

## Breakfast and Lunch 7-day Meal Distribution Menu

## **Breakfast Items:**

3 options of cereal
2 options of muffins
Strawberry Cream-Cheese Bagel
Weekly Rotation of Pancakes/Waffles/
French Toast
Variety of Low-Fat Milk
Assorted 100% Fruit Juice
Assorted Fresh Fruits

## **Lunch Items:**

(2) Turkey Sausage Pizzas

Turkey Hot Dog

Breaded Chicken Sandwich

Assorted Fresh Fruits

Assorted 100% Fruit Juice

Fresh Vegetables

Variety of Low-Fat Milk

Condiments (Ketchup, Mustard, Mayonnaise, Ranch

Packets)



## PLUS Weekly Lunch Specials:

Mar. 31: Chicken Nuggets & Roll
Lemon Pepper Chicken & Roll
BBQ Meatballs & Roll

Apr. 14: Hamburger

EZ Jammer Sandwich

Grilled Cheese Sandwich

Apr. 21: Lemon Pepper Chicken & Roll
Chicken Teriyaki & Roll
Cheesy Chicken Tacos

Apr. 28: BBQ Meatballs & Roll
Hamburger
Chicken Nuggets & Roll



(Weekly Specials include a vegetable)



