

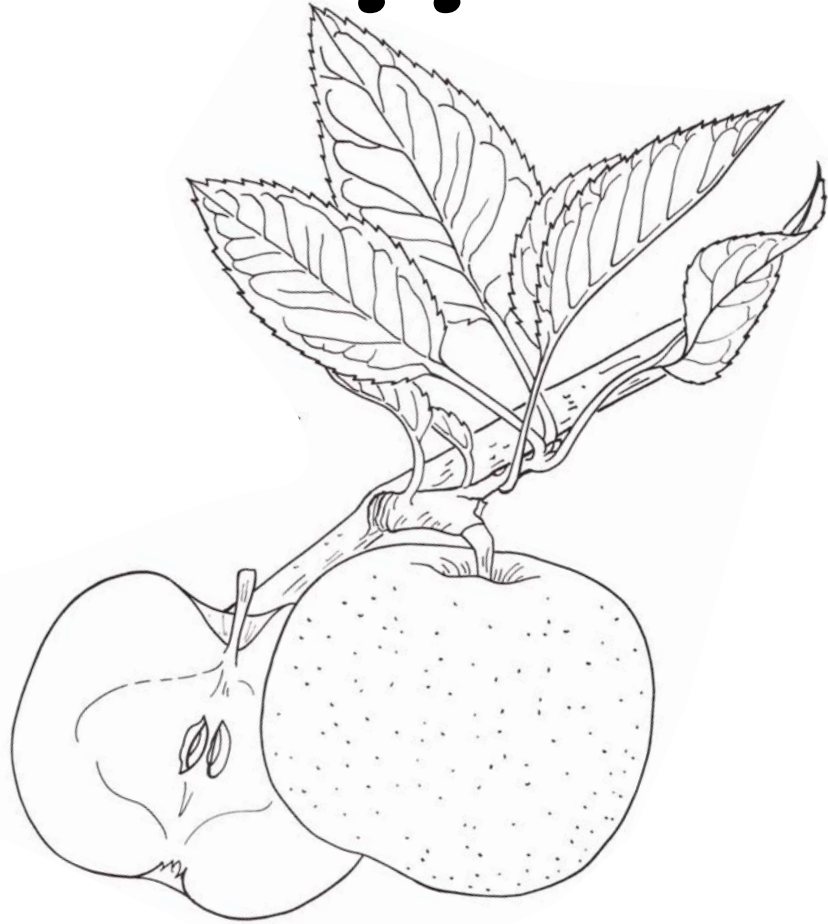
November - Apples

Apples are available for harvest in the fall.

There are over 7500 known cultivars of apples.

Apples need cross-pollination to develop fruit.

Cross-pollination occurs when pollen is delivered to a flower from a different plant. This is often done by bees.



An apple is crisp and

juicy.

Practice writing the word apple.

apple

Physical Activity is Fun!

It is important for kids to be physically active for at least 60 minutes every day. Regular physical activity gives you more energy, helps build healthy bones and muscles, and makes you feel great! There are many fun ways to be physically active. What is your favorite way to be physically active?

Look at the pictures below and fill in the beginning sound. Then, circle all of the different pictures that represent the physical activities you enjoy and will participate in during the school year.



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