

# Week 1

All students receive the same breakfast and have a choice of the hot or cold lunch

Runs the weeks of 3/15, 4/19, and 5/17

|                   | Monday                               | Tuesday                                 | Wednesday                    | Thursday                           | Friday                                   |
|-------------------|--------------------------------------|---|------------------------------|------------------------------------|--|
| <b>BREAKFAST</b>  | Apple Frudel                         | Sausage, Egg & Cheese on English Muffin | Whole Grain Cinnamon Roll    | Breakfast Pizza                    | Dunkin Sticks                            |
|                   | Diced Peaches                        |   |                              | Hashbrown                          | Fruit Cocktail                           |
|                   | 100% Fruit Juice (Orange Tangerine)  | Fresh Apple Slices                      | Orange Wedges                | Crisp Apple Slices                 | 100% Fruit Juice (Fruit Punch)           |
|                   |                                      | 100% Fruit Juice (Grape)                | 100% Fruit Juice (Apple)     | 100% Fruit Juice (Strawberry Kiwi) |  |
|                   | White Milk                           | White Milk                              | White Milk                   | White Milk                         | White Milk                               |
| <b>HOT LUNCH</b>  | Chicken Nuggets                      | Cheeseburger on Bun                     | Mini Ham & Cheese Sandwiches | Diced Turkey w/Gravy               | Cheese Pizza Crunchers with Marinara Cup |
|                   | Garlic Breadstick                    | Sweet Potato Fries                      |                              | Mashed Potatoes                    |  |
|                   | Emoticon Potatoes                    | Corn on the Cob                         | Oven Fries                   | Dinner Roll                        | Cucumber Coins & Broccoli Buds w/Ranch   |
|                   | Baby Carrots w/Ranch                 | Applesauce Cup                          | Celery Sticks w/Ranch        | California Blend Veggies           |  |
|                   | Orange Wedges                        | Milk                                    | Fresh Apple Slices           | Red Grapes                         | Pineapple Chunks                         |
|                   | Milk                                 |   | Milk                         | Milk                               | Milk                                     |
| <b>COLD LUNCH</b> | <b>Yogurt Box Lunch</b>              | <b>Beef Nacho Box</b>                   | <b>Make Your Own Pizza</b>   | Turkey & Cheese on Pretzel Bun     |  |
|                   | Yogurt                               | Beef Taco Meat                          | Mini Pizza Rounds            | Baby Carrots w/Ranch               |  |
|                   | Cheese Stick                         | Cheese Pouch                            | Mozzarella Cheese            | Cherry Tomatoes                    |  |
|                   | Crunchmania                          | Tortilla Chips                          | Pepperoni                    | Red Grapes                         |  |
|                   | Broccoli Buds & Baby Carrots w/Ranch | Salsa Cup                               | Pizza Sauce Cup              | Mayo, Mustard                      |  |
|                   |                                      | Baby Carrots w/Ranch                    | Celery Sticks w/Ranch        | Milk                               |  |
|                   | Orange Wedges                        | Applesauce Cup                          | Apple Slices                 |                                    |  |
| Milk              | Milk                                 | Milk                                    |                              |                                    |  |

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# Week 2

All students receive the same breakfast and have a choice of the hot or cold lunch

Runs the weeks of 3/22, 4/26, and 5.24

|                       | Monday                                  | Tuesday                                       | Wednesday                                    | Thursday                                     | Friday  |
|-----------------------|---|---|--|--|---|
| <b>BREAKFAST</b>      | Whole Grain<br>Confetti Pancakes        | Zucchini Bread<br>Orange Wedges               | Strawberry Cream<br>Cheese Mini Bagels       | Mini Orange Loaf<br>Apple Jacks Cereal Pouch | Mini Blueberry Pancakes<br>Fruit Cocktail           |
|                       | Diced Peaches                           | 100% Fruit Juice<br>(Grape)<br>White Milk     | Applesauce Cup                               | Apple Slices                                 | 100% Fruit Juice<br>(Strawberry Kiwi)<br>White Milk |
|                       | 100% Fruit Juice<br>(Orange Tangerine)  |   | 100% Fruit Juice<br>(Apple)                  | 100% Fruit Juice<br>(Fruit Punch)            |   |
|                       | White Milk                              |   | White Milk                                   | White Milk                                   |   |
|                       | <b>HOT LUNCH</b>                        | Cherry Blossom <b>OR</b><br>Tangerine Chicken | Beef Hotdog on Bun<br>Oven Fries             | Beef Mostaccioli<br>French Bread             | Italian Chicken<br>Mashed Potatoes w/<br>Gravy      |
| "Fried" Rice          |   | Baked Beans                                   | Fresh Broccoli Buds &<br>Cauliflower w/Ranch | Dinner Roll                                  |   |
| Oriental Vegetables   |   | Banana  |  | Green Beans                                  | Pineapple Chunks                                    |
| Carrot Sticks w/Ranch |   | Whole Grain Cookie                            | Diced Peaches                                | Grapes                                       | Milk  |
| Diced Pears           |   | Milk  | Milk   | Milk   |   |
| Milk                  |   |   |  |  |   |
| <b>COLD LUNCH</b>     |   | <b>Yogurt Box Lunch</b>                       | <b>Beef Nacho Box</b>                        | <b>Make Your Own Pizza</b>                   | Turkey & Cheese on<br>Pretzel Bun                   |
|                       | Yogurt                                  | Beef Taco Meat                                | Mini Pizza Rounds                            | Baby Carrots w/Ranch                         |   |
|                       | Cheese Stick                            | Cheese Pouch                                  | Mozzarella Cheese                            | Cherry Tomatoes                              |   |
|                       | Crunchmania                             | Tortilla Chips                                | Pepperoni                                    | Red Grapes                                   |   |
|                       | Broccoli Buds &<br>Baby Carrots w/Ranch | Salsa Cup                                     | Pizza Sauce Cup                              | Mayo, Mustard                                |   |
|                       |   | Baby Carrots w/Ranch                          | Broccoli Buds &<br>Cauliflower w/Ranch       | Milk   |   |
|                       | Diced Pears                             | Banana  | Diced Peaches                                |  |   |
|                       | Milk                                    | Milk  | Milk   |  |   |

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# Week 3

All students receive the same breakfast and have a choice of the hot or cold lunch

Runs the weeks of 3/1, 4/5, 5/3, and 5/31

|                   | Monday                               | Tuesday                                 | Wednesday                                       | Thursday                           | Friday                                 |
|-------------------|--------------------------------------|---|---|------------------------------------|--|
| <b>BREAKFAST</b>  | Mini Cinnis                          | Sausage, Egg & Cheese on English Muffin | Banana Elfin Loaf                               | Breakfast Pizza                    | Strawberry Whole Grain Poptarts        |
|                   | Diced Peaches                        |   | Yogurt Parfait with Strawberries                | Hashbrown                          |  |
|                   | 100% Fruit Juice (Orange Tangerine)  | Fresh Apple Slices                      | 100% Fruit Juice (Apple)                        | Applesauce Cup                     | Fruit Cocktail                         |
|                   | White Milk                           | 100% Fruit Juice (Grape)                |   | 100% Fruit Juice (Strawberry Kiwi) | 100% Fruit Juice (Fruit Punch)         |
|                   |                                      | White Milk                              | White Milk                                      | White Milk                         | White Milk                             |
| <b>HOT LUNCH</b>  | Boneless Chicken Wings               | Bosco Sticks (2) with Marinara          | Chicken & Green Chile Quesadilla w/Salsa Cup    | Oven Fried Chicken                 | Mac & Cheese                           |
|                   | Garlic Breadstick                    |   | Fresh Red Pepper Sticks & Celery Sticks w/Ranch | Dinner Roll                        | Cucumber Slices & Baby Carrots w/Ranch |
|                   | Waffle Sweet Potato Fries            | Potato Spudsters                        | Fresh Red Pepper Sticks & Celery Sticks w/Ranch | Mashed Potatoes                    | Diced Peaches                          |
|                   | Steamed Corn                         | Orange Basil Carrots                    |   | Steamed Broccoli                   | Milk                                   |
|                   | Applesauce Cup                       | Orange Wedges                           | Fresh Apple Slices                              | Grapes                             |  |
|                   | Milk                                 | Milk                                    | Milk  |                                    |  |
| <b>COLD LUNCH</b> | <b>Yogurt Box Lunch</b>              | <b>Beef Nacho Box</b>                   | <b>Make Your Own Pizza</b>                      | Turkey & Cheese on Pretzel Bun     |  |
|                   | Yogurt                               | Beef Taco Meat                          | Mini Pizza Rounds                               | Baby Carrots w/Ranch               |  |
|                   | Cheese Stick                         | Cheese Cup                              | Mozzarella Cheese                               | Cherry Tomatoes                    |  |
|                   | Crunchmania                          | Tortilla Chips                          | Pepperoni                                       | Red Grapes                         |  |
|                   | Broccoli Buds & Baby Carrots w/Ranch | Salsa Cup                               | Pizza Sauce Cup                                 | Mayo, Mustard                      |  |
|                   | Orange Wedges                        | Baby Carrots w/Ranch                    | Celery Sticks w/Ranch                           | Milk                               |  |
|                   | Milk                                 | Orange Wedges                           | Apple Slices                                    |                                    |  |
|                   | Milk                                 | Milk                                    |   |                                    |  |

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# Week 4

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Runs the weeks of 3/8, 4/12, 5/10

|                   | Monday                                  | Tuesday                                    | Wednesday                            | Thursday                              | Friday                              |
|-------------------|---|--|--------------------------------------|---------------------------------------|-------------------------------------|
| <b>BREAKFAST</b>  | Blueberry Elfin Loaf                    | Whole Grain Apple<br>Cinnamon French Toast | Strawberry Cream<br>Cheese Bagelfuls | Breakfast Pizza                       | Whole Grain<br>Cinnamon Bun         |
|                   | Cereal                                  |  |                                      | Hashbrown                             |                                     |
|                   | Diced Peaches                           | Crisp Apple Slices                         | Banana                               | Applesauce Cup                        | Diced Pears                         |
|                   | 100% Fruit Juice<br>(Orange Tangerine)  | 100% Fruit Juice<br>(Grape)                | 100% Fruit Juice<br>(Apple)          | 100% Fruit Juice<br>(Strawberry Kiwi) | 100% Fruit Juice<br>(Fruit Punch)   |
|                   | White Milk                              | White Milk                                 | White Milk                           | White Milk                            | White Milk                          |
| <b>HOT LUNCH</b>  | <b>Beef Nacho Box</b>                   | Breaded Chicken Patty<br>on Hamburger Bun  | Beefy Spaghetti                      | Chicken Fried Steak                   | Cheese <b>OR</b><br>Pepperoni Pizza |
|                   | Beef Taco Meat                          |  | Garlic Breadstick                    | Dinner Roll                           |                                     |
|                   | Cheese Pouch/Cup                        | Tator Tots                                 | Green Beans                          | Mashed Potatoes<br>with Gravy         | Garden Salad w/Ranch                |
|                   | Tortilla Chips                          | Steamed Corn                               | Garden Salad w/Ranch                 |                                       | Carrots Sticks                      |
|                   | Salsa Cup                               | Fruit Cocktail                             | Fresh Apple Slices                   | Steamed Broccoli                      | Pineapple Chunks                    |
|                   | Baby Carrots w/Ranch                    | Milk                                       | Milk                                 | Grapes                                | Milk                                |
|                   | Fresh Apple Slices                      |  |                                      | Milk                                  |                                     |
|                   | Milk                                    |  |                                      |                                       |                                     |
| <b>COLD LUNCH</b> | <b>Yogurt Box Lunch</b>                 | <b>Chicken Nacho Box</b>                   | <b>Make Your Own Pizza</b>           | Turkey & Cheese on<br>Pretzel Bun     |                                     |
|                   | Yogurt                                  | Diced Chicken                              | Mini Pizza Rounds                    | Baby Carrots w/Ranch                  |                                     |
|                   | Cheese Stick                            | Cheese Pouch                               | Mozzarella Cheese                    | Cherry Tomatoes                       |                                     |
|                   | Crunchmania                             | Tortilla Chips                             | Pepperoni                            | Red Grapes                            |                                     |
|                   | Broccoli Buds &<br>Baby Carrots w/Ranch | Salsa Cup                                  | Pizza Sauce Cup                      | Mayo, Mustard                         |                                     |
|                   | Fresh Apple Slices                      | Baby Carrots w/Ranch                       | Garden Salad w/Ranch                 | Milk                                  |                                     |
|                   | Milk                                    | Fruit Cocktail                             | Apple Slices                         |                                       |                                     |
|                   | Milk                                    | Milk                                       |                                      |                                       |                                     |

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