




**Sky Blue Foods**  
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**Whole Grain Breakfast Bun**  
**Code Number : WWB5160**

MEAL PATTERN CONTRIBUTION		
PACK SIZE: 60 ct., Individually Wrapped		
PORTION SIZE: 2.6 oz. / 75 g.		
23 g of Whole Grains and 12 g of Enriched Grains Per 2.6 oz Serving.		
Ingredient	Type	Serving
Whole Wheat Flour	Bread	2.6 oz.
I certify that this information is true and correct according to USDA "Nutrition Standards in the National School Lunch Program (NSLP) and the School Breakfast Program (SBP)" This product contains TWO OZ EQ (OUNCE EQUIVALENCY) GRAIN requirement for the "Nutrition Standards in the National School Lunch and School Breakfast Programs".		
 Ali Sameen - Quality Assurance		
SY 2015-2016		
12/17/2014 Updated		

NUTRITION FACTS		
Serving Size: 2.6 oz.		
<b>Amount per Serving</b>		
Calories	230	Calories From Fat: 60
<b>% Daily Value</b>		
<b>Total Fat</b>	7 g	12%
Saturated Fat	2 g	10%
Trans Fat	0 g	
<b>Cholesterol</b>	0 mg	0%
<b>Sodium</b>	340 mg	14%
<b>Total Carbohydrate</b>	39 g	12%
Dietary Fiber	3 g	12%
Sugars	10 g	
<b>Protein</b>	6 g	
Vitamin A	4%	Vitamin C 0%
Calcium	8%	Iron 15%

\* Percent daily values are based on 2,000 calorie diet.

Your daily values may be higher or lower, depending on your calorie needs.

**INGREDIENTS:** WHOLE WHEAT FLOUR, WATER, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE SHORTENING (SOYBEAN OIL, MONO- & DIGLYCERIDES, CITRIC ACID PRESERVATIVE), YEAST, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEXTROSE, CONTAINS LESS THAN 2 % OF EACH OF THE FOLLOWING: SALT, CORN SYRUP, DEFATTED SOY FLOUR, SOYBEAN OIL, CINNAMON, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), DATEM, MALTODEXTRIN, CORN STARCH, GLYCERIN, DRIED HONEY, CALCIUM PROPIONATE PRESERVATIVE, SOY LECITHIN, CORN OIL, CORN SYRUP SOLIDS, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, FOOD STARCH-MODIFIED, TRICALCIUM PHOSPHATE, SILICON DIOXIDE, CITRIC ACID, ENZYMES, AGAR-AGAR, EGG WHITES, SODIUM PROPIONATE PRESERVATIVE, NATURAL FLAVORS, NONFAT MILK, EGGS.

**ALLERGY INFORMATION:** CONTAINS WHEAT, SOYBEAN, MILK, EGGS.  
**PRODUCED IN A PEANUT - FREE ENVIRONMENT.**

**SHELF LIFE:** 12 months at 10 ° F or lower (frozen); 3 days at room temperature.

HEATING INSTRUCTIONS:
<i>(Always heat from a thawed state)</i>
Any one of the following can be used:
* 200 ° F oven 4-5 min. from thawed state
* Bread Warmer for 8-10 minutes
* Food warmer at 130 °F for up to 1 hour