

Menu Calendar Nutrient Analysis Report - January, 2021

Site: ALL
Date: 01/01/2021 - 01/31/2021

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|--------------------------------------------------------------------------------------|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|
| HS Lunch Curbside Week 1.2 Tuesday 20-21 Jan 2021 - ServingDate: 01/05/2021 | | | | | | | | | | | | | | | | | | | |
| Bean and Cheese Burrito - TR100516 (1 ea.) | 100 | 340.00 | 13.00 | 7.00 | 0.00 | 15.00 | 530.00 | 42.00 | 5.00 | 2.00 | (M) | 15.00 | 1.44 | 100.00 | 400.00 | 1.20 | (M) | (M) | (M) |
| Refried Beans for Home Prep (P) - TR100836 (1 ea.) | 50 | 434.93 | 11.51 | 5.12 | 0.00 | 12.79 | 1483.88 | 58.84 | 23.03 | 0.00 | 0.00 | 23.03 | 4.61 | 102.34 | (M) | (M) | 0.00 | 1074.53 | (M) |
| Salsa Cup - TR100820 (1 ea.) | 50 | 25.00 | 0.00 | 0.00 | 0.00 | 0.00 | 195.00 | 5.00 | 1.00 | 3.00 | 0.00 | 1.00 | 0.72 | 20.00 | (M) | (M) | 0.00 | 300.00 | (M) |
| Apple Slices - TR100519 (1 ea.) | 100 | 30.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 7.00 | 1.00 | 6.00 | (M) | 0.00 | 0.00 | 20.00 | 0.00 | 21.00 | (M) | (M) | (M) |
| HS Lunch Curbside Week 1.3 Wednesday 20-21 Jan 2021 - ServingDate: 01/06/2021 | | | | | | | | | | | | | | | | | | | |
| Corndog - TR100748 (1 ea.) | 100 | 250.00 | 9.00 | 2.50 | 0.00 | 40.00 | 390.00 | 30.00 | 5.00 | 5.00 | (M) | 9.00 | 1.80 | 80.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Baby Carrots - TR100000 (1 ea.) | 50 | 26.00 | 0.00 | 0.00 | 0.00 | 0.00 | 57.20 | 5.20 | 2.60 | 2.60 | (M) | 0.00 | 0.47 | 26.00 | 10010.00 | 1.56 | (M) | (M) | (M) |
| Emoji Potatoes - TR100785 (4 ea.) | 50 | 120.00 | 4.00 | 0.50 | 0.00 | 0.00 | 80.00 | 18.00 | 2.00 | 0.00 | (M) | 2.00 | 0.72 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Grapes - TR100010 (1 ea.) | 100 | 56.95 | 0.30 | 0.10 | 0.00 | 0.00 | 1.70 | 14.61 | 0.77 | 13.87 | (M) | 0.54 | 0.25 | 11.93 | 85.05 | 3.40 | 0.00 | 162.70 | (M) |
| 1% Lowfat Milk - TR100858 (1 qt.) | 100 | 440.00 | 10.00 | 6.00 | 0.00 | 40.00 | 520.00 | 52.00 | 0.00 | 48.00 | 0.00 | 32.00 | 0.00 | 1000.00 | 3000.00 | (M) | 8.00 | 1504.00 | (M) |
| HS Lunch Curbside Week 1.4 Thursday 20-21 Jan 2021 - ServingDate: 01/07/2021 | | | | | | | | | | | | | | | | | | | |
| Grilled Cheese Sandwich - TR100426 (1 ea.) | 100 | 280.34 | 9.91 | 5.56 | 0.00 | 31.85 | 580.84 | 30.96 | 3.00 | 5.65 | (M) | 18.55 | 1.64 | 465.93 | 524.00 | 0.00 | (M) | (M) | (M) |
| Marinara Sauce - TR100520 (1 ea.) | 50 | 40.00 | 1.00 | 0.00 | 0.00 | 0.00 | 200.01 | 7.00 | 2.00 | 4.00 | 1.00 | 1.00 | 0.00 | 19.00 | (M) | (M) | 0.00 | 262.02 | (M) |
| Tropical Trio Frozen Juice - TR100682 (1 ea.) | 50 | 80.00 | 0.00 | 0.00 | 0.00 | 0.00 | 5.00 | 20.00 | 0.00 | 17.00 | (M) | 0.00 | 0.00 | 0.00 | 0.00 | 60.00 | (M) | (M) | (M) |
| Fresh Whole Pear 20-21 - TR100855 (1 ea.) | 100 | 101.00 | 0.00 | 0.00 | 0.00 | 0.00 | 2.00 | 27.00 | 6.00 | 17.00 | 0.00 | 1.00 | 0.36 | 10.00 | (M) | (M) | 0.00 | (M) | (M) |

Menu Calendar Nutrient Analysis Report - January, 2021

Generated on: 1/5/2021 8:43:49 AM by Danielle Tank

Site: ALL

Date: 01/01/2021 - 01/31/2021

| Item Name (Serving Size) | Ash (g) |
|------------------------------------------------------------------------------------------------------|---------|
| HS Lunch Curbside Week 1.2 Tuesday 20 -21 Jan 2021 - ServingDate: 01/05/2021 | |
| Bean and Cheese Burrito - TR100516 (1 ea.) | (M) |
| Refried Beans for Home Prep (P) - TR100836 (1 ea.) | (M) |
| Salsa Cup - TR100820 (1 ea.) | (M) |
| Apple Slices - TR100519 (1 ea.) | (M) |
| HS Lunch Curbside Week 1.3 Wednesday 20-21 Jan 2021 - ServingDate: 01/06/2021 | |
| Corndog - TR100748 (1 ea.) | (M) |
| Baby Carrots - TR100000 (1 ea.) | (M) |
| Emoji Potatoes - TR100785 (4 ea.) | (M) |
| Grapes - TR100010 (1 ea.) | (M) |
| 1% Lowfat Milk - TR100858 (1 qt.) | (M) |
| HS Lunch Curbside Week 1.4 Thursday 20-21 Jan 2021 - ServingDate: 01/07/2021 | |
| Grilled Cheese Sandwich - TR100426 (1 ea.) | (M) |
| Marinara Sauce - TR100520 (1 ea.) | (M) |
| Tropical Trio Frozen Juice - TR100682 (1 ea.) | (M) |
| Fresh Whole Pear 20-21 - TR100855 (1 ea.) | (M) |

Menu Calendar Nutrient Analysis Report - January, 2021

Site: ALL
Date: 01/01/2021 - 01/31/2021

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|------------------------------------------------------------------------------------|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|
| HS Lunch Curbside Week 1.5 Friday 20-21 Jan 2021 - ServingDate: 01/08/2021 | | | | | | | | | | | | | | | | | | | |
| Popcorn Chicken - TR100729 (1 serving) | 100 | 260.00 | 13.00 | 3.00 | 0.00 | 70.00 | 549.99 | 17.00 | 3.00 | 0.00 | (M) | 19.00 | 1.44 | 20.00 | 200.00 | 0.00 | (M) | (M) | (M) |
| Poppin' Edamame Mix - TR100720 (1 #8 scoop) | 50 | 81.05 | 2.53 | 0.00 | 0.00 | 0.00 | 15.20 | 10.13 | 5.07 | 3.04 | (M) | 5.07 | 1.09 | 30.39 | (M) | 9.12 | 0.00 | 283.67 | (M) |
| Vegetable Egg Roll - TR100179 (1 ea.) | 50 | 140.00 | 3.50 | 0.00 | 0.00 | 0.00 | 200.00 | 24.00 | 3.00 | 2.00 | 1.00 | 4.00 | 1.08 | 20.00 | 0.00(M) | 0.00(M) | 0.00 | 216.20 | (M) |
| Frozen Juice Cup - TR100080 (1 ea.) | 100 | 100.00 | 0.00 | 0.00 | 0.00 | 0.00 | 40.00 | 24.00 | 0.00 | 20.00 | (M) | 0.00 | 0.00 | 100.00 | 500.00 | 60.00 | (M) | (M) | (M) |
| 1% Lowfat Milk - TR100858 (1 qt.) | 100 | 440.00 | 10.00 | 6.00 | 0.00 | 40.00 | 520.00 | 52.00 | 0.00 | 48.00 | 0.00 | 32.00 | 0.00 | 1000.00 | 3000.00 | (M) | 8.00 | 1504.00 | (M) |
| Texas Fresh Chocolate Fat Free Milk - TR100041 (2 ea.) | 100 | 240.00 | 0.00 | 0.00 | 0.00 | 10.00 | 360.00 | 40.00 | 0.00 | 36.00 | (M) | 16.00 | 0.00 | 600.00 | 1000.00 | 2.40 | (M) | (M) | (M) |
| HS Lunch Curbside Week 2.1 Monday 20-21 Jan 2021 - ServingDate: 01/11/2021 | | | | | | | | | | | | | | | | | | | |
| Mozzarella Cheese Sticks - TR100114 (2 ea.) | 100 | 280.00 | 9.00 | 2.00 | 0.00 | 9.80 | 440.00 | 30.00 | 2.00 | 2.00 | 0.00 | 16.00 | 2.16 | 300.00 | (M) | (M) | 0.00 | 0.00 | (M) |
| Whole Kernel Corn - TR100789 (1 #8 scoop) | 50 | 73.38 | 0.65 | 0.10 | 0.00 | 0.00 | 11.52 | 17.36 | 1.75 | 2.06 | (M) | 2.50 | 0.35 | 3.75 | 160.97(M) | 5.29(M) | (M) | 175.66(M) | (M) |
| Marinara Sauce - TR100520 (1 ea.) | 50 | 40.00 | 1.00 | 0.00 | 0.00 | 0.00 | 200.01 | 7.00 | 2.00 | 4.00 | 1.00 | 1.00 | 0.00 | 19.00 | (M) | (M) | 0.00 | 262.02 | (M) |
| Frozen Juice Cup - TR100603 (1 ea.) | 100 | 100.00 | 0.00 | 0.00 | 0.00 | 0.00 | 35.00 | 25.00 | 0.00 | 20.00 | (M) | 0.00 | 0.00 | 100.00 | 500.00 | 60.00 | (M) | (M) | (M) |
| HS Lunch Curbside Week 2.2 Tuesday 20-21 Jan 2021 - ServingDate: 01/12/2021 | | | | | | | | | | | | | | | | | | | |
| Cheeseburger - TR100198 (1 ea.) | 100 | 331.70 | 13.77 | 5.64 | 0.00 | 63.50 | 458.90 | 29.73 | 1.97 | 4.05 | 2.95(M) | 26.30 | 3.08 | 153.68 | 250.00(M) | 0.00(M) | 0.00(M) | 223.53(M) | (M) |
| Texas Tots - TR100712 (2 ea.) | 50 | 100.00 | 3.50 | 0.00 | 0.00 | 0.00 | 105.00 | 16.00 | 1.00 | 0.00 | (M) | 1.00 | 0.36 | 0.00 | 0.00 | 3.60 | (M) | (M) | (M) |
| Refried Beans for Home Prep (P) - TR100836 (1 ea.) | 50 | 434.93 | 11.51 | 5.12 | 0.00 | 12.79 | 1483.88 | 58.84 | 23.03 | 0.00 | 0.00 | 23.03 | 4.61 | 102.34 | (M) | (M) | 0.00 | 1074.53 | (M) |
| Texas Fresh Orange - TR100016 (1 ea.) | 100 | 83.94 | 0.40 | 0.05 | 0.00 | 0.00 | 2.67 | 20.65 | 6.00 | (M) | (M) | 1.73 | 1.07 | 93.27 | 333.11 | 94.60 | (M) | 261.16 | (M) |

Menu Calendar Nutrient Analysis Report - January, 2021

Site: ALL
 Date: 01/01/2021 - 01/31/2021

| Item Name (Serving Size) | Ash (g) |
|-----------------------------------------------------------------------------------------------------|---------|
| HS Lunch Curbside Week 1.5 Friday 20- 21 Jan 2021 - ServingDate: 01/08/2021 | |
| Popcorn Chicken - TR100729 (1 serving) | (M) |
| Poppin' Edamame Mix - TR100720 (1 #8 scoop) | (M) |
| Vegetable Egg Roll - TR100179 (1 ea.) | (M) |
| Frozen Juice Cup - TR100080 (1 ea.) | (M) |
| 1% Lowfat Milk - TR100858 (1 qt.) | (M) |
| Texas Fresh Chocolate Fat Free Milk - TR100041 (2 ea.) | (M) |
| HS Lunch Curbside Week 2.1 Monday 20- 21 Jan 2021 - ServingDate: 01/11/2021 | |
| Mozzarella Cheese Sticks - TR100114 (2 ea.) | (M) |
| Whole Kernel Corn - TR100789 (1 #8 scoop) | (M) |
| Marinara Sauce - TR100520 (1 ea.) | (M) |
| Frozen Juice Cup - TR100603 (1 ea.) | (M) |
| HS Lunch Curbside Week 2.2 Tuesday 20 -21 Jan 2021 - ServingDate: 01/12/2021 | |
| Cheeseburger - TR100198 (1 ea.) | (M) |
| Texas Tots - TR100712 (2 ea.) | (M) |
| Refried Beans for Home Prep (P) - TR100836 (1 ea.) | (M) |
| Texas Fresh Orange - TR100016 (1 ea.) | (M) |

Menu Calendar Nutrient Analysis Report - January, 2021

Site: ALL
Date: 01/01/2021 - 01/31/2021

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|--------------------------------------------------------------------------------------|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|
| HS Lunch Curbside Week 2.3 Wednesday 20-21 Jan 2021 - ServingDate: 01/13/2021 | | | | | | | | | | | | | | | | | | | |
| Cheese Pizza Bagel Bites - TR100453 (4 ea.) | 100 | 260.00 | 9.00 | 5.00 | 0.00 | 20.00 | 560.00 | 24.00 | 4.00 | 4.00 | (M) | 21.00 | 1.80 | 350.00 | 750.00 | 6.00 | (M) | (M) | (M) |
| Confetti Cookie - TR100830 (1 ea.) | 100 | 160.00 | 6.00 | 1.50 | 0.00 | 10.00 | 130.00 | 27.00 | 1.00 | 15.00 | 8.00 | 2.00 | 1.00 | 10.00 | (M) | (M) | 0.00 | 43.00 | (M) |
| Baby Carrots - TR100000 (1 ea.) | 50 | 26.00 | 0.00 | 0.00 | 0.00 | 0.00 | 57.20 | 5.20 | 2.60 | 2.60 | (M) | 0.00 | 0.47 | 26.00 | 10010.00 | 1.56 | (M) | (M) | (M) |
| Poppin' Edamame Mix - TR100720 (1 #8 scoop) | 50 | 81.05 | 2.53 | 0.00 | 0.00 | 0.00 | 15.20 | 10.13 | 5.07 | 3.04 | (M) | 5.07 | 1.09 | 30.39 | (M) | 9.12 | 0.00 | 283.67 | (M) |
| Applesauce Cup - TR100635 (1 ea.) | 100 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | 15.00 | 22.00 | 2.00 | 19.00 | (M) | 0.00 | (M) | (M) | (M) | 60.00 | (M) | (M) | (M) |
| 1% Lowfat Milk - TR100858 (1 qt.) | 100 | 440.00 | 10.00 | 6.00 | 0.00 | 40.00 | 520.00 | 52.00 | 0.00 | 48.00 | 0.00 | 32.00 | 0.00 | 1000.00 | 3000.00 | (M) | 8.00 | 1504.00 | (M) |
| HS Lunch Curbside Week 2.4 Thursday 20-21 Jan 2021 - ServingDate: 01/14/2021 | | | | | | | | | | | | | | | | | | | |
| Hawaiian Turkey Ham & Cheese Sandwich - TR100784 (1 ea.) | 100 | 186.16 | 4.25 | 1.37 | 0.00 | 16.98 | 392.23 | 27.21 | 1.99 | 5.22 | (M) | 10.62 | 1.85 | 105.20 | 122.00 | 0.00 | (M) | (M) | (M) |
| String Cheese - TR100160 (1 ea.) | 100 | 60.00 | 3.00 | 2.00 | 0.00 | 10.00 | 200.00 | 1.00 | 0.00 | 1.00 | 0.00 | 7.00 | 0.00 | 198.00 | 400.00 | (M) | 0.00 | 110.00 | (M) |
| Broccoli Florets - TR100004 (1 ea.) | 50 | 21.21 | 0.23 | 0.07 | 0.00 | 0.00 | 20.58 | 4.14 | 1.62 | 1.06 | (M) | 1.76 | 0.46 | 29.31 | 388.56 | 55.63 | 0.00 | 197.09 | (M) |
| Tropical Trio Frozen Juice - TR100682 (1 ea.) | 50 | 80.00 | 0.00 | 0.00 | 0.00 | 0.00 | 5.00 | 20.00 | 0.00 | 17.00 | (M) | 0.00 | 0.00 | 0.00 | 0.00 | 60.00 | (M) | (M) | (M) |
| Fresh Whole Pear 20-21 - TR100855 (1 ea.) | 100 | 101.00 | 0.00 | 0.00 | 0.00 | 0.00 | 2.00 | 27.00 | 6.00 | 17.00 | 0.00 | 1.00 | 0.36 | 10.00 | (M) | (M) | 0.00 | (M) | (M) |
| HS Lunch Curbside Week 2.5 Friday 20-21 Jan 2021 - ServingDate: 01/15/2021 | | | | | | | | | | | | | | | | | | | |
| Chicken Nuggets - TR100743 (5 ea.) | 100 | 262.50 | 15.00 | 2.50 | 0.00 | 25.00 | 400.00 | 16.25 | 2.50 | 1.25 | 0.00 | 16.25 | 2.25 | 25.00 | (M) | (M) | 0.00 | 737.50 | (M) |
| Mashed Potatoes for Home Prep - TR100835 (1 ea.) | 50 | 175.42 | 1.95 | 0.00 | 0.00 | 0.00 | 779.63 | 33.13 | 1.95 | 0.00 | 0.00 | 3.90 | 0.70 | 19.49 | (M) | (M) | 0.00 | 740.64 | (M) |
| Vegetable Egg Roll - TR100179 (1 ea.) | 50 | 140.00 | 3.50 | 0.00 | 0.00 | 0.00 | 200.00 | 24.00 | 3.00 | 2.00 | 1.00 | 4.00 | 1.08 | 20.00 | 0.00(M) | 0.00(M) | 0.00 | 216.20 | (M) |

Menu Calendar Nutrient Analysis Report - January, 2021

Site: ALL
Date: 01/01/2021 - 01/31/2021

| Item Name (Serving Size) | Ash (g) |
|------------------------------------------------------------------------------------------------------|---------|
| HS Lunch Curbside Week 2.3 Wednesday 20-21 Jan 2021 - ServingDate: 01/13/2021 | |
| Cheese Pizza Bagel Bites - TR100453 (4 ea.) | (M) |
| Confetti Cookie - TR100830 (1 ea.) | (M) |
| Baby Carrots - TR100000 (1 ea.) | (M) |
| Poppin' Edamame Mix - TR100720 (1 #8 scoop) | (M) |
| Applesauce Cup - TR100635 (1 ea.) | (M) |
| 1% Lowfat Milk - TR100858 (1 qt.) | (M) |
| HS Lunch Curbside Week 2.4 Thursday 20-21 Jan 2021 - ServingDate: 01/14/2021 | |
| Hawaiian Turkey Ham & Cheese Sandwich - TR100784 (1 ea.) | (M) |
| String Cheese - TR100160 (1 ea.) | (M) |
| Broccoli Florets - TR100004 (1 ea.) | (M) |
| Tropical Trio Frozen Juice - TR100682 (1 ea.) | (M) |
| Fresh Whole Pear 20-21 - TR100855 (1 ea.) | (M) |
| HS Lunch Curbside Week 2.5 Friday 20- 21 Jan 2021 - ServingDate: 01/15/2021 | |
| Chicken Nuggets - TR100743 (5 ea.) | (M) |
| Mashed Potatoes for Home Prep - TR100835 (1 ea.) | (M) |
| Vegetable Egg Roll - TR100179 (1 ea.) | (M) |

Menu Calendar Nutrient Analysis Report - January, 2021

Site: ALL
Date: 01/01/2021 - 01/31/2021

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|--------------------------------------------------------------------------------------|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|
| HS Lunch Curbside Week 2.5 Friday 20-21 Jan 2021 - ServingDate: 01/15/2021 | | | | | | | | | | | | | | | | | | | |
| Apple Slices - TR100519 (1 ea.) | 100 | 30.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 7.00 | 1.00 | 6.00 | (M) | 0.00 | 0.00 | 20.00 | 0.00 | 21.00 | (M) | (M) | (M) |
| 1% Lowfat Milk - TR100858 (1 qt.) | 100 | 440.00 | 10.00 | 6.00 | 0.00 | 40.00 | 520.00 | 52.00 | 0.00 | 48.00 | 0.00 | 32.00 | 0.00 | 1000.00 | 3000.00 | (M) | 8.00 | 1504.00 | (M) |
| Texas Fresh Chocolate Fat Free Milk - TR100041 (2 ea.) | 100 | 240.00 | 0.00 | 0.00 | 0.00 | 10.00 | 360.00 | 40.00 | 0.00 | 36.00 | (M) | 16.00 | 0.00 | 600.00 | 1000.00 | 2.40 | (M) | (M) | (M) |
| HS Lunch Curbside Week 1.2 Tuesday 20-21 Jan 2021 - ServingDate: 01/19/2021 | | | | | | | | | | | | | | | | | | | |
| Bean and Cheese Burrito - TR100516 (1 ea.) | 100 | 340.00 | 13.00 | 7.00 | 0.00 | 15.00 | 530.00 | 42.00 | 5.00 | 2.00 | (M) | 15.00 | 1.44 | 100.00 | 400.00 | 1.20 | (M) | (M) | (M) |
| Refried Beans for Home Prep (P) - TR100836 (1 ea.) | 50 | 434.93 | 11.51 | 5.12 | 0.00 | 12.79 | 1483.88 | 58.84 | 23.03 | 0.00 | 0.00 | 23.03 | 4.61 | 102.34 | (M) | (M) | 0.00 | 1074.53 | (M) |
| Salsa Cup - TR100820 (1 ea.) | 50 | 25.00 | 0.00 | 0.00 | 0.00 | 0.00 | 195.00 | 5.00 | 1.00 | 3.00 | 0.00 | 1.00 | 0.72 | 20.00 | (M) | (M) | 0.00 | 300.00 | (M) |
| Apple Slices - TR100519 (1 ea.) | 100 | 30.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 7.00 | 1.00 | 6.00 | (M) | 0.00 | 0.00 | 20.00 | 0.00 | 21.00 | (M) | (M) | (M) |
| HS Lunch Curbside Week 1.3 Wednesday 20-21 Jan 2021 - ServingDate: 01/20/2021 | | | | | | | | | | | | | | | | | | | |
| Corndog - TR100748 (1 ea.) | 100 | 250.00 | 9.00 | 2.50 | 0.00 | 40.00 | 390.00 | 30.00 | 5.00 | 5.00 | (M) | 9.00 | 1.80 | 80.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Baby Carrots - TR100000 (1 ea.) | 50 | 26.00 | 0.00 | 0.00 | 0.00 | 0.00 | 57.20 | 5.20 | 2.60 | 2.60 | (M) | 0.00 | 0.47 | 26.00 | 10010.00 | 1.56 | (M) | (M) | (M) |
| Emoji Potatoes - TR100785 (4 ea.) | 50 | 120.00 | 4.00 | 0.50 | 0.00 | 0.00 | 80.00 | 18.00 | 2.00 | 0.00 | (M) | 2.00 | 0.72 | 0.00 | 0.00 | 0.00 | (M) | (M) | (M) |
| Grapes - TR100010 (1 ea.) | 100 | 56.95 | 0.30 | 0.10 | 0.00 | 0.00 | 1.70 | 14.61 | 0.77 | 13.87 | (M) | 0.54 | 0.25 | 11.93 | 85.05 | 3.40 | 0.00 | 162.70 | (M) |
| 1% Lowfat Milk - TR100858 (1 qt.) | 100 | 440.00 | 10.00 | 6.00 | 0.00 | 40.00 | 520.00 | 52.00 | 0.00 | 48.00 | 0.00 | 32.00 | 0.00 | 1000.00 | 3000.00 | (M) | 8.00 | 1504.00 | (M) |

Menu Calendar Nutrient Analysis Report - January, 2021

Site: ALL
 Date: 01/01/2021 - 01/31/2021

| Item Name (Serving Size) | Ash (g) |
|------------------------------------------------------------------------------------------------------|---------|
| HS Lunch Curbside Week 2.5 Friday 20- 21 Jan 2021 - ServingDate: 01/15/2021 | |
| Apple Slices - TR100519 (1 ea.) | (M) |
| 1% Lowfat Milk - TR100858 (1 qt.) | (M) |
| Texas Fresh Chocolate Fat Free Milk - TR100041 (2 ea.) | (M) |
| HS Lunch Curbside Week 1.2 Tuesday 20 -21 Jan 2021 - ServingDate: 01/19/2021 | |
| Bean and Cheese Burrito - TR100516 (1 ea.) | (M) |
| Refried Beans for Home Prep (P) - TR100836 (1 ea.) | (M) |
| Salsa Cup - TR100820 (1 ea.) | (M) |
| Apple Slices - TR100519 (1 ea.) | (M) |
| HS Lunch Curbside Week 1.3 Wednesday 20-21 Jan 2021 - ServingDate: 01/20/2021 | |
| Corndog - TR100748 (1 ea.) | (M) |
| Baby Carrots - TR100000 (1 ea.) | (M) |
| Emoji Potatoes - TR100785 (4 ea.) | (M) |
| Grapes - TR100010 (1 ea.) | (M) |
| 1% Lowfat Milk - TR100858 (1 qt.) | (M) |

Menu Calendar Nutrient Analysis Report - January, 2021

Site: ALL
Date: 01/01/2021 - 01/31/2021

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Moisture (g) |
|-------------------------------------------------------------------------------------|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|------------|-----------|------------|----------------|--------------|
| HS Lunch Curbside Week 1.4 Thursday 20-21 Jan 2021 - ServingDate: 01/21/2021 | | | | | | | | | | | | | | | | | | | |
| Grilled Cheese Sandwich - TR100426 (1 ea.) | 100 | 280.34 | 9.91 | 5.56 | 0.00 | 31.85 | 580.84 | 30.96 | 3.00 | 5.65 | (M) | 18.55 | 1.64 | 465.93 | 524.00 | 0.00 | (M) | (M) | (M) |
| Marinara Sauce - TR100520 (1 ea.) | 50 | 40.00 | 1.00 | 0.00 | 0.00 | 0.00 | 200.01 | 7.00 | 2.00 | 4.00 | 1.00 | 1.00 | 0.00 | 19.00 | (M) | (M) | 0.00 | 262.02 | (M) |
| Tropical Trio Frozen Juice - TR100682 (1 ea.) | 50 | 80.00 | 0.00 | 0.00 | 0.00 | 0.00 | 5.00 | 20.00 | 0.00 | 17.00 | (M) | 0.00 | 0.00 | 0.00 | 0.00 | 60.00 | (M) | (M) | (M) |
| Fresh Whole Pear 20-21 - TR100855 (1 ea.) | 100 | 101.00 | 0.00 | 0.00 | 0.00 | 0.00 | 2.00 | 27.00 | 6.00 | 17.00 | 0.00 | 1.00 | 0.36 | 10.00 | (M) | (M) | 0.00 | (M) | (M) |
| HS Lunch Curbside Week 1.5 Friday 20-21 Jan 2021 - ServingDate: 01/22/2021 | | | | | | | | | | | | | | | | | | | |
| Popcorn Chicken - TR100729 (1 serving) | 100 | 260.00 | 13.00 | 3.00 | 0.00 | 70.00 | 549.99 | 17.00 | 3.00 | 0.00 | (M) | 19.00 | 1.44 | 20.00 | 200.00 | 0.00 | (M) | (M) | (M) |
| Poppin' Edamame Mix - TR100720 (1 #8 scoop) | 50 | 81.05 | 2.53 | 0.00 | 0.00 | 0.00 | 15.20 | 10.13 | 5.07 | 3.04 | (M) | 5.07 | 1.09 | 30.39 | (M) | 9.12 | 0.00 | 283.67 | (M) |
| Vegetable Egg Roll - TR100179 (1 ea.) | 50 | 140.00 | 3.50 | 0.00 | 0.00 | 0.00 | 200.00 | 24.00 | 3.00 | 2.00 | 1.00 | 4.00 | 1.08 | 20.00 | 0.00(M) | 0.00(M) | 0.00 | 216.20 | (M) |
| Frozen Juice Cup - TR100080 (1 ea.) | 100 | 100.00 | 0.00 | 0.00 | 0.00 | 0.00 | 40.00 | 24.00 | 0.00 | 20.00 | (M) | 0.00 | 0.00 | 100.00 | 500.00 | 60.00 | (M) | (M) | (M) |
| 1% Lowfat Milk - TR100858 (1 qt.) | 100 | 440.00 | 10.00 | 6.00 | 0.00 | 40.00 | 520.00 | 52.00 | 0.00 | 48.00 | 0.00 | 32.00 | 0.00 | 1000.00 | 3000.00 | (M) | 8.00 | 1504.00 | (M) |
| Texas Fresh Chocolate Fat Free Milk - TR100041 (2 ea.) | 100 | 240.00 | 0.00 | 0.00 | 0.00 | 10.00 | 360.00 | 40.00 | 0.00 | 36.00 | (M) | 16.00 | 0.00 | 600.00 | 1000.00 | 2.40 | (M) | (M) | (M) |
| HS Lunch Curbside Week 2.1 Monday 20-21 Jan 2021 - ServingDate: 01/25/2021 | | | | | | | | | | | | | | | | | | | |
| Mozzarella Cheese Sticks - TR100114 (2 ea.) | 100 | 280.00 | 9.00 | 2.00 | 0.00 | 9.80 | 440.00 | 30.00 | 2.00 | 2.00 | 0.00 | 16.00 | 2.16 | 300.00 | (M) | (M) | 0.00 | 0.00 | (M) |
| Whole Kernel Corn - TR100789 (1 #8 scoop) | 50 | 73.38 | 0.65 | 0.10 | 0.00 | 0.00 | 11.52 | 17.36 | 1.75 | 2.06 | (M) | 2.50 | 0.35 | 3.75 | 160.97 (M) | 5.29(M) | (M) | 175.66 (M) | (M) |
| Marinara Sauce - TR100520 (1 ea.) | 50 | 40.00 | 1.00 | 0.00 | 0.00 | 0.00 | 200.01 | 7.00 | 2.00 | 4.00 | 1.00 | 1.00 | 0.00 | 19.00 | (M) | (M) | 0.00 | 262.02 | (M) |

Menu Calendar Nutrient Analysis Report - January, 2021

Site: ALL
Date: 01/01/2021 - 01/31/2021

| Item Name (Serving Size) | Ash (g) |
|-----------------------------------------------------------------------------------------------------|---------|
| HS Lunch Curbside Week 1.4 Thursday 20-21 Jan 2021 - ServingDate: 01/21/2021 | |
| Grilled Cheese Sandwich - TR100426 (1 ea.) | (M) |
| Marinara Sauce - TR100520 (1 ea.) | (M) |
| Tropical Trio Frozen Juice - TR100682 (1 ea.) | (M) |
| Fresh Whole Pear 20-21 - TR100855 (1 ea.) | (M) |
| HS Lunch Curbside Week 1.5 Friday 20- 21 Jan 2021 - ServingDate: 01/22/2021 | |
| Popcorn Chicken - TR100729 (1 serving) | (M) |
| Poppin' Edamame Mix - TR100720 (1 #8 scoop) | (M) |
| Vegetable Egg Roll - TR100179 (1 ea.) | (M) |
| Frozen Juice Cup - TR100080 (1 ea.) | (M) |
| 1% Lowfat Milk - TR100858 (1 qt.) | (M) |
| Texas Fresh Chocolate Fat Free Milk - TR100041 (2 ea.) | (M) |
| HS Lunch Curbside Week 2.1 Monday 20- 21 Jan 2021 - ServingDate: 01/25/2021 | |
| Mozzarella Cheese Sticks - TR100114 (2 ea.) | (M) |
| Whole Kernel Corn - TR100789 (1 #8 scoop) | (M) |
| Marinara Sauce - TR100520 (1 ea.) | (M) |

Menu Calendar Nutrient Analysis Report - January, 2021

Site: ALL
Date: 01/01/2021 - 01/31/2021

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|--------------------------------------------------------------------------------------|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|------------|-----------|------------|----------------|----------|
| HS Lunch Curbside Week 2.1 Monday 20-21 Jan 2021 - ServingDate: 01/25/2021 | | | | | | | | | | | | | | | | | | | |
| Frozen Juice Cup - TR100603 (1 ea.) | 100 | 100.00 | 0.00 | 0.00 | 0.00 | 0.00 | 35.00 | 25.00 | 0.00 | 20.00 | (M) | 0.00 | 0.00 | 100.00 | 500.00 | 60.00 | (M) | (M) | (M) |
| HS Lunch Curbside Week 2.2 Tuesday 20-21 Jan 2021 - ServingDate: 01/26/2021 | | | | | | | | | | | | | | | | | | | |
| Cheeseburger - TR100198 (1 ea.) | 100 | 331.70 | 13.77 | 5.64 | 0.00 | 63.50 | 458.90 | 29.73 | 1.97 | 4.05 | 2.95(M) | 26.30 | 3.08 | 153.68 | 250.00 (M) | 0.00(M) | 0.00(M) | 223.53 (M) | (M) |
| Texas Tots - TR100712 (2 ea.) | 50 | 100.00 | 3.50 | 0.00 | 0.00 | 0.00 | 105.00 | 16.00 | 1.00 | 0.00 | (M) | 1.00 | 0.36 | 0.00 | 0.00 | 3.60 | (M) | (M) | (M) |
| Refried Beans for Home Prep (P) - TR100836 (1 ea.) | 50 | 434.93 | 11.51 | 5.12 | 0.00 | 12.79 | 1483.88 | 58.84 | 23.03 | 0.00 | 0.00 | 23.03 | 4.61 | 102.34 | (M) | (M) | 0.00 | 1074.53 | (M) |
| Texas Fresh Orange - TR100016 (1 ea.) | 100 | 83.94 | 0.40 | 0.05 | 0.00 | 0.00 | 2.67 | 20.65 | 6.00 | (M) | (M) | 1.73 | 1.07 | 93.27 | 333.11 | 94.60 | (M) | 261.16 | (M) |
| HS Lunch Curbside Week 2.3 Wednesday 20-21 Jan 2021 - ServingDate: 01/27/2021 | | | | | | | | | | | | | | | | | | | |
| Cheese Pizza Bagel Bites - TR100453 (4 ea.) | 100 | 260.00 | 9.00 | 5.00 | 0.00 | 20.00 | 560.00 | 24.00 | 4.00 | 4.00 | (M) | 21.00 | 1.80 | 350.00 | 750.00 | 6.00 | (M) | (M) | (M) |
| Confetti Cookie - TR100830 (1 ea.) | 100 | 160.00 | 6.00 | 1.50 | 0.00 | 10.00 | 130.00 | 27.00 | 1.00 | 15.00 | 8.00 | 2.00 | 1.00 | 10.00 | (M) | (M) | 0.00 | 43.00 | (M) |
| Baby Carrots - TR100000 (1 ea.) | 50 | 26.00 | 0.00 | 0.00 | 0.00 | 0.00 | 57.20 | 5.20 | 2.60 | 2.60 | (M) | 0.00 | 0.47 | 26.00 | 10010.00 | 1.56 | (M) | (M) | (M) |
| Poppin' Edamame Mix - TR100720 (1 #8 scoop) | 50 | 81.05 | 2.53 | 0.00 | 0.00 | 0.00 | 15.20 | 10.13 | 5.07 | 3.04 | (M) | 5.07 | 1.09 | 30.39 | (M) | 9.12 | 0.00 | 283.67 | (M) |
| Applesauce Cup - TR100635 (1 ea.) | 100 | 90.00 | 0.00 | 0.00 | 0.00 | 0.00 | 15.00 | 22.00 | 2.00 | 19.00 | (M) | 0.00 | (M) | (M) | (M) | 60.00 | (M) | (M) | (M) |
| 1% Lowfat Milk - TR100858 (1 qt.) | 100 | 440.00 | 10.00 | 6.00 | 0.00 | 40.00 | 520.00 | 52.00 | 0.00 | 48.00 | 0.00 | 32.00 | 0.00 | 1000.00 | 3000.00 | (M) | 8.00 | 1504.00 | (M) |
| HS Lunch Curbside Week 2.4 Thursday 20-21 Jan 2021 - ServingDate: 01/28/2021 | | | | | | | | | | | | | | | | | | | |
| Hawaiian Turkey Ham & Cheese Sandwich - TR100784 (1 ea.) | 100 | 186.16 | 4.25 | 1.37 | 0.00 | 16.98 | 392.23 | 27.21 | 1.99 | 5.22 | (M) | 10.62 | 1.85 | 105.20 | 122.00 | 0.00 | (M) | (M) | (M) |

Menu Calendar Nutrient Analysis Report - January, 2021

Site: ALL
 Date: 01/01/2021 - 01/31/2021

| Item Name (Serving Size) | Ash (g) |
|------------------------------------------------------------------------------------------------------|---------|
| HS Lunch Curbside Week 2.1 Monday 20-21 Jan 2021 - ServingDate: 01/25/2021 | |
| Frozen Juice Cup - TR100603 (1 ea.) | (M) |
| HS Lunch Curbside Week 2.2 Tuesday 20-21 Jan 2021 - ServingDate: 01/26/2021 | |
| Cheeseburger - TR100198 (1 ea.) | (M) |
| Texas Tots - TR100712 (2 ea.) | (M) |
| Refried Beans for Home Prep (P) - TR100836 (1 ea.) | (M) |
| Texas Fresh Orange - TR100016 (1 ea.) | (M) |
| HS Lunch Curbside Week 2.3 Wednesday 20-21 Jan 2021 - ServingDate: 01/27/2021 | |
| Cheese Pizza Bagel Bites - TR100453 (4 ea.) | (M) |
| Confetti Cookie - TR100830 (1 ea.) | (M) |
| Baby Carrots - TR100000 (1 ea.) | (M) |
| Poppin' Edamame Mix - TR100720 (1 #8 scoop) | (M) |
| Applesauce Cup - TR100635 (1 ea.) | (M) |
| 1% Lowfat Milk - TR100858 (1 qt.) | (M) |
| HS Lunch Curbside Week 2.4 Thursday 20-21 Jan 2021 - ServingDate: 01/28/2021 | |
| Hawaiian Turkey Ham & Cheese Sandwich - TR100784 (1 ea.) | (M) |

Menu Calendar Nutrient Analysis Report - January, 2021

Site: ALL
Date: 01/01/2021 - 01/31/2021

| Item Name (Serving Size) | Planned Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Mois (g) |
|-------------------------------------------------------------------------------------|-------------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|----------|
| HS Lunch Curbside Week 2.4 Thursday 20-21 Jan 2021 - ServingDate: 01/28/2021 | | | | | | | | | | | | | | | | | | | |
| String Cheese - TR100160 (1 ea.) | 100 | 60.00 | 3.00 | 2.00 | 0.00 | 10.00 | 200.00 | 1.00 | 0.00 | 1.00 | 0.00 | 7.00 | 0.00 | 198.00 | 400.00 | (M) | 0.00 | 110.00 | (M) |
| Broccoli Florets - TR100004 (1 ea.) | 50 | 21.21 | 0.23 | 0.07 | 0.00 | 0.00 | 20.58 | 4.14 | 1.62 | 1.06 | (M) | 1.76 | 0.46 | 29.31 | 388.56 | 55.63 | 0.00 | 197.09 | (M) |
| Tropical Trio Frozen Juice - TR100682 (1 ea.) | 50 | 80.00 | 0.00 | 0.00 | 0.00 | 0.00 | 5.00 | 20.00 | 0.00 | 17.00 | (M) | 0.00 | 0.00 | 0.00 | 0.00 | 60.00 | (M) | (M) | (M) |
| Fresh Whole Pear 20-21 - TR100855 (1 ea.) | 100 | 101.00 | 0.00 | 0.00 | 0.00 | 0.00 | 2.00 | 27.00 | 6.00 | 17.00 | 0.00 | 1.00 | 0.36 | 10.00 | (M) | (M) | 0.00 | (M) | (M) |
| HS Lunch Curbside Week 2.5 Friday 20-21 Jan 2021 - ServingDate: 01/29/2021 | | | | | | | | | | | | | | | | | | | |
| Chicken Nuggets - TR100743 (5 ea.) | 100 | 262.50 | 15.00 | 2.50 | 0.00 | 25.00 | 400.00 | 16.25 | 2.50 | 1.25 | 0.00 | 16.25 | 2.25 | 25.00 | (M) | (M) | 0.00 | 737.50 | (M) |
| Mashed Potatoes for Home Prep - TR100835 (1 ea.) | 50 | 175.42 | 1.95 | 0.00 | 0.00 | 0.00 | 779.63 | 33.13 | 1.95 | 0.00 | 0.00 | 3.90 | 0.70 | 19.49 | (M) | (M) | 0.00 | 740.64 | (M) |
| Vegetable Egg Roll - TR100179 (1 ea.) | 50 | 140.00 | 3.50 | 0.00 | 0.00 | 0.00 | 200.00 | 24.00 | 3.00 | 2.00 | 1.00 | 4.00 | 1.08 | 20.00 | 0.00(M) | 0.00(M) | 0.00 | 216.20 | (M) |
| Apple Slices - TR100519 (1 ea.) | 100 | 30.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 7.00 | 1.00 | 6.00 | (M) | 0.00 | 0.00 | 20.00 | 0.00 | 21.00 | (M) | (M) | (M) |
| 1% Lowfat Milk - TR100858 (1 qt.) | 100 | 440.00 | 10.00 | 6.00 | 0.00 | 40.00 | 520.00 | 52.00 | 0.00 | 48.00 | 0.00 | 32.00 | 0.00 | 1000.00 | 3000.00 | (M) | 8.00 | 1504.00 | (M) |
| Texas Fresh Chocolate Fat Free Milk - TR100041 (2 ea.) | 100 | 240.00 | 0.00 | 0.00 | 0.00 | 10.00 | 360.00 | 40.00 | 0.00 | 36.00 | (M) | 16.00 | 0.00 | 600.00 | 1000.00 | 2.40 | (M) | (M) | (M) |

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Lunch
Site Group: High School Food Based
Menu Line: Curbside Meals
Serving Group: K-8
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - January, 2021

Site: ALL
Date: 01/01/2021 - 01/31/2021

| Item Name (Serving Size) | Ash (g) |
|-----------------------------------------------------------------------------------------------------|---------|
| HS Lunch Curbside Week 2.4 Thursday 20-21 Jan 2021 - ServingDate: 01/28/2021 | |
| String Cheese - TR100160 (1 ea.) | (M) |
| Broccoli Florets - TR100004 (1 ea.) | (M) |
| Tropical Trio Frozen Juice - TR100682 (1 ea.) | (M) |
| Fresh Whole Pear 20-21 - TR100855 (1 ea.) | (M) |
| HS Lunch Curbside Week 2.5 Friday 20- 21 Jan 2021 - ServingDate: 01/29/2021 | |
| Chicken Nuggets - TR100743 (5 ea.) | (M) |
| Mashed Potatoes for Home Prep - TR100835 (1 ea.) | (M) |
| Vegetable Egg Roll - TR100179 (1 ea.) | (M) |
| Apple Slices - TR100519 (1 ea.) | (M) |
| 1% Lowfat Milk - TR100858 (1 qt.) | (M) |
| Texas Fresh Chocolate Fat Free Milk - TR100041 (2 ea.) | (M) |