

Offer vs. Serve At Breakfast



Offer vs Serve

Objectives

- Identify the requirements for Offer vs Serve in the School Breakfast Program
- Practice identifying meals that meet the requirements of a reimbursable meal

Offer vs Serve Breakfast

Important Meal Pattern Reminders that affect OVS

- Meat/ Meat Alternates (M/MA) can substitute as a Grain **OR** count as an Extra
 - Vegetables can substitute as a Fruit **OR** count as an extra
- (Extra = Not counted as a component or item)

Offer vs Serve Breakfast

Starting SY 2014-15

- Student must take at least $\frac{1}{2}$ cup fruit
(and/or vegetable)

(Remember in 2014-15 the required planned portion
for fruit = 1 cup!)

Offer vs Serve

**The ½ cup minimum serving of fruit
may be:**

- A mix of different fruits
- A mix of fruits and vegetables
- Minimum creditable amount is ⅛ c.

Offer vs Serve

Component

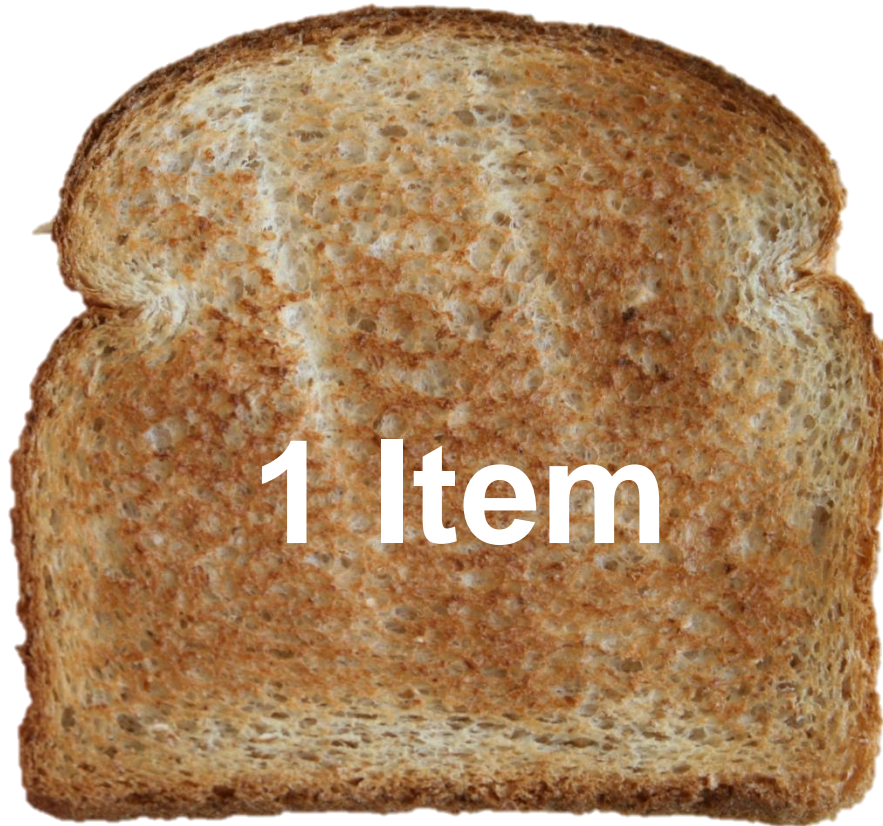
One of three food groups that comprise a reimbursable breakfast
(grains or meat/meat alternate; fruit or vegetable; milk)

Item

A specific food offered within the three food components.

Offer vs Serve

Counting Items



1 Item

1 oz grain eq

Offer vs Serve

Counting Items

Item

Double portions can count as multiple items:

For example:

2 x 1 oz grain = 2 items

Offer vs Serve Counting Items



1 oz grain eq

+

1 oz grain eq

Offer vs Serve

Counting Items

Item

**A large portion
can be counted
as 2 or more
items**

(2 oz grain eq = 2 items)

OR

**A large portion can
be counted as 1
item**

(2 oz grain eq = 1 item)

Offer vs Serve Counting Items



2 Items

2 oz grain eq

OR



1 Item

2 oz grain eq₁₁

Offer vs Serve

Counting Items

Item

**A combination
food of Grains
and M/MA can
count as 2 or
more items**

1 oz grain + 1 oz eq M/MA =
2 items

OR

**You can count the
M/MA as “Extra”
and only count the
grains as items**

1 oz grain + 1 oz eq M/MA =
1 item

Offer vs Serve

Counting Items



OR



1 oz grain eq +
1 oz M/MA =
2 oz grain eq

1 oz grain eq +
1 oz M/MA =
1 oz grain eq

Offer vs Serve Counting Items



2 oz grain eq +
2 oz M/MA =
4 oz eq

OR



2 oz grain eq +
2 oz M/MA (extra)
= 2 oz eq

2 oz M/MA: Egg=1 oz eq; Cheese=.5 oz eq; Sausage=.5 oz eq

Offer vs Serve

Counting Items

**A combination food of
Grains and Fruit
OR
Milk and Fruit
can count as 2 or more items:**

1 oz grain + $\frac{1}{2}$ cup fruit = 2 items

1 cup milk + $\frac{1}{2}$ cup fruit = 2 items

Offer vs Serve

Counting Items



1 cup milk + $\frac{1}{2}$ cup fruit

Offer vs Serve

REMINDER!

Starting SY 2014-15

- Required planned portion for fruit = 1 cup
 - Student must take at least $\frac{1}{2}$ cup fruit
- Large items that = 1 cup of fruit can be counted as 2 items.

Offer vs Serve – SY 2014-15



½ cup Fruit



1 cup milk



½ cup Fruit



2 oz G + 2 oz M/MA = 4 G

Offer vs Serve – SY 2014-15



Offer vs Serve

Is the Meal Reimbursable?

How many items on this tray? 5

*IS THIS TRAY REIMBURSABLE IN
SY 14-15? NO (MISSING THE ½ CUP
OF FRUIT)*

Offer vs Serve – SY 2014-15



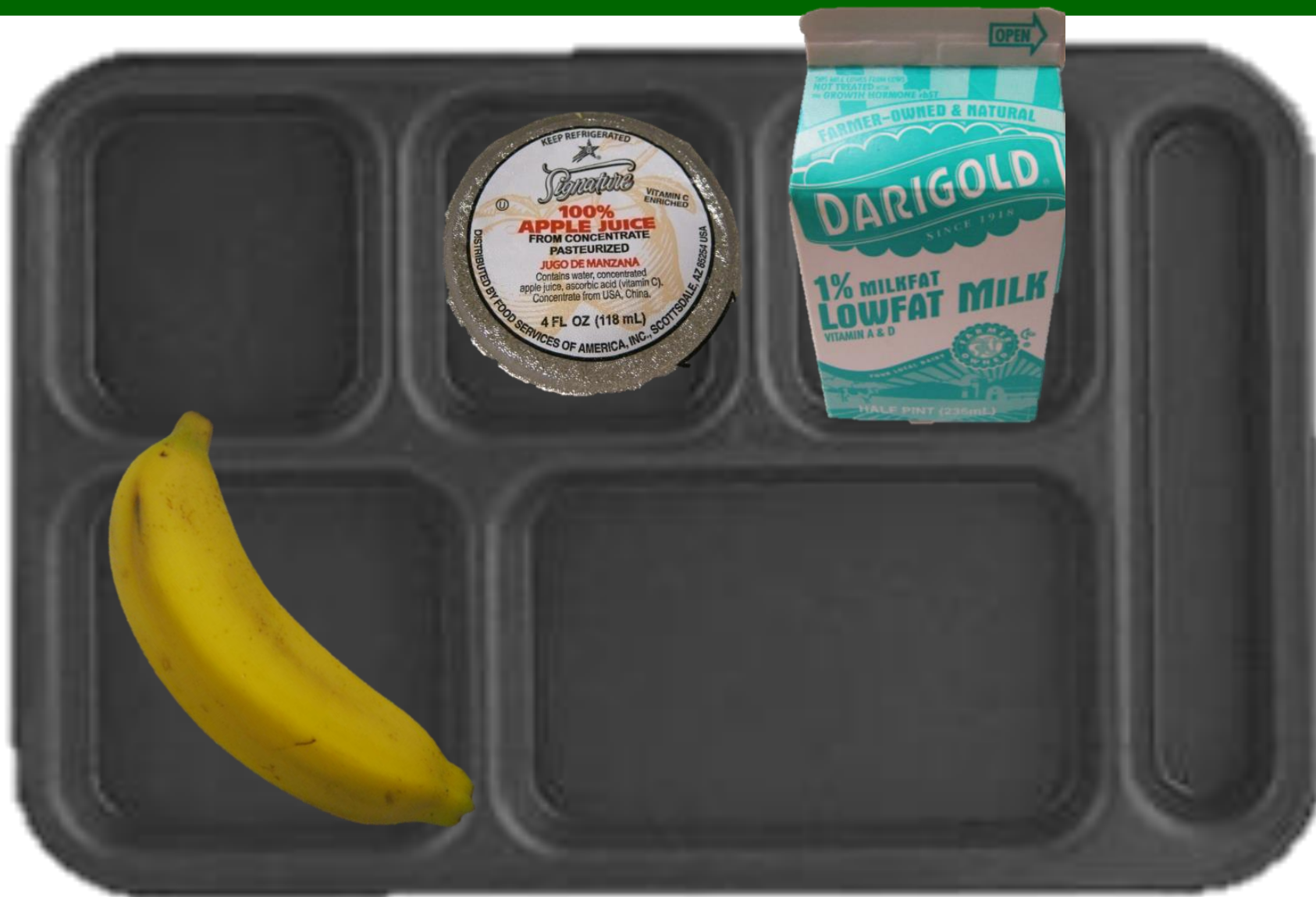
Offer vs Serve

Is the Meal Reimbursable?

How many items on this tray? 6

*IS THIS TRAY REIMBURSABLE IN
SY 14-15? YES*

Offer vs Serve – SY 2014-15



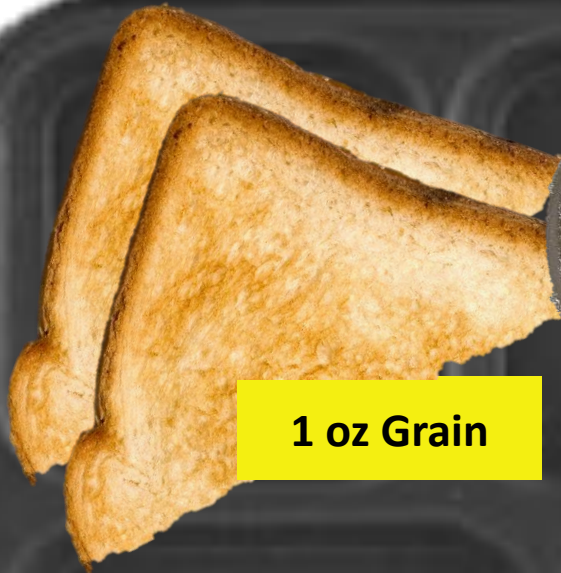
Offer vs Serve

Is the Meal Reimbursable?

How many items on this tray? 3

*IS THIS TRAY REIMBURSABLE IN
SY 14-15? YES –*

Offer vs Serve – SY 2014-15 – Meal 2



1 oz Grain



½ cup Fruit



1 cup milk



½ cup Fruit



1 oz Grain

Offer vs Serve – SY 2014-15



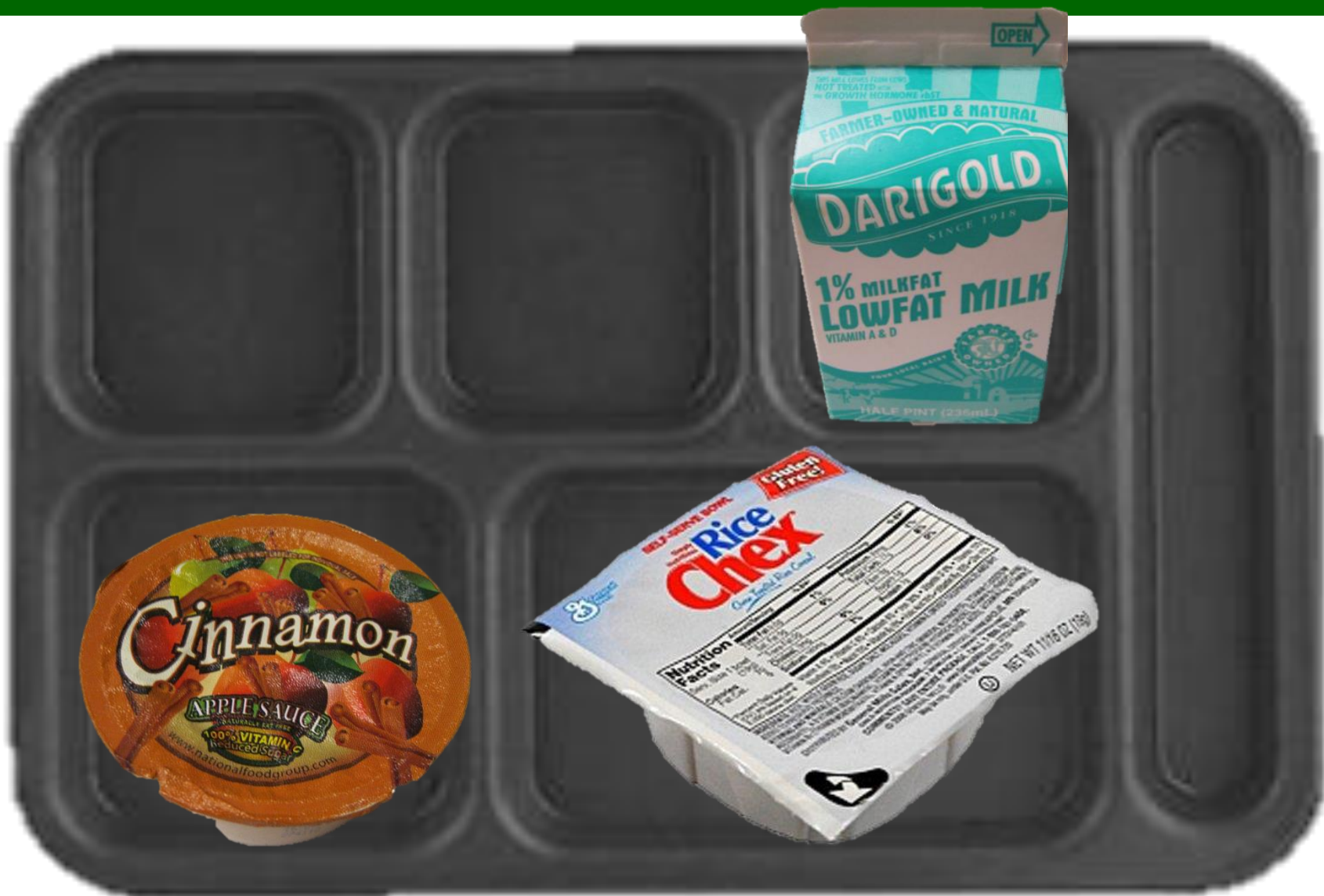
Offer vs Serve

Is the Meal Reimbursable?

How many items on this tray? 3

*IS THIS TRAY REIMBURSABLE IN
SY 14-15? NO – MISSING FRUIT*

Offer vs Serve – SY 2014-15



Offer vs Serve

Is the Meal Reimbursable?

How many items on this tray? 3

*IS THIS TRAY REIMBURSABLE IN
SY 14-15? YES*

Offer vs Serve – SY 2014-15 – Meal 3



½ cup Fruit



½ cup Fruit



1 cup milk



1 oz G + 1 oz M/MA = 2 G

Offer vs Serve– SY 2014-15



Offer vs Serve

Is the Meal Reimbursable?

How many items on this tray? 3

*IS THIS TRAY REIMBURSABLE IN
SY 14-15? YES*

Offer vs Serve – SY 2014-15



Offer vs Serve

Is the Meal Reimbursable?

How many items on this tray? 3

*IS THIS TRAY REIMBURSABLE IN
SY 14-15? NO – MISSING FRUIT*

Offer vs Serve – SY 2014-15



1 cup fruit



**1 oz M/MA =
1 Grain**



1 cup milk



2 oz Grain

Offer vs Serve – SY 2014-15



Offer vs Serve

Is the Meal Reimbursable?

How many items on this tray? 4

*IS THIS TRAY REIMBURSABLE IN
SY 14-15? NO – MISSING FRUIT*

Offer vs Serve – SY 2014-15



Offer vs Serve

Is the Meal Reimbursable?

How many items on this tray? 4

*IS THIS TRAY REIMBURSABLE IN
SY 14-15? YES*

Offer vs Serve – SY 2014-15



Offer vs Serve

Is the Meal Reimbursable?

How many items on this tray? 4

*IS THIS TRAY REIMBURSABLE IN
SY 14-15? YES*

Offer vs Serve – SY 2014-15



Offer vs Serve

Is the Meal Reimbursable?

How many items on this tray? 3

*IS THIS TRAY REIMBURSABLE IN
SY 14-15? YES*

Offer vs Serve



Good Job!

**Just because everything is
different doesn't mean anything
has changed.**

~Irene Peter