



DISTRICT WELLNESS COMMITTEE

10/08/2020

Welcome by Matt

AGENDA

- Welcome & Introductions
- Grant Updates
 - Student Wellness
 - CDC Student Wellness
- Nutrition Services Update
- Review Wellness Policy

INTRODUCTIONS

- Name
- Relation to the district Wellness Committee



Intros

Katie – Nutrition services director

Matt – assistant principal, student wellness coordinator

Marissa - district nurse

Nicole – site supervisor

Cierra – Dietetic intern

Heather – PE at bishop

Jason –

Kelly – PE teacher at Charles Hay (e-learning PE this year)

Pat – PE at Charles Hay

Kelsey – PE at Clayton

Madison – Social worker at bishop

Samantha – Tri-county department, coordinator

Clarice – Family community liaison

Also on but didn't introduce: Ryan, Gary, Belinda, Steve Livingston

STUDENT WELLNESS GRANT

MATT HOGANSON

Updates on purchases

- Signage for Flat 14ers at Charles Hay
 - Sensory Path at Cherrlyn
 - Additional DrumFit Kit for Clayton
- Customized Packages for Finest and TEC to support Mental Health teams

Additional Funds for Mini-Grants are available this year that have rolled over from 2019-2020

Recap on ways we can use funds and things that have been purchased thus far

Last year, shift to mental health focus

Have rollover funds from last year (let us know if you need anything/have any ideas- be creative)

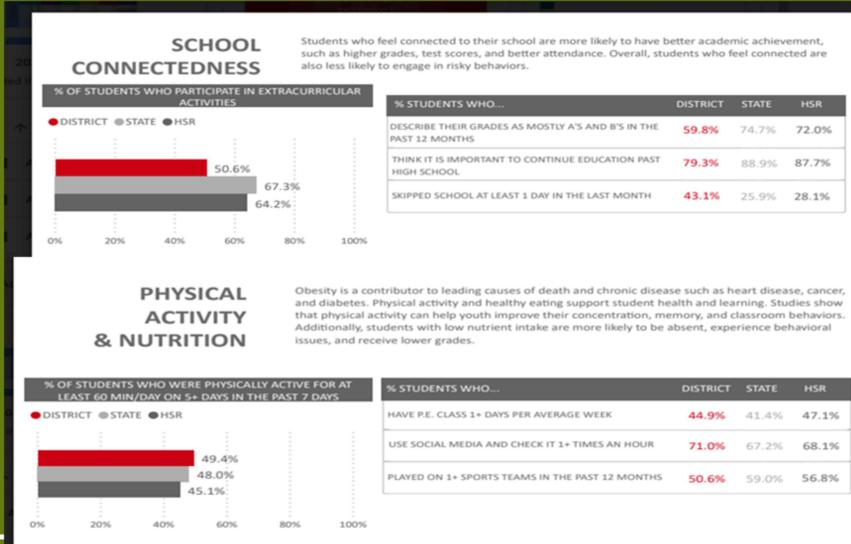
Ensure all Englewood students have access to opportunities for 60 minutes of physical activity every day.

We will accomplish this by continuing to find creative ways to incorporate extra opportunities for movement at our schools and through our E-Learning program.

Need to create goals each year

- Just have one clear, concrete goal this year: above
- High amounts of device usage
- Want to at least provide opportunity for movement
- Fun creative ideas in place so far

Rationale for focusing on physical activity



Our district is behind the state in student's connectedness to school and physical activity

E-LEARNING PHYSICAL ACTIVITY STUDENT SURVEY

<https://docs.google.com/forms/d/1oRKBfjVA9gwVMmq2IUQyO6u6OQxbWSEfh7dfnoe5gFQ/edit?gxids=7757#responses>

Physical Activity Survey (went to K-6)

60% of students not in organized activities

~90% students spend more than an hour on devices unrelated to schoolwork

More data on link/survey

CDC WELLNESS GRANT

KATIE COSSETTE

All funds from last year were used

Plans for this year are:...

2020-2021 GOALS

“VALUE OF A SCHOOL LUNCH” CAMPAIGN

- Dietetic Interns and LiveWell Colorado designing the campaign platform
- Different aspects of value to be covered:
 - Price
 - Time
 - Quality
 - Local/Quality

NUTRITION SERVICES TRAINING

- Ongoing professional development for kitchen employees provided by Director and Dietetic Interns.
- “Mini grants” to attend conferences.
 - Confirmed as virtual conference
- Director attended CSNA Industry Conference
 - Received a scholarship to attend virtual conference at no cost.
 - Takeaways:
 - Social emotional health for staff & students during COVID
 - New products or resources available through COVID
 - Federal funding updates

Value of School Lunch is to help parents/students connect to school lunch (progress that has been made, different aspects of value)

Further training/conferences will be offered to also help nutrition services staff to connect to peers, gain new ideas, focus on their health




USFA Perspective

- GET LOUD! USDA can extend our waivers NOW...let's tell them not to wait until December/January.
- We will need to fight to keep our programs.
- Participation is down and slow to rebound.
- Technology Budget will need to expand.
- Impact on Nutritional Quality.
- PPE/Touchless as a new normal.
- Privatization of Public Schools will likely increase.
- We must be better prepared in the future- local and nationally.
- Opportunity to relook at supply chain and improve efficiencies.
- Opportunity to Innovate.



Two key school nutrition bills have been introduced and we need your help to raise awareness and support! Safe and consistent student access to school meals this fall continues to be threatened by unprecedented challenges caused by the COVID-19 pandemic. Please take a few minutes to sign SNA's prepopulated letter to your legislators urging them to support these bills. Ever message makes a difference!

- **The Pandemic Child Hunger Prevention Act**, introduced by House Committee on Education and Labor Chairman Robert C. "Bobby" Scott (VA-03), would guarantee every child has safe access to healthy school meals during SY 2020-21. With a multitude of families newly-eligible for free and reduced-price meals, offering meals to all students at no charge spares overburdened schools the massive task of distributing and processing meal applications and reduces the stigma for children who depend on free meals. **TAKE ACTION!**
- **H.R. 7764, The Child Nutrition Relief Act of 2020**, introduced by U.S. Rep. Nydia Velázquez (NY-7) and Sen. Catherine Cortez Masto (NV) would allow USDA to extend all COVID-19 school feeding waivers through June 30, 2021. Extending these waivers will allow school meal programs to seamlessly continue grab-and-go meal pick up for distance learners, serve meals to students in the classroom or adjust meal service in the event of a sudden COVID-19 school closure. **TAKE ACTION!**

Read more about these bills and SNA's support of these measures in [SNA's press release](#).

<https://schoolnutrition.org/news-publications/news/2020/take-action-we-need-your-voice/>

COVID-19 FUNDING BILLS

- **HR 6074**:(Passed March 4) \$8.3 Billion
- **HR 6201**:(Passed March 18) \$100 Billion
- **HR 748**:(Passed March 27) \$2.2 Trillion, **\$9 Billion for CN**
- **HR 266**: (April 23) \$484 Billion
- **HR 6800, HEROES Act**: (Passed House May 15) \$3 Trillion, **\$3 Billion for CN**
- **HR 8337**(Passed House September 22): **Waiver extensions through SY2020-21 and funding as needed.**

*Senate Vote expected Wednesday, September 30th

Take aways from recent conference
 - Many funding bills



Free meals through December

New logo

40,084 Grab & Go meals from March – August 2020

Questions:

- Has participation changed because meals are free? Approximately 30%
- Are parents not applying for free/reduced because all food is free? Much effort has been placed from Nutrition Services Secretary to call, email and mail families. More families, we are finding, are no longer eligible.
- How can we help grab & go lunches increase? Re-releasing survey.

REVIEW WELLNESS POLICY

Time given to review wellness policy. No changes made at this time.



Invite is on the website and reminder will be sent prior to next meeting.

Question on how survey response was going to be used.