

Healthy Fundraising

What is the importance behind Smart Snack Fundraiser Sales?

Lifelong eating habits are being established at a young age, so it is important to consider what choices are being made available to them. If our fundraisers consist of unhealthy foods, children will mistaken these options as being “healthy” and will contribute to poor eating habits. It is important to consider fundraisers that consist of items to be sold that do not consist of unhealthy food choices.

Healthy Fundraising Promotes:

- ⇒ Increased Academic Achievement
- ⇒ Better behavior
- ⇒ Promotion of lifelong healthy behaviors

Healthy Fundraising Options:

Read-a-thon	5-Mile Fun	Car Wash	School Spirit Gear
Candles	Greeting Cards	T-Shirts & Sweatshirts	Low-fat popcorn
Science Fair	Skate Night	Customized Stickers	Frozen Bananas
Book Fair	Recycling Drive	Gift Certificates	Plants, flowers, or seeds
Walk-a-thon	Festivals	Coupon Books	School Supplies
Bike-a-thon	Bingo Night	Refillable Water Bottles	Calendars
Live Auction	Candle Sales	Coffee Cups & Mugs	Buttons & Pins



Fundraiser Smart Snack Calculator

Want to sell food/beverage items as part of your fundraiser? Check back on our website and follow the Healthy Snack Calculator to see if it meets our snack requirements.

Have a question? Contact us here at
YCJUSD Child Nutrition Services (909)797-0174