

The Baby kiwi fruit, or hardy kiwi, though almost inherently associated with New Zealand, is native to China and Korea. Seeds from the kiwi fruit were taken to New Zealand in 1902 and soon thereafter fruit crops were being produced. New Zealand would dominate the commercial kiwi growing landscape for the majority of the 20th Century.

In 1992, the baby kiwi fruit found commercial birth at Hurst's Berry Farm in Sheridan, Oregon. Though it is classified as a subtropical plant, it thrives in regions that the common kiwi fruit simply cannot, surviving subzero temperatures during non-fruiting periods.

There are only three commercial growing regions of the Baby kiwi fruit: California, New Zealand and Chile.

The baby kiwi, resembles a grape. It is a small, greenish, oblong fruit, which can be eaten whole or peeled and eaten. Much like regular kiwis, the baby kiwi is perfectly edible if bruised. Baby Kiwifruit have a combination of flavors such as the sweet flavor of banana, strawberry and papaya. Except for the small, safe to eat black seeds, the surface is squashy and creamy. Baby Kiwifruit is an important source of vitamin C and it also contains potassium, vitamin A and E, calcium, iron and folic acid, while its skin is a big source of flavonoids antioxidants.



Baby Kiwi