cereal Bar Fresh Smoothie Variety Potato Coins Assorted Fruit 100% Juice Variety Milk	17 Cheerios or Fruity Cheerios Cereal GF Yogurt Parfait with Fruit Assorted Fresh Vegetables Assorted Fruit 100% Juice Variety Milk	18 Cheerios or Fruity Cheerios Cereal BarFresh Smoothie Variety Fresh Assorted Vegetables Assorted Fruit 100% Juice Variety Milk	19 Cheerios or Fruity Cheerios Cereal GF Yogurt Parfait with Fruit Fresh Assorted Vegetables Assorted Fruit 100% Juice Variety Milk

<p style="text-align: right;">22</p> <p>Cheerios or Fruity Cheerios Cereal BarFresh Smoothie Variety Fresh Assorted Vegetables Assorted Fruit 100% Juice Variety Milk</p>	<p style="text-align: right;">23</p> <p>Cheerios or Fruity Cheerios Cereal GF Yogurt Parfait with Fruit Assorted Fresh Vegetables Assorted Fruit 100% Juice Variety Milk</p>	<p style="text-align: right;">24</p> <p>STUDENT HOLIDAY</p>	<p style="text-align: right;">25</p> <p>STUDENT HOLIDAY</p>	<p style="text-align: right;">26</p> <p>STUDENT HOLIDAY</p>
<p style="text-align: right;">29</p> <p>Cheerios or Fruity Cheerios Cereal GF Yogurt Parfait with Fruit Fresh Assorted Vegetables Assorted Fruit 100% Juice Variety Milk</p>	<p style="text-align: right;">30</p> <p>Cheerios or Fruity Cheerios Cereal Bar Fresh Smoothie Variety Potato Coins Assorted Fruit 100% Juice Variety Milk</p>			

November 2021

YMCA/CASA

Monday	Tuesday	Wednesday	Thursday	Friday
1 STUDENT HOLIDAY	2 STUDENT HOLIDAY	3 Berry Bear Grahams Choice of Milk	4 STUDENT HOLIDAY	5 Vanilla Dino Grahams Choice of Milk
8 Cinnamon Graham Crackers Choice of Milk	9 Baked Cheddar Goldfish Colors 100% Fruit Juice Variety	10 Berry Bear Grahams Choice of Milk	11 Chocolate Bear Grahams 100% Fruit Juice Variety	12 Vanilla Dino Grahams Choice of Milk
15 Cinnamon Graham Crackers Choice of Milk	16 Baked Cheddar Goldfish Colors 100% Fruit Juice Variety	17 Berry Bear Grahams Choice of Milk	18 Chocolate Bear Grahams 100% Fruit Juice Variety	19 Vanilla Dino Grahams Choice of Milk
22 Cinnamon Graham Crackers Choice of Milk	23 Baked Cheddar Goldfish Colors 100% Fruit Juice Variety	24 STUDENT HOLIDAY	25 STUDENT HOLIDAY	26 STUDENT HOLIDAY
29 Cinnamon Graham Crackers Choice of Milk	30 Baked Cheddar Goldfish Colors 100% Fruit Juice Variety			

November 2021

YAS

Monday	Tuesday	Wednesday	Thursday	Friday
1 STUDENT HOLIDAY	2 STUDENT HOLIDAY	3 Berry Bear Grahams Choice of Milk	4 STUDENT HOLIDAY	5 Vanilla Dino Grahams Choice of Milk
8 Cinnamon Graham Crackers Choice of Milk	9 Baked Cheddar Goldfish Colors 100% Fruit Juice Variety	10 Berry Bear Grahams Choice of Milk	11 Chocolate Bear Grahams 100% Fruit Juice Variety	12 Vanilla Dino Grahams Choice of Milk
15 Cinnamon Graham Crackers Choice of Milk	16 Baked Cheddar Goldfish Colors 100% Fruit Juice Variety	17 Berry Bear Grahams Choice of Milk	18 Chocolate Bear Grahams 100% Fruit Juice Variety	19 Vanilla Dino Grahams Choice of Milk
22 Cinnamon Graham Crackers Choice of Milk	23 Baked Cheddar Goldfish Colors 100% Fruit Juice Variety	24 STUDENT HOLIDAY	25 STUDENT HOLIDAY	26 STUDENT HOLIDAY
29 Cinnamon Graham Crackers Choice of Milk	30 Baked Cheddar Goldfish Colors 100% Fruit Juice Variety			

November 2021

PROPEL

Monday	Tuesday	Wednesday	Thursday	Friday
1 STUDENT HOLIDAY	2 STUDENT HOLIDAY	3 Berry Bear Grahams Choice of Milk	4 STUDENT HOLIDAY	5 Vanilla Dino Grahams Choice of Milk
8 Cinnamon Graham Crackers Choice of Milk	9 Baked Cheddar Goldfish Colors 100% Fruit Juice Variety	10 Berry Bear Grahams Choice of Milk	11 Chocolate Bear Grahams 100% Fruit Juice Variety	12 Vanilla Dino Grahams Choice of Milk
15 Cinnamon Graham Crackers Choice of Milk	16 Baked Cheddar Goldfish Colors 100% Fruit Juice Variety	17 Berry Bear Grahams Choice of Milk	18 Chocolate Bear Grahams 100% Fruit Juice Variety	19 Vanilla Dino Grahams Choice of Milk
22 Cinnamon Graham Crackers Choice of Milk	23 Baked Cheddar Goldfish Colors 100% Fruit Juice Variety	24 STUDENT HOLIDAY	25 STUDENT HOLIDAY	26 STUDENT HOLIDAY
29 Cinnamon Graham Crackers Choice of Milk	30 Baked Cheddar Goldfish Colors 100% Fruit Juice Variety			