

# SECONDARY SCHOOL BREAKFAST MENU— HYBRID



## BREAKFAST



Monday	SUPER-Tuesday	Wednesday	Thursday	HAPPY-Friday
<p><b>Week 1</b></p> <p>Breakfast Bar(48)</p>	<p>Super Donut(23)</p>	<p>Assorted Cereals (23-25)w/String Cheese(1)</p>	<p>Breakfast Bar(48)</p>	<p>Super Doughnut (23)</p>
<p><b>Week 2</b></p> <p>Pan Dulce (34)</p>	<p>UBR Bar (43)</p>	<p>Assorted Cereals (23-25)w/String Cheese(1)</p>	<p>Pan Dulce (34)</p>	<p>UBR Bar (43)</p>
<p>Fresh Fruit</p> <p>Juice (Apple or Orange)</p>	<p>Fresh Fruit</p> <p>Juice (Apple or Orange)</p>	<p>Fresh Fruit</p> <p>Juice (Apple or Orange)</p>	<p>Fresh Fruit</p> <p>Juice (Apple or Orange)</p>	<p>Fresh Fruit</p> <p>Juice (Apple or Orange)</p>
Milk-Nonfat, 1% lowfat	Milk-Nonfat, 1% lowfat	Milk-Nonfat, 1% lowfat	Milk-Nonfat, 1% lowfat	Milk-Nonfat, 1% lowfat
<p>*Fresh and locally grown fruit is served whenever possible.</p>	<p>* Menu Subject to Change</p>	<p>* Carb Count()</p>	<p>1% milk (16)</p> <p>FatFree Choc (23)</p>	<p>ENJOY!!!!</p>