

# MENU PREK



## 2021

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
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6	7	8	9	10
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Cereal Fresh Fruit Milk	Mexican Bread 100% Fruit Juice Milk	Cereal Fresh Fruit 100% Fruit Juice	Silver Dollar Pancakes Fresh Fruit 100% Fruit Juice
PB & Jelly Sandwich small Gold Rush Fruitable Fresh Fruit	Twin Burger (package) Tasty Broccoli Crowns (#16 scoop) Fresh Fruit	Yum Yum Grilled Cheese (each) Chilly Beans (#16 scoop) Fresh Fruit	Cheese Pizza Super Power Salad Fresh Fruit

13	14	15	16	17
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Super Breakfast Ring Fresh Fruit Milk	French Toast (1 slice or 2 sticks) 100% Fruit Juice Milk	Baby Muffin 100% Fruit Juice Milk	Breakfast Bean Burrito 100% Fruit Juice Milk	ZeeZee Choco Cherry Bar 100% Fruit Juice Milk
Bean Burrito small Gold Rush Fruitable Fresh Fruit	Taco Nada Colonel Corn (#16 scoop) Fresh Fruit	Chicken Sandwich Savory Potato Wedges (1/4 cup) Fresh Fruit	Pasta w/Meatballs 8 scoop pasta, 2 meatballs, sauce to cove Green Beans (#16 scoop) Fresh Fruit	Cheese Pizza Green Leafy Salad Fresh Fruit

20	21	22	23	24
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Twin Bar Fresh Fruit Milk	Cereal 100% Fruit Juice Milk	Breakfast Pizza 100% Fruit Juice Milk	Cereal 100% Fruit Juice Milk	Whole Grain Pop Tart (single) 100% Fruit Juice Milk
PB & Jelly Sandwich small Gold Rush Fruitable Fresh Fruit	Chicken Nuggets (3 each) Savory Potato Wedges (1/4 cup) Fresh Fruit	Goey Grilled Cheese (each) Chilly Beans (#16 scoop) Fresh Fruit	Nachos Supreme (Elementary serving size) Chips Fresh Fruit	Cheese Pizza Super Power Salad Fresh Fruit

27	28	29	30	1
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Mexican Bread Fresh Fruit Milk	Mini Bagel with Cream Cheese 100% Fruit Juice Milk	Beef Sausage Biscuit 100% Fruit Juice Milk	Super Breakfast Ring 100% Fruit Juice Milk	Baby Muffin 100% Fruit Juice Milk
Bean Burrito small Gold Rush Fruitable Fresh Fruit	Macaroni and Cheese (#6 scoop) Tasty Broccoli Crowns (#16 scoop) Fresh Fruit	Hamburger Savory Potato Wedges (1/4 cup) Fresh Fruit	Lasagna Roll Up Mixed Vegetables (#16 scoop) Fresh Fruit	Cheese Pizza Super Power Salad Fresh Fruit

Menu subject to change without notice. All grain items are whole grain rich. Fresh fruits and vegetables served daily.