



# YMCA AFTERSCHOOL CARE January Menu



This institution is an equal opportunity provider. Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>4</b> <b>NO SCHOOL</b>	<b>5</b> Baked Chips <sup>(WG)</sup> 100% Fruit Juice	<b>6</b> Mozz Cheese Stick Applesauce Fruit Pouch Water	<b>7</b> Fruit Yogurt 100% Fruit Juice	<b>8</b> Breakfast Bread <sup>(WG)</sup> 100% Fruit Juice
<b>11</b> Cereal <sup>(WG)</sup> Assorted Skim Milk	<b>12</b> Cheez-Itz <sup>(WG)</sup> 100% Fruit Juice	<b>13</b> Mozz Cheese Stick Fruit Freeze Water	<b>14</b> Baked Chips <sup>(WG)</sup> 100% Fruit Juice	<b>15</b> Zesty Salsa & Chips <sup>(WG)</sup> Water
<b>18</b> 	<b>19</b> Baked Chips <sup>(WG)</sup> 100% Fruit Juice	<b>20</b> Mozz Cheese Stick Applesauce Fruit Pouch Water	<b>21</b> Fruit Yogurt 100% Fruit Juice	<b>22</b> Breakfast Bread <sup>(WG)</sup> 100% Fruit Juice
<b>25</b> Cereal <sup>(WG)</sup> Assorted Skim Milk	<b>26</b> Cheez-Itz <sup>(WG)</sup> 100% Fruit Juice	<b>27</b> Mozz Cheese Stick Fruit Freeze Water	<b>28</b> Baked Chips <sup>(WG)</sup> 100% Fruit Juice	<b>29</b> Zesty Salsa & Chips <sup>(WG)</sup> Water

**Snack Schools:** Center Hill Elementary, Hernando Elementary, Hernando Hills Elementary, Oak Grove Central, DeSoto Central Primary, DeSoto Central Elementary, Pleasant Hill Elementary, Lewisburg Primary, Lewisburg Elementary

Super Snack				
Monday	Tuesday	Wednesday	Thursday	Friday
<b>4</b> <b>NO SCHOOL</b>	<b>5</b> Cheeseburger <sup>(WG)</sup> Tater Tots Chilled Fruit Assorted Skim Milk	<b>6</b> Chicken Tender Wrap <sup>(WG)</sup> Carrot Sticks with Dip Chilled Fruit Assorted Skim Milk	<b>7</b> Cheese Pizza <sup>(WG)</sup> Garden Salad Chilled Fruit Assorted Skim Milk	<b>8</b> Cereal <sup>(WG)</sup> & Yogurt 100% Vegetable Juice Chilled Fruit Assorted Skim Milk
<b>11</b> Sausage, Egg, and Cheese <sup>(WG)</sup> 100% Vegetable Juice Chilled Fruit Assorted Skim Milk	<b>12</b> Grilled Chicken Wrap <sup>(WG)</sup> Carrot Sticks with Dip Chilled Fruit Assorted Skim Milk	<b>13</b> Cheeseburger <sup>(WG)</sup> Tater Tots Chilled Fruit Assorted Skim Milk	<b>14</b> Cheese Pizza <sup>(WG)</sup> Garden Salad Chilled Fruit Assorted Skim Milk	<b>15</b> Pizza Munchable <sup>(WG)</sup> 100% Vegetable Juice Chilled Fruit Assorted Skim Milk
<b>18</b> 	<b>19</b> Cheeseburger <sup>(WG)</sup> Tater Tots Chilled Fruit Assorted Skim Milk	<b>20</b> Chicken Tender Wrap <sup>(WG)</sup> Carrot Sticks with Dip Chilled Fruit Assorted Skim Milk	<b>21</b> Cheese Pizza <sup>(WG)</sup> Garden Salad Chilled Fruit Assorted Skim Milk	<b>22</b> Cereal <sup>(WG)</sup> & Yogurt 100% Vegetable Juice Chilled Fruit Assorted Skim Milk
<b>18</b> Sausage, Egg, and Cheese <sup>(WG)</sup> 100% Vegetable Juice Chilled Fruit Assorted Skim Milk	<b>19</b> Grilled Chicken Wrap <sup>(WG)</sup> Carrot Sticks with Dip Chilled Fruit Assorted Skim Milk	<b>20</b> Beefy Tater Tachos Garlic Toast <sup>(WG)</sup> Chilled Fruit Assorted Skim Milk	<b>21</b> Cheese Pizza <sup>(WG)</sup> Garden Salad Chilled Fruit Assorted Skim Milk	<b>22</b> Pizza Munchable <sup>(WG)</sup> 100% Vegetable Juice Chilled Fruit Assorted Skim Milk

**Super Snack Schools:** Horn Lake Elementary, Horn Lake Intermediate, Hope Sullivan Elementary, Shadow Oaks Elementary, Southaven Elementary, Southaven Intermediate, Greenbrook Elementary, Walls Elementary, Lake Cormorant Elementary, Chickasaw Elementary, Olive Branch Elementary, Olive Branch Intermediate, Overpark Elementary