

Community Schools of Frankfort Breakfast Parent Letter

FREE BREAKFAST AT ALL SCHOOLS!

Mornings can be really crazy...the alarm doesn't go off...the kids don't want to get up...there's no time to eat breakfast before the bus comes...or they're just not ready to eat.

Breakfast is offered at each school. School breakfast will give your child a healthy start to the day. A nutritious breakfast helps students be more alert so they can learn more in class. Breakfast has vitamins and nutrients for a strong and healthy body.

Help your child start the day off right with a **FREE** breakfast!

Breakfast times at each school:

High School	7:00-7:25 (Tues., Weds. and Thurs.) 7-8:15 (Monday and Friday)
Middle School	8:00-8:25
Blue Ridge	7:45-8:00
Green Meadows	7:45-8:00
Suncrest	7:55-8:15 (Breakfast in the Classroom)

This institution is an equal opportunity provider.