

# Local School Wellness Policy

## Assessment Chart for School Year 2016/2017

GOAL	MEASUREMENT	NEXT STEPS
<p><b>Nutrition Education and Promotion – District will teach, encourage and support healthy eating by students.</b>            a) Digital Menu Boards at Schools            b) Farm to School Assembly</p>	<p>a) Implemented at 4 schools; positive responses and attention to nutrient information            b) Implemented at 2 schools for school year 2016/17</p>	<p>a) Continue to implement digital boards to remaining schools throughout summer            b) Implement at 4 additional schools for 2017/2018 school year</p>
<p><b>Integrate Physical Activity into the Classroom Setting</b>            a) 200 minutes every 10 school days</p>	<p>a) Teachers turn in weekly reports, principals perform random classroom visits; Students and parents pleased with increased consistency of PE instruction</p>	<p>Continue physical education professional learning for teachers that emphasize movement and cardio. Continue to provide PE equipment to sites.</p>
<p><b>Communication to parents</b>            a) Update Child Nutrition Webpage            b) Update Wellness Policy Language</p>	<p>a) Implemented new webpage with nutrient informational menus, Smart Snack Calculator, guidance for healthy eating            b) Approved new Wellness Policy Language</p>	<p>Continue to place additional nutritional guidance for parents on webpage. Implement newsletter for Child Nutrition menus</p>
<p><b>Food Marketing at Schools:</b>            a) Harvest of Month Posters/information display boards            b) Nutritious Graphics on Delivery Trucks            c) California Thursday Menu for all schools</p>	<p>a) Students watch board for new items, increase of students trying new fruits and vegetables; increase of students understanding how produce is grown            b) Students and teachers learning what items are California grown</p>	<p>Continue with Harvest of the Month produce and introduction of seasonal fruit and vegetables             Continue introducing new items prepared in California</p>
<p><b>School Gardens</b>            a) Assist 4 schools with garden start up</p>	<p>a) Assisted at Maryland Ave, Northmont, Lemon Ave and Murdock Elementary schools with garden set up</p>	<p>Continue to implement at school sites; assist with guidance on health codes and usage of fresh fruit and vegetable</p>
<p><b>Safe Route's to School</b>            a) Improve car and walking traffic flow at Murdock Elementary</p>	<p>a) School staff placed at critical areas; traffic flow improved, reduction of student pedestrian risks, reduction of parent complaints</p>	<p>Continue to work with each individual school and agencies (CHP, Live Well San Diego) to ensure effective school site safety plans; Review of Highlands Elementary with assistance from CHP</p>