"Kids are more likely to eat foods they help grow or prepare". This is one of the reasons why School Gardens are in full force at Z.C.I.S.D. Zapata North and A.L. Benavides Elementary are participating in the "Learn, Grow, Eat, and Go" curriculum provided by Texas A&M Agrilife Extension agency. The hands-on program involves students in planting, growing, and harvesting their own vegetables.



## **Be Inspired!**



See MyPlate solutions from real families