



GENESEO School District #228



Meal Storage and Heating Instructions

We hope you enjoy your meals! Please take a few moments to read the information below regarding storage and preparation of your meals.

All foods requiring refrigeration need to be kept at a temperature of 40°F or below. Shelf-stable items should be stored at a temperature of 85°F or below.

All Fresh Milk & Juices -

Refrigeration required.
Consume by the "Best By" date located on the product.

***NOTE:** Some Milks may be Frozen and will need to be thawed in refrigerator and shake before drinking.*

All Cereals, Crackers, Chips

Shelf-stable. No refrigeration required. Consume by the "Best By" date located on the product.

Grain-Based Breakfast Pastries (e.g.: Donuts, Muffin, Cinnamon Roll, etc)

- Previously frozen product. Shelf-stable, but consume within 5 days.

Lunch Items that require heating (e.g.: Hamburgers, Chicken, Pizza, etc) – Store in refrigeration until ready to heat & consume. Store in refrigerator no longer than 5 days. Heat up following the heating instructions on this form below, and consume within two hours.

Cold Sandwiches (e.g.: PBJ, Deli Sandwich, etc) – Refrigeration required. Previously frozen product. Consume the same day.

Fresh Whole Fruit –

Refrigeration recommended, but not required.

All Shelf-Stable Fruit - (e.g.:

Applesauce cups, Raisins, etc) - Shelf-stable. No refrigeration required. Consume by the "Best By" date located on the product.

- Fresh Processed/Bagged Fruit & Vegetables as well as cold fruit cups –

Refrigeration required. Consume by the "Best By" date located on the product.

String Cheese -

Refrigeration required.
Consume within 5 days.

Sidekicks – This is a frozen slushy product. Keep frozen until ready to consume. Let thaw partially when ready to eat to make spooning easier.

***Check the website for Updates & potential additional items *** <https://dist228foodservice.com/>



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HEATING INSTRUCTIONS

A) If item has heating instructions on packaging, follow the manufacturer's recommended heating instructions on package.

B) If item does not have heating instructions on the packaging, remove from package and follow these instructions to safely heat:

***Please note: Since the type of products vary, and all microwaves and ovens vary in power, all cooking times are approximate and may need to be adjusted.**

MICROWAVE, FROM FROZEN:

1. Open one end of item's wrapper (remove item from wrapper if it is not printed & from manufacturer).
2. Microwave on HIGH for 90 seconds.
3. Product is ready to consume when an internal temperature of at least 165°F degrees is reached.
4. If product has not reached an internal temperature of at least 165°F, continue to reheat on HIGH in 30 second intervals until minimum internal temperature of 165°F is reached.
5. Remove item from microwave, remove from wrapper if still in one, and let sit for one minute before consuming.
6. Consume within 2 hours.

***CAUTION: Product will be hot. Consume with caution.**

MICROWAVE, FROM THAWED:

1. Open one end of item's wrapper (remove item from wrapper if it is not printed & from manufacturer).
2. Microwave on HIGH for 45 seconds.
3. Product is ready to consume when an internal temperature of at least 165°F degrees is reached.
4. If product has not reached an internal temperature of at least 165°F, continue to reheat on HIGH in 15-20 second intervals until minimum internal temperature of 165°F is reached.
5. Remove item from microwave, remove from wrapper if still in one, and let sit for one minute before consuming.
6. Consume within 2 hours.

***CAUTION: Product will be hot. Consume with caution.**

OVEN, FROM FROZEN:

1. Remove product from wrapper.
2. Heat oven to 350°F.
3. Place product on baking sheet, and cook in the oven for 30-35 minutes.
4. Product is ready to consume when an internal temperature of at least 165°F degrees is reached.
5. If product has not reached an internal temperature of at least 165°F, continue to cook in oven, checking every 5-10 minutes until minimum internal temperature of 165°F is reached.
6. Remove item from oven, and let sit for 5-10 minutes before consuming.
7. Consume within 2 hours.

***CAUTION: Product will be hot. Consume with caution.**

OVEN, FROM THAWED:

1. Remove product from wrapper.
2. Heat oven to 350°F.
3. Place product on baking sheet, and cook in the oven for 20-25 minutes.
4. Product is ready to consume when an internal temperature of at least 165°F degrees is reached.
5. If product has not reached an internal temperature of at least 165°F, continue to cook in oven, checking every 5-10 minutes until minimum internal temperature of 165°F is reached.
6. Remove item from oven, and let sit for 5-10 minutes before consuming.
7. Consume within 2 hours.

***CAUTION: Product will be hot. Consume with caution.**

Wild Mikes Breakfast Pizza:

Preheat oven to 325 degrees. Place pizza on baking sheet.

(Can be baked in the wrapper)

From Frozen: Bake 13-15 minutes

From Thawed: Bake 11-13 minutes

Due to oven variances, times and temperatures may require adjustments.