Sample ISD Student Wellness & Health Services Policy/ Local Wellness Policy Assessment

This is a survey with reference to the Sample ISD Student Wellness & Health Services Policy.

The District shall support the general wellness of all students by implementing measurable goals to promote sound nutrition and student health and to reduce childhood obesity.

Click the following link to access the Sample ISD Student Wellness & Health Services Policy/Local Wellness Policy: *Insert link here*

The District along with the local school health advisory council (SHAC), shall review and consider evidence-based strategies and techniques and shall develop nutrition guidelines and wellness goals as required by law. In the development, implementation, and review of these guidelines and goals, the SHAC shall permit participation by parents, students, representatives of the District's food service provider, physical education teachers, school health professionals, members of the board, school administrators, and member of the public.

The District shall ensure that nutrition guidelines for reimbursable school meals shall be at least as restrictive as federal regulations and guidance and that all foods available on each campus are in accordance with the USDA Federal Guidelines for Smart Snack and competitive foods. As part of meeting policy wellness goals; nutrition education shall coordinate the promotion of nutrition messages in the cafeteria, the classroom, and other appropriate settings.

As part of the Policy Implementation goal, each participant needs to answer the following assessment:

Name:



Your answer

Email address:



Your answer

Please select your campus:

*Campus List*

Please indicate your job title:



Are you familiar with the Sample ISD Student Wellness & Health Services policy?

Yes

No

Have you introduced the local wellness policy to your campus staff? \*

Yes

No

The district shall comply with nutrition guidelines that advance student health and reduce childhood obesity and shall promote the general wellness of all students through nutrition education, physical activities and other school-based activities.

Section: Wellness

Yes

No

The District shall develop nutrition guidelines and wellness goals in conjunction with the school health advisory council with representatives from the board, student body, parents, school administration, child nutrition department, athletic department and the public.

Section: Development and Implementation

Yes

No

The District shall ensure that nutrition guidelines for reimbursable school meals shall be at least as restrictive as federal regulations.

Section: Nutrition Guidelines and Goals

Yes

No

The District will ensure that all foods and beverages sold or marketed to students during the school day adhere to all federal regulations and guidelines including USDA Smart Snacks in School.

Section: Nutrition Guidelines and Goals

Yes

No

Sufficient time shall be allowed for students to eat meals in lunchroom facilities that are clean, safe, and comfortable.

Section: Nutrition Guidelines and Goals

Yes

No

The District shall implement, in accordance with the law, coordinated health program with a nutrition education component and shall use health course curriculum that emphasizes the importance of proper nutrition.

Section: Wellness Goals/Nutrition Education

Yes

No

Students shall receive nutrition education that fosters the adoption and maintenance of healthy eating behaviors.

Section: Wellness Goals/Nutrition Education

Yes

No

The child nutrition department staff, and other school personnel shall coordinate the promotion of nutrition messages in the cafeteria and other appropriate settings.

Section: Wellness Goals/Nutrition Education

Yes

No

Educational nutrition information shall be shared with families and the general public to positively influence the health of students and community members.

Section: Wellness Goals/Nutrition Education

Yes

No

The District shall implement, in accordance with the law, coordinated health program with a physical education and physical activity component and shall offer at least the required amount of physical activities for all grades. Section: Physical Activity

Yes

No

The District shall provide an environment that fosters safe, enjoyable and developmentally appropriate fitness activities for all students who participate in physical education, band, cheer, dance and ROTC.

Section: Physical Activity

Yes

No

The District shall provide appropriate staff development and encourage teachers to integrate physical activity into the academic curriculum where appropriate.

Section: Physical Activity

Yes

No

The District shall encourage students, parents, staff and community members to use the District's recreational facilities, that are available outside of the school day.

Section: Physical Activity

Yes

No

The District shall promote wellness for students and their families at suitable District and campus activities.

Section: Physical Activity

Yes

No

Employee wellness education and involvement shall be promoted at suitable school activities.

Section: Employee Wellness

Yes

No

Each campus principal or designee along with the Director of Health Services in conjunction with the Child Nutrition Department administrators will be responsible for the overall implementation of the Local Wellness Policy.

Section: Implementation

Yes

No

Comments:

Your Answer

Thank you for taking the time to complete this assessment!

One of our goals is to share the message of nutrition and wellness via our department's Web site that emphasizes the importance of nutrition AND fitness. Our site provides information on the nutrition and fitness for teachers, parents, and students, as well as, a variety of learning tools.

SUBMIT