

YMCA AFTERSCHOOL CARE

MARCH MENU

This institution is an equal opportunity provider. Menus are subject to change.

Snack				
Monday	Tuesday	Wednesday	Thursday	Friday
1 Cereal ^(WG) Assorted Skim Milk	2 Cheez-Itz ^(WG) 100% Fruit Juice	3 Mozz Cheese Stick Fruit Freeze Water	4 Fruit Yogurt 100% Fruit Juice	5 Zesty Salsa & Chips ^(WG) Water
8 Cereal ^(WG) Assorted Skim Milk	9 Cheez-Itz ^(WG) 100% Fruit Juice	10 Mozz Cheese Stick Fruit Freeze Water	11 Baked Chips ^(WG) 100% Fruit Juice	12 Breakfast Bread ^(WG) 100% Fruit Juice
SPRING BREAK				
22 Cereal ^(WG) Assorted Skim Milk	23 Baked Chips ^(WG) 100% Fruit Juice	24 Mozz Cheese Stick Applesauce Fruit Pouch Water	25 Fruit Yogurt 100% Fruit Juice	26 Zesty Salsa & Chips ^(WG) Water
29 Cereal ^(WG) Assorted Skim Milk	30 Cheez-Itz ^(WG) 100% Fruit Juice	31 Mozz Cheese Stick Fruit Freeze Water	1 Baked Chips ^(WG) 100% Fruit Juice	2 GOOD FRIDAY

Snack Schools: Center Hill Elementary, Hernando Elementary, Hernando Hills Elementary, Oak Grove Central, DeSoto Central Primary, DeSoto Central Elementary, Pleasant Hill Elementary, Lewisburg Primary, Lewisburg Elementary

Super Snack				
Monday	Tuesday	Wednesday	Thursday	Friday
1 Fruit & Yogurt Plate ^(WG) Carrot Sticks with Dip Assorted Skim Milk	2 Pizza Munchable ^(WG) Garden Salad Chilled Fruit Assorted Skim Milk	3 Sausage, Egg, and Cheese ^(WG) Carrot Sticks with Dip Chilled Fruit Assorted Skim Milk	4 Grilled Chicken Wrap ^(WG) Chips & Salsa Chilled Fruit Assorted Skim Milk	5 Cereal ^(WG) & Yogurt 100% Vegetable Juice Chilled Fruit Assorted Skim Milk
8 Fruit & Yogurt Plate ^(WG) Carrot Sticks with Dip Assorted Skim Milk	9 Pizza Munchable ^(WG) Garden Salad Chilled Fruit Assorted Skim Milk	10 Sausage, Egg, and Cheese ^(WG) Carrot Sticks with Dip Chilled Fruit Assorted Skim Milk	11 Grilled Chicken Wrap ^(WG) Chips & Salsa Chilled Fruit Assorted Skim Milk	12 Cereal ^(WG) & Yogurt 100% Vegetable Juice Chilled Fruit Assorted Skim Milk
SPRING BREAK				
22 Fruit & Yogurt Plate ^(WG) Carrot Sticks with Dip Assorted Skim Milk	23 Pizza Munchable ^(WG) Garden Salad Chilled Fruit Assorted Skim Milk	24 Cheeseburger ^(WG) Carrot Sticks with Dip Chilled Fruit Assorted Skim Milk	25 Hot Ham & Cheese ^(WG) Chips & Salsa Chilled Fruit Assorted Skim Milk	26 Cereal ^(WG) & Yogurt 100% Vegetable Juice Chilled Fruit Assorted Skim Milk
29 Fruit & Yogurt Plate ^(WG) Carrot Sticks with Dip Assorted Skim Milk	30 Pizza Munchable ^(WG) Garden Salad Chilled Fruit Assorted Skim Milk	31 Sausage, Egg, and Cheese ^(WG) Carrot Sticks with Dip Chilled Fruit Assorted Skim Milk	1 Cereal ^(WG) & Yogurt 100% Vegetable Juice Chilled Fruit Assorted Skim Milk	2 GOOD FRIDAY

Super Snack Schools: Horn Lake Elementary, Horn Lake Intermediate, Hope Sullivan Elementary, Shadow Oaks Elementary, Southaven Elementary, Southaven Intermediate, Greenbrook Elementary, Walls Elementary, Lake Cormorant Elementary, Chickasaw Elementary, Olive Branch Elementary, Olive Branch Intermediate, Overpark Elementary