



*Supervisor: Paige Albrecht..... 651-982-8395*  
*Food Service Specialist: Lori Firkus ..... 651-982-8393*  
*Administrative Assistant: Judy Liebsch..... 651-982-8396*  
*Tech Specialist: Sue Cerwinske..... 651-982-8394*

TO: Parent(s) / Guardians

FROM: Paige Albrecht

RE: Special Dietary Needs

Forest Lake ISD participates in the National School Meal Program (NSMP). Breakfast and lunch is available at all district schools. All meals served are required to comply with federal and state statutes and USDA regulations.

NSMP program rules do not allow substituting milk with another beverage such as juice or soy or rice based beverages that are not nutritionally equivalent to cow's milk, For students that are lactose intolerant or have a milk allergy, lactose reduced milk is available upon receiving a written request from a parent and a "Special Diet Statement" is not required.

Menu substitutions for students with special dietary needs other than lactose reduced milk must have a "Special Diet Statement" form completed by a recognized medical authority and returned to the school's health office and food service office. Form is available at all district school health offices and food service office. They are also available through the Forest Lake School Food Service website. To download the form go to: <http://forestlakeschoolfs.com>, scroll down to the "Special Diet Statement Request Form" link. This form needs to be completed by your student's physician.

The Forest Lake ISD food service department will utilize current resources available in order to accommodate students with special dietary needs as prescribed by a licensed physician.

For further questions and/or concerns regarding special dietary needs, you may contact the school nurse or Paige Albrecht.

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