

April 2021 Take Home & Curbside Meal Pack Menus

3-Day Take Home Meal Pack Menu (Plan A Pre-K through 5th)

All packets come with servings of milk in a variety of flavors.

Shelf Stable Items	Cold Items	Frozen Items
Ritz Crackers (2) Scooby Snack Grahams Chat Snax Grahams Cranberries Applesauce Veggie Juice Box Fruit Juice Box	Cheese Stick	PB&J Grilled Cheese Turkey Stick Turkey Coins Chorizo Beef and Cheese Stick Corn Roasted Sweet Potatoes Peach Cup Strawberry Cup Orange Juice Box

5-Day Take Home Meal Pack Menu (Plan B Tuesday and Friday)

All packets come with servings of milk in a variety of flavors.

Shelf-Stable Items	Cold Items	Frozen Items	Condiments
Pretzels Cereal Poptart Scooby Snack Grahams Chat Snax Grahams Ritz Crackers (2) Applesauce Strawberry Applesauce Cranberries Veggie Juice Box Fruit Juice Box	Cheese Stick Cheddar Cheese Cup Yogurt Cup Apple Slices Orange Pear Baking Potato Carroteenies	PB&J Hawaiian Ham and Cheese Grilled Cheese Turkey Stick Turkey Coins Chorizo Beef and Cheese Stick Roasted Sweet Potatoes Corn Peach Cup Strawberry Cup Orange Juice Box	Ketchup Mustard Mayonnaise Hot Sauce Ranch Dressing Cup Margarine Cups

6-Day Wednesday Curbside Meal Pack Menu (Virtual, Plan C and & Community)

All packets come with servings of milk in a variety of flavors.

Shelf Stable Items	Cold Items	Frozen Items	Condiments
Pretzels Cereal (2) Poptart Scooby Snack Grahams Chat Snax Grahams Ritz Crackers (2) Applesauce Strawberry Applesauce Cranberries Veggie Juice Box (2) Fruit Juice Box (2)	Cheese Stick Cheddar Cheese Cup Yogurt Cup Apple Slices (2) Orange Pear Baking Potato Carroteenies	PB&J Hawaiian Ham and Cheese Grilled Cheese Turkey Stick Turkey Coins Chorizo Beef and Cheese Stick Roasted Sweet Potatoes Corn Peach Cup Strawberry Cup Orange Juice Box 6" Personal Pizza	Ketchup Mustard Mayonnaise Hot Sauce Ranch Dressing Cup Margarine Cups

Menu item availability is subject to change at any time.

WHAT'S INSIDE

Storing and Cooking Instructions

Follow the instructions below to know how to properly store and make your items at home.

Use a cooking thermometer to determine the internal temperature of cooked food. If you have leftovers, reheat to 165°F with your thermometer for at least 15 seconds. Always have an adult present when cooking to be safe.

Please note that all items listed below will vary depending on if you receive the 3-day, 5-day or 6-day bag.

BREAKFAST ENTREE:

Whole Grain Cereal, Chat Snax Grams, Scooby Snack Grams, and Poptart

Storing: Store items at room temperature

Chorizo Beef and Cheese Sunrise Wrap

Storing: Store item in freezer at below 0°F. Cooking: Thaw to room temperature or heat in the microwave or oven at 325°F for 18 minutes until internal temperature of 165°F and serve.

LUNCH ENTREE:

PB&J with Cheese Stick

Storing: Store PB&J in freezer below 0°F.

Store cheese stick in the refrigerator at 41°F or below until ready to consume. Cooking: Thaw PB&J 60 minutes at room temperature prior to consumption.

Personal Pizza 6" Round (Wednesday bags only)

Storing: Store item in freezer at below 0°F. Cooking: Preheat the oven to 350°F. Place on a sheet pan and bake for 8-11 minutes or until the internal temperature is 165°F.

Pretzels & Cheddar Cheese Dip

Store pretzels at room temperature. Store cheese cup in refrigerator at 41°F or below until consumed.

Hawaiian Ham & Cheese Sandwich with Yogurt

Storing: Store sandwich in freezer below 0°F. Thaw in refrigerator prior to heating, however sandwich can be heated frozen. Product can be eaten once thawed. If hot sandwich desired, preheat the oven to 350°F. Keep sandwich in wrapper and place on a sheet pan. Heat sandwich for 18 minutes (30 minutes if frozen) to or internal temperature of 165°F.

Storing: Store yogurt in refrigerator at 41°F or below.

Sourdough Grilled Cheese Sandwich

Store sandwich in freezer below 0°F. Thaw in refrigerator prior to heating, however sandwich can be heated frozen. Preheat the oven to 325°F. Keep sandwich in wrapper and place on a sheet pan. Heat sandwich for 12 minutes (18 minutes if frozen) or until internal temperature of 165°F.

Turkey Stick and Turkey Coins with Ritz Crackers

Store turkey in freezer below 0°F. Thaw in refrigerator 24 hours before consuming. Storing: Store crackers at room temperature.

VEGETABLES:

Roasted Sweet Potatoes and Corn

Storing: Store items in the freezer below 0°F.

Cooking: Place vegetables in a microwave safe bowl. Heat until internal temperature reaches 145°F. Season to taste.

Baked Potato

Storing: Store item in refrigerator at 41°F or below. Cooking: Place vegetables in a microwave safe bowl. Heat for 6-8 minutes until internal temperature is 145°F or until the potato is soft. Cut lengthwise and add your favorite toppings.

Carroteenies

Storing: Store item in the refrigerator at 41°F or below until ready to consume.

FRUIT:

Apple Slices, Fresh Orange, Fresh Pear

Storing: Store items in the refrigerator at 41°F or below.

Strawberry Cup and Peach Cup

Storing: Store items in freezer below 0°F or below. Place in refrigerator to thaw

Applesauce Cup and Strawberry Applesauce Cup

Storing: Store items at room temperature until ready to consume. Place the item in the refrigerator at 41°F or below 24 hours before consuming if you prefer cold.

Dried Cranberries

Storing: Store items at room temperature until ready to consume.

DRINKS:

Fruit Juice Box and Veggie Juice Box

Storing: Store items at room temperature. Place item in refrigerator at 41°F or below 24 hours before consuming if prefer cold

Orange Juice Box

Storing: Store in freezer below 0°F. Thaw in refrigerator 24 hours before consuming.

Milk

Storing: Store items in the refrigerator at 41°F or below until consumed. Discard after date on carton.

CONDIMENTS: (5-day and 6-day bags only)

Ketchup, Mustard, Mayonnaise, and Hot Sauce

Storing: Store items at room temperature until ready to use.

Ranch & Margarine

Storing: Store items in the refrigerator at 41°F or below.