

## Wellness Policy Evaluation

Please check the column that you feel most accurately describes the implementation of that portion of the Wellness Policy. If you select “Partially” or “No Implementation,” please explain the reason why this may have occurred.

Description	Fully	Partially	No Implementation	Comments
Health and Nutrition Education at all schools. School staff setting the example and are good role models for students.		X		
Ensure meals are served in pleasant environment	X			
Each school site has a Wellness Policy posted and accessible for parents, students and staff. Wellness Policy Guide Brochures displayed available to parents, students and staff.	X			
<b>Physical Education:</b>				
Implementation of the President’s Physical Fitness Standards		X		
Ed Code Requirements for Physical Education are met				
Physical Education opportunities for all students	X			100 min. weekly
Staff will be encouraged to model good physical and healthy lifestyle habits		X		Posters
<b>Nutrition Policy and Food Sales:</b>				
All meals offered meet legal requirements for the NSLP Program: <ul style="list-style-type: none"> <li>• Meet Meal Pattern Contributions</li> </ul>	X			
All food sold meets or exceeds nutritional standards established by district.	X			
Healthy foods are promoted at school activities. Foods with no nutritional value, such as soda,				

candy, nachos etc., are not sold to students while on school grounds.	X			
Food sold meets SB 12 guidelines: <ul style="list-style-type: none"> <li>• Whole Grain Foods</li> <li>• 35% Calories from Fat</li> <li>• 10% Calories from Sat. Fat.</li> <li>• 35% Sugar by weight</li> </ul>	X			
Student sales follow SB 12 guidelines	X			
Home prepared foods are not sold on campuses	X			
All beverages sold meet SB 965 and SB 677. Only beverages sold in Elementary Schools: <ul style="list-style-type: none"> <li>• Milk</li> <li>• Water</li> <li>• 100% Juice</li> </ul>	X			UP until 3:00 pm.
All school campuses allow student access to healthy food choices.	X			
<b>Program Implementation and Evaluation:</b>				
Board has established a plan for measuring implementation	X			
Quality indicators have been selected by the Superintendent.	X			on Food Sales
Each school has posted the Wellness Policy at its site	X			

School Site: VRB

Wellness Policy Coordinator: Irene Vargas

Date: 10/1/2015

Additional Comments:

*met with Petra Martinez*