

# MEAL STORAGE & HEATING INSTRUCTIONS



Please visit the Nutrition Services Menus webpage for nutrition and allergen information.

**All foods requiring refrigeration need to be kept at a temperature of 40°F or below.  
Shelf stable items should be stored at a temperature of 70°F or below.**

## Milk & Juice

Enjoy milk and juice by the "Best By" date.

Refrigeration required.

## Fruits & Vegetables

Enjoy fresh fruits and vegetables by the "Best By" date or within 5-7 days.

## Shelf Stable

Enjoy by the "Best By" date located on the product.

No refrigeration required.

**Fruits:** Refrigeration recommended but not required. **Vegetables:** Refrigeration required.

## 3 to 5 DAYS

**Enjoy the following items by "Best By" date or within 3 to 5 days.**

**Refrigeration is not required:** [Apple Chewy Bar](#), [Benefit Bar](#), [Concha](#)

**Refrigeration required:** [Fruit Cups](#), [String Cheese](#), [Yogurt](#)

### Items that require heating:

Store in the refrigerator until ready to heat. Heat items following heating instructions below and consume within two (2) hours.

[BBQ Teriyaki Chicken](#) (350°F for 20 mins)

[Chili Nachos](#) (350°F for 20 mins)

[White Rice & Peas](#) (350°F for 15 mins)

[Chicken Fajitas](#) (400°F for 18 mins)

[Pancake Wrap](#) (350°F for 25 mins)

## FROZEN ENTREES

**Place frozen entrees in freezer and keep frozen until ready to enjoy.**

**Thaw & enjoy:** Place in refrigerator for 24 hours to thaw. [Anytimers Stackers](#), [Apple Chewy Bar](#), [Concha](#), [Frozen Fruit](#)

**Thaw & heat:** Place in refrigerator for 24 hours to thaw.

[Bean & Cheese Burrito](#) (300°F for 20 mins)

[Croissant Sandwich](#) (350°F for 8 mins)

[Cheeseburger Sliders](#) (350°F for 30 mins)

[Mac & Cheese](#) (300°F for 35 mins)

[Chicken Wedge Sandwich](#) (350°F for 8 mins)

**Heat & enjoy:** Heat items following heating instructions below and consume within two (2) hours.

[BBQ Rib Sandwich](#) (350°F for 35 mins)

[Hamburger](#) (325°F for 10 mins)

[Pizza-Slice](#) (325°F for 13 mins)

[Chicken Nuggets](#) (400°F for 12 mins)

[Pancake Wrap](#) (350°F for 33 mins)

[Pizza-Round](#) (400°F for 18 mins)

[Chicken Patty](#) (375°F for 10 mins)

[Pizza Bagel](#) (350°F for 10 mins)

[Sausage Link](#) (350°F for 10 mins)

[Corn Dog](#) (350°F for 25 mins)

[Pizzanada](#) (350°F for 30 mins)

[Taconada](#) (350°F for 30 mins)

[Eggo Bites](#) (350°F for 10 mins)

[Pizza-French Bread](#) (350°F for 12 mins)

[Tater Tots](#) (450°F for 20 mins)

[French Toast](#) (350°F for 10 mins)

## HEATING INSTRUCTIONS

### MICROWAVE HEATING:

1. Open one end of item's wrapper but do not remove from wrapper.
2. Microwave on HIGH (from FROZEN 90 seconds & from THAWED 45 seconds).
3. Product is ready to enjoy when an internal temperature within 145°F-165°F is reached.
4. If product has not reached an internal temperature within 145°F-165°F, continue to reheat on HIGH in 15-20 second intervals until internal temperature is reached.
5. Remove item from microwave, remove from wrapper, and let sit for one (1) minute before consuming.
6. Consume within two (2) hours.

### OVEN HEATING:

1. Leave product inside wrapper with wrapper unopened.
2. Heat oven to the temperature listed for each item.
3. Place product on baking sheet and cook in the oven for the time listed for each item.
4. Product is ready to enjoy when an internal temperature within 145°F-165°F is reached.
5. If product has not reached an internal temperature within 145°F-165°F, continue to cook in oven, checking every 5-10 minutes before consuming.
6. Remove item from oven, remove from wrapper, and let sit for 5-10 minutes before consuming.
7. Consume within two (2) hours.

**CAUTION: Product will be hot. Consume with caution.**