



La Joya ISD Child Nutrition Services
CACFP / USDA Enrichment activities

Monday #MyPlateMyWins	Tuesday #MyPlateMyWins	Wednesday #MyPlateMyWins	Thursday #MyPlateMyWins	Friday #MyPlateMyWins
<p><i>La Joya ISD School Menu</i> TDA Activities (space theme activities that makes a healthy school meal fun and engaging for students and families)</p>	<p><i>Food Choices</i> https://www.youtube.com/watch?v=j7CcaUZrUoE&list=PL8wgGeKVh_7d4x7icBCNj99MsachAAChi&index=3</p>	<p><i>at Dinner</i> https://www.youtube.com/watch?v=ArSnyWaOAmQ&list=PL8wgGeKVh_7d4x7icBCNj99MsachAAChi&index=2</p>	<p><i>for Beverages</i> https://www.youtube.com/watch?v=zNuWUyb6TGI&list=PL8wgGeKVh_7d4x7icBCNj99MsachAAChi&index=6</p>	<p><i>Why Kids Should Eat Healthy and Exercise</i> https://www.youtube.com/watch?v=fstIQDBaxV0&index=1&list=PL5SUN-qc7GC5sdNv50oeLnVmWnR-EXJDV</p>
<p><i>Nutrition is for Everyone</i> https://lajoyaisdcns.com/index.php?sid=0208131445498761&page=parentstudentteacher</p>	<p><i>What's Your Healthy Eating Style?</i> https://youtu.be/j7CcaUZrUoE?list=PL8wgGeKVh_7d4x7icBCNj99MsachAAChi</p>	<p><i>Meet Shelley</i> https://youtu.be/S7ajdg4Slx8?list=PL8wgGeKVh_7d4x7icBCNj99MsachAAChi</p>	<p><i>MyPlate, MyWins: Real Solutions from Real Families</i> https://www.youtube.com/watch?v=A8KsDHCPwY&list=PL8wgGeKVh_7d4x7icBCNj99MsachAAChi&index=8</p>	<p><i>at Breakfast</i> https://www.youtube.com/watch?v=cKeuCuBQjcU&list=PL8wgGeKVh_7d4x7icBCNj99MsachAAChi&index=5</p>
<p><i>at Lunch</i> https://www.youtube.com/watch?v=bqAUUxXs2sQ&list=PL8wgGeKVh_7d4x7icBCNj99MsachAAChi&index=5&t=0s</p>	<p>What are #MyPlateMyWins? https://www.youtube.com/watch?v=ilu4YJDstVU&list=PL8wgGeKVh_7d4x7icBCNj99MsachAAChi&index=7</p>	<p><i>Meet Carol & Brad</i> https://www.youtube.com/watch?v=bjHuHl2ftls&list=PL8wgGeKVh_7d4x7icBCNj99MsachAAChi&index=9</p>	<p><i>Meet Candice & James</i> https://www.youtube.com/watch?v=7u6hLrDwROU&list=PL8wgGeKVh_7d4x7icBCNj99MsachAAChi&index=10</p>	<p><i>Meet Lilac & PJ</i> https://www.youtube.com/watch?v=b9_XtFiLVrk&list=PL8wgGeKVh_7d4x7icBCNj99MsachAAChi&index=11</p>

For more information: www.choosemyplate.gov / www.lajoyaisdcns.com



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Educational Excellence: The Right of Every Student

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