

# **West Covina Unified School District**

## **Nutrition Services Newsletter**



## Did You Know at Merced Elementary School...

## We offer fresh fruits and vegetables for breakfast and lunch!

Options include whole pears and oranges, baby carrots and jicama sticks!





### Our School Cafeteria has a Self-Serve Salad Bar!

Students can now choose from a variety of seasonal fruits and veggies! Items include dark leafy greens, whole, fresh fruits, and legumes such as kidney beans and garbanzos!

### We Offer Semi-Scratch Menu Entrees!

We offer carnitas on a bed of brown rice, meatball hoagies, chicken drumstick meals, mac and cheese, baked chicken dinners, and starting November, turkey and gravy bowls!





### Our Burgers are Made with 100% Beef!

Burgers are served on a whole grain bun along with a serving of fruits, veggies, and milk. Try one today!

#### Need to Make a Payment or Check Your Balance?

Deposit boxes are now available at elementary school offices. Electronic payments can also be made by logging into www.schoolcafe.com

**Go Green!** Download our free menu app on your smartphone by searching for "Web Menus" in your app store or visit www.wcusdnutrition.org for more info.



