



Gluten Free Menu Items

Austintown Schools Food Service Department

Please use this list to make entrée selections for your student(s). The entrée you select will be accompanied by other meal components: fruit, vegetable, and milk. The following items are subject to availability; food shortages or out of stock items are out of our control, but we will have alternate items available if that occurs. Also, please mirror the regular school menu as much as possible, for example, please select GF pizza when we are serving regular pizza on our menu.

Everything listed is Gluten Free

Breakfast:

Yogurt
Cereal – Cheerios, Cinnamon Chex
Bagel – variety available
Blueberry Muffin

Lunch:

Grilled Chicken Breast Sandwich
Chicken Tenders
Hamburger or Cheeseburger
Hot Dog
Papa John's Cheese Pizza
Pepperoni Pizza Pocket
Chef Salad – ham/turkey/cheese
Grilled Chicken Salad
Chicken Salad
Egg Salad
Macaroni and Cheese
Pasta with Meat sauce
Grilled Cheese
Turkey/Cheese Sandwich
Peanut Butter and Jelly Sandwich
Chicken or Turkey Wraps with Lettuce/Cheese
Nachos Bell Grande or Taco (when on the school menu)
Salad Bar (Fitch Only)