



YMCA AFTERSCHOOL CARE SEPTEMBER MENU



This institution is an equal opportunity provider. Menus are subject to change.


Snack

Monday	Tuesday	Wednesday	Thursday	Friday
Dick & Jane Educational Cookies 100% Fruit Juice (6oz)	Baked Chips Applesauce Pouch Water	Pop-Tart & String Cheese Combo Water	Cheez-It Crackers Applesauce Pouch Water	Cookie Bites 100% Fruit Juice (6oz)

Weekly Cycle September 6th – October 1st

Snack Schools: Center Hill Elementary, Hernando Elementary, Hernando Hills Elementary, Oak Grove Central, DeSoto Central Primary, DeSoto Central Elementary, Pleasant Hill Elementary, Lewisburg Primary, Lewisburg Elementary, Lewisburg Intermediate

Super Snack

Monday	Tuesday	Wednesday	Thursday	Friday
6 	7 Grilled Chicken Wrap ^(WG) Chips & Salsa Chilled Fruit Assorted Skim Milk	8 Sunbutter Sandwich ^(WG) & String Cheese 100% Vegetable Juice Chilled Fruit Assorted Skim Milk	9 Pizza Munchable ^(WG) Chips & Salsa Chilled Fruit Assorted Skim Milk	10 Cereal ^(WG) & Yogurt 100% Vegetable Juice Chilled Fruit Assorted Skim Milk
13 Chicken Sandwich ^(WG) Chips & Salsa Chilled Fruit Assorted Skim Milk	14 Turkey Ranch Wrap ^(WG) Chips & Salsa Chilled Fruit Assorted Skim Milk	15 Cheeseburger ^(WG) 100% Vegetable Juice Chilled Fruit Assorted Skim Milk	16 Pizza Munchable ^(WG) Chips & Salsa Chilled Fruit Assorted Skim Milk	17 Cereal ^(WG) & Yogurt 100% Vegetable Juice Chilled Fruit Assorted Skim Milk
20 Cheeseburger ^(WG) 100% Vegetable Juice Chilled Fruit Assorted Skim Milk	21 Grilled Chicken Wrap ^(WG) Chips & Salsa Chilled Fruit Assorted Skim Milk	22 Sunbutter Sandwich ^(WG) & String Cheese 100% Vegetable Juice Chilled Fruit Assorted Skim Milk	23 Pizza Munchable ^(WG) Chips & Salsa Chilled Fruit Assorted Skim Milk	24 Cereal ^(WG) & Yogurt 100% Vegetable Juice Chilled Fruit Assorted Skim Milk
27 Chicken Sandwich ^(WG) Chips & Salsa Chilled Fruit Assorted Skim Milk	28 Turkey Ranch Wrap ^(WG) Chips & Salsa Chilled Fruit Assorted Skim Milk	29 Cheeseburger ^(WG) 100% Vegetable Juice Chilled Fruit Assorted Skim Milk	30 Pizza Munchable ^(WG) Chips & Salsa Chilled Fruit Assorted Skim Milk	1 Cereal ^(WG) & Yogurt 100% Vegetable Juice Chilled Fruit Assorted Skim Milk

Super Snack Schools: Horn Lake Elementary, Horn Lake Intermediate, Hope Sullivan Elementary, Shadow Oaks Elementary, Southaven Elementary, Southaven Intermediate, Greenbrook Elementary, Walls Elementary, Lake Cormorant Elementary, Chickasaw Elementary, Olive Branch Elementary, Olive Branch Intermediate, Overpark Elementary