

SHAC Minutes

12-6-16

In Attendance: Jennifer Dodson, Wendy Duemmler, Tracy Hamilton, Lindsay Jones, Denise Lamar, Jackie Morgan, Wendy Nielsen, Kevin Plue, Sallie Roberts, Christine Skrutowski, Lexie Starnes, Janie Webb.

Business:

- 4:01 pm- meeting opened
- Minutes from meeting on 9-27-16 presented and approved.
- Lindsey Jones, Director of Humanities, updated the committee that UCPS did not receive one of the fifteen PEP grants awarded. Funding is now being funneled into Every Student Succeeds initiative.
- Wendy Nielsen, School Nurse Supervisor, presented a Narcan update with additional information from Jackie Morgan, Division Manager Public Health Operations Manager. Narcan is an emergency medication administered for opioid overdose. Currently the atomizer to dispense the nasal Narcan has been recalled so new product is back ordered. All Union County SRO's in the schools (with the exception of schools in the city of Monroe) have intranasal Narcan available. Currently Wingate and Waxhaw police departments requested training, and Monroe police department has had the training but is waiting on their policy to be completed. Since August 2016, Union County EMS has administered Narcan to a 12 year old, a 13 year old, and 2 - 14 year old children (outside of school hours). The average age of those given Narcan is 52 years of age. NC General Statute 90-106.2 *Treatment of overdose with opioid antagonist; immunity*, discusses civil liability protection if administered. In Nov. 2016, the state offered a tool kit which includes guidelines for creating protocols and training for Narcan. Cost of nasal Narcan with the atomizer is approximately \$80 a dose.
- A new NC State Board of Education Policy regarding concussions and "Return to Play/Learn" was added and implemented for the 2016-17 school year. The PowerPoint to educate staff about concussions has been approved and is now on the UCPS website under "Staff Resources" and Required Training. It is the decision of the Principal as to how he/she keeps track to make sure staff are reviewing the Power Point annually.
- Sallie Roberts, Registered Dietician, presented an update on what needs to be included in SHAC according to DPI. She passed out an evaluation tool and the current UCPS Wellness Policy for discussion. The wellness policy is currently on the School Nutrition and School Health website, as well as in the Board Policy Manual online. Discussed having the policy and evaluation tool more visible as a "SHAC tab" on the website. In order to be in compliance with DPI's requirements, a new board member must be chosen. Christine Skrutowski, nurse, offered that she has already spoken to Dr. Jones, UCPS Ass't Superintendent of Instruction, about the need for a new member and that he would look into it. A mental health representative is also required to be on the SHAC committee. Wendy Nielsen, Nurse Supervisor, will try to find someone in the community willing to join the committee. A representative at a conference attended by School Nutrition stated that there should be a possible SHAC training in April 2017.
- Jackie Morgan, Division Manager Public Health Operations Manager, requested input from SHAC about forming a youth related health and wellness board. The board would be made up of students who can voice their concerns, or focus on any area they want related to health. The Health Dept. may be hiring a Health Educator who can assist in coordinating meetings. Lexie Starnes, student from CATA, is a member of HOSA (Health Occupation Students of America) and has about 20 students in her club at CATA, with 8-10 students being active. It was discussed that other high schools have HOSA clubs as well, and this may be a source of students to tap into. Can be further discussed at next meeting.
- 5:01 pm - meeting adjourned.