

Does Your Policy have Strong Language? *= minimum requirements	Not Mentioned	Included but Weak	Strong and Specific
I. Overview			
1. Establishes district commitment to health and link to achievement?			
II. Goals for Student Wellness			
A. Nutrition Education*-must have goal			
1. Have specific nutrition education standards (hours, curriculum, standards, etc)?			
2. Address requirements for teacher certification or training in nutrition education?			
3. Include integration into other subjects			
4. Include experiential learning such as farm to school, cooking, and instructional gardens?			
B. Nutrition Promotion*-must have goal			
1. All foods marketed meet federal nutrition and state standards .			
2. Prohibit marketing or advertising of unhealthy foods and beverages?			
3. Promote healthy foods w/ variety of methods?			
4. Market activities that promote healthy behaviors?			
5. Prohibit use of food and physical activity as reward or punishment?			
6. Conduct healthy fundraisers and celebrations			
C. Physical Activity*-must have goal			
1. Have specific requirements for physical activity in classroom?			
2. Address specific recess time requirements?			
3. Address requirements for physical activity before and after school?			
4. Address school transportation requirements (walking, biking, school bus and school patrol)?			
5. Include joint use agreements?			
D. Physical Education			
1. Have specific physical education requirements (standards-based, hours, graduation requirements)?			
2. Address teacher certification requirements or professional development?			
3. Specify the types of physical education and moderate to vigorous requirements?			
E. Other School-based Health*-must have goal			
1. Include a coordinated school health approach?			
2. Identify staff wellness requirements?			
3. Describe parent and youth engagement?			

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III. Nutrition Guidelines for all food available on school campuses-must meet minimum federal requirements*			
1. Require specific nutrition requirements for lunch including meeting new meal standards?*			
2. Require specific nutrition requirements for breakfast?			
3. Address nutrition quality of after school snacks and suppers?			
4. Require access to free, fresh drinking water?*			
5. Address a pleasant eating environment with adequate seating?			
6. Address requirements about adequate time to eat?			
7. Have specific nutrition requirements for competitive foods and beverages?*			
8. Address all foods provided in vending machines?			
9. Have specific food in the classroom requirements such as snacks, classroom celebrations?			
10. Have specific requirements about food at school events, including those outside school hours?			
11. Address healthy fundraising?			
IV. Stakeholder Involvement and Participation*-must be addressed			
1. Require a stakeholder committee or process for participation such as wellness committee?(including frequency of meeting)*			
2. Permit diverse representation including parents, students, school board members, administrators, school food service, teachers of physical education, school health professionals in development and implementation and revision?*			
V. Public Notification*-must be addressed			
1. Require that the public be updated and informed about content of the policy?*			
2. Require that the public be updated and informed about implementation and progress?*			
3. Specify how each target audience will be notified?			

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VI. Accountability-Measuring Implementation*-must be addressed			
1. Require Local Designation to ensure compliance at each school site (put someone in charge to oversee implementation and ensure compliance at each site?)*			
2. Require an implementation plan?			
3. Require periodic assessment of progress (including comparison to model policy and attainment of goals)?*			
4. Identify periodic revision and update?			
5. Have specific evaluation indicators and evaluation process as means for measuring success?			
6. Have required ongoing reporting to board and public?*			