



Please call Nutrition Services if you have a special request or would like help creating the perfect menu for your event.

Coffee Break

We include delivery and pick-up, tablecloths, plates, napkins, cups, utensils and serveware. Prices are per person.

Simple Coffee Service Coffee, tea, creamer, sugar, spa water.....\$2.50
 Substitute bottled water\$.50

Cold Beverages

Orange or cranberry juice\$1.25
 Bottled iced coffee, minimum 15 each.....\$2.50

Bakery Items

Assorted bagels with cream cheese.....\$2.50
 Freshly baked scones with butter.....\$1.50
 Fruit turnovers made with puff pastry and seasonal fruit.....\$1.75
 House-made cream cheese cinnamon rolls\$2.00
 Assorted muffins\$1.50
 Peanut Butter Pals.....\$1.50

Dairy

Yogurt parfait with seasonal fruit and whole grain granola.....\$2.25

Grab & Go Breakfast

Boxed Breakfast Meal four delicious combinations to choose from\$5.50
 Yogurt and granola with fresh fruit
 Freshly baked scone, hard-boiled egg, and fresh fruit
 Bagel with cream cheese and fresh fruit
 Cream cheese cinnamon roll and fresh fruit

Continental Breakfast.....\$5.00
 Coffee Service (see above), seasonal fruit, assortment of seasonal pastries

Hearty Breakfast

Hearty Breakfast includes Coffee Service (see above).....\$6.50
 Biscuits and gravy with scrambled eggs, country potatoes, bacon or sausage
 French toast bake with scrambled eggs, seasonal fruit, bacon or sausage
 Pancakes with scrambled eggs, seasonal fruit, bacon or sausage
 Breakfast burrito bar w/bacon or sausage, pico de gallo, tortillas, scrambled eggs, shredded cheese
 Both bacon and sausage\$1.00

Sides add additional items to your Hearty Breakfast selection

Fruit, scone, potatoes, orange juice.....\$1.00
 Bacon, sausage, muffins or turnovers\$1.50
 Yogurt and granola or cream cheese cinnamon rolls.....\$2.00



Picnic Buffet

Our house-made sandwiches can be prepared to suit your needs. Whether you are looking for a complete, grab-n-go boxed lunch or a more relaxed, buffet-style, we will work with you to make your mealtime as smooth as possible.

Classic Deli Sandwiches \$5.00

Served on hearty wheat berry bread with crisp lettuce and ripe tomatoes, mayo & mustard packs.

- Roasted turkey breast with Swiss cheese
- Egg salad
- Hardwood smoked ham and provolone
- Tuna salad
- Chicken salad

House Specialty Sandwiches \$6.00

Roasted turkey, avocado, Applewood bacon on ciabatta roll with lettuce, tomato and garlic aioli

Curry chicken salad with cranberries on croissant

Roasted vegetable medley with provolone and garlic aioli on toasted ciabatta bun

BBLT Applewood bacon, lettuce, tomato and basil aioli on croissant

Sides and Desserts

- Chips..... \$.75
- Pasta or potato salad..... \$2.00
- Pickle spear..... \$.25
- Seasonal fruit..... \$1.50
- Side salad with ranch dressing... \$1.50
- Double chocolate brownie..... \$1.50
- Chocolate chip cookie..... \$.75

Beverages

- Assorted soda..... \$.75
- Bottled water \$1.00
- Spa water \$.50
- Fresh-brewed iced tea..... \$.75
- Strawberry lemonade..... \$.75

Working Lunch

Includes choice of sandwich (see above).

Comes with chips, pickle spear, fresh-baked chocolate chip cookie and seasonal fruit

Classic Deli Box \$9.00

House Specialty Box..... \$10.00

Add Ons

- Pasta or potato salad..... \$1.00
- Substitute chocolate brownie \$.75

Salads

Boxed Salad three to choose from..... \$6.25

Chicken Caesar with Caesar dressing, shaved red onions, and cherry tomatoes

West Coast Cobb with crisp romaine, avocado, smoked bacon, roasted turkey, red onion, cherry tomato, shredded cheese and ranch dressing

Mixed green salad with dried cranberries, salted walnuts, feta cheese and balsamic vinaigrette

Hot Buffet

Self-service, buffet style lunch. Delivery, pick-up, tablecloths, plates, napkins, cups, utensils and serveware are included. Price listed is per person.

Baked Potato Bar \$7.00

Bakers, mixed green salad, chili, green onions, cheddar cheese, roasted mushrooms, crumbled thick bacon, sour cream, ranch dressing and butter

Add diced chicken breast..... \$2.00

Taco Bar \$9.50

Chili verde chicken, achiote roasted pork, roasted veggies, Mexican rice, refried beans, sour cream, cheddar cheese, cotija cheese, cilantro, red onions, sliced jalapeños, corn and flour tortillas

Substitute carne asada \$3.00

Chips and guacamole..... \$2.75

Classic Baked Chicken one piece (add \$2 for two pieces)..... \$8.50

BBQ or lemon pepper chicken, herb-roasted potatoes, seasoned vegetables, mixed green salad with balsamic vinaigrette and ranch dressing

BBQ Pulled Pork \$8.50

BBQ pulled pork, house-made Kaiser rolls, coleslaw, chips, sliced watermelon or assorted fruit