

Monte Bella Elementary School
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Maria I. Alvarez, Principal
Janet Gutierrez, Assistant Principal

Wellness Assessment 2018-2019

Agenda Meeting

June 21, 2019

1:00-3:00 p.m.

1. Review Data from Wellness Assessment
2. Review Wellness Policy
3. Go over Compliant Smart Snacks in schools: Food list/Beverage list
4. Choose area of focus for next year

Notes: We decided as a committee to focus for the 2019/20 year on ***NS9: Regulates food and beverages served at class parties and other school celebrations in elementary schools.***

Monte Bella level: Some ideas shared were coming up with a menu of ideas to substitute food at class parties/celebrations for other items. For example, donate a book to library or class on birthday, PTO come up with choices of a birthday pack: strimmers on desk, goody bag-pencils, Happy Birthday on Marque, order pizza from Food Services to sub out main entree during lunch (Not having two lunches)

District level: committee wants to focus on: ***NS13 Addresses availability of free drinking water throughout the school day.***

Ideas were to have students write letters to cabinet requesting drinking dispensers around school to be more environmentally conscience. (Focus on opinion writing)

We will revisit ideas at the beginning of next year, and get more input

at our first PTO/SSC meeting for the 2019/20 school year.