

SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

Minutes 9-25-18

In Attendance: Wendy Duemmler, Kathie Fenner, Nicole Gee, Tracy Hamilton, Jay Jones, Dennis Joyner, Denise Lamar, Karen Lanier, Paige Moore, Wendy Nielsen, Cindy Payne, Bondy Rachel, Sallie Roberts, Christine Skrutowski, Reid Thornburg, Blaire Traywick, Mitzi Webb.

Business:

- 4:01 pm- meeting opened on 9-25-18.
- Minutes from 5-15-18 approved.
- Wendy Nielsen, School Nurse Supervisor, introduced new members: Cindy Payne (Nurse-Rocky River), Dr. Paige Moore (Ass't EC Director), Reid Thornburg (Cardinal Innovations)
- Discussion of goals for the 2018-2019
- Goal 1: Expand community awareness regarding drug and tobacco/vaping use in Union County, NC. Wendy Nielsen, Nurse Supervisor, shared that Sun Valley is the only high school that has not yet had the Safe Schools Initiative event and at this time there is no date set for it. Nurse teams will resume their effort in creating educational PPT and information regarding popular drugs used in schools as well as vaping to be used for staff.
- Goal 2: Establish mental health based teams within Union County Public School system. Wendy Nielsen discussed that DHHS and UCPS are collaborating to place Mental Health Therapists (MHT) and Social Workers (SW) in the schools. She has been part of the process of interviewing for a coordinator who will be over 5 MHT's and 10 SW's with one of the SW's being a Supervisor. Emphasis for coverage will be on Sun Valley and Parkwood, but all clusters will be touched by a SW. Both Nursing Supervisors attended SIT (Suicide Intervention Training) training over the summer. Model is based on Guilford County Schools program. The goal is to have a collaboration between the nurses, counselors, social workers, school psychologists, and the rest of the team so all are trained and available if needed. Paige Moore, Ass't EC Director, asked about specific training for trauma. SIT is not specific to trauma training. She mentioned classes offered by Cardinal Innovations that she felt would be an asset to staff.
- Goal 3: Provide "Stop the Bleed" training throughout Union County Public School system to designated staff and students. Wendy Nielsen shared that 528 people in UCPS have been trained so far. Among those include the Nurses, Athletic Trainers, 119 coaches, 24 people at Cuthbertson High, Shiloh staff, SVHS ROTC and some PE classes. Kensington and Rea View Elementary are scheduled to have their staff trained as well. The goal is to reach out to Principals to see if they would like their staff trained. The minimum is that this year the school nurses train their Emergency Care Team members.
- Mitzi Webb, Social Worker Monroe Middle, asked about protocols for illness and fever, as well as mental health in relation to increased absenteeism. School Health has protocols for fever as well as different ailments which are reviewed by Dr. Bizzell. Protocols for mental health related absenteeism and illness might be discussed with site based teams that could include the Attendance Counselor.
- Wendy Nielsen updated that today the State put a hold on exclusions from school for lack of immunization proof and Health Assessments. The memo received is allowing

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students until November 1st to comply. Dennis Joyner, Health Director, shared that due to the hurricane, there was lost vaccine due to power outages and there are shortages in pockets of North Carolina that are without vaccine. UCPS worked with the Health Department this summer and arranged vaccine clinics. They have vaccine available and the next clinic scheduled is Sept. 27th.

- Paige Moore let us know about class dates for Youth Mental Health First Aid, Trauma Informed Care, and Psychosis Simulation which are scheduled throughout the school year at the PDC. They are offered by Cardinal Innovations and are free. Staff may go to the Staff Development Management 2 system and sign up under Exceptional Children.
- Reid Thornburg from Cardinal Innovations stated that Cardinal will come to the schools to provide training if Principals would like them to do so.
- Wendy Nielsen asked for a volunteer to Chair the SHAC meetings. At this time there were no volunteers.
- Jay Jones, Weddington High Principal, has a great interest in increasing awareness and education regarding vaping in schools. He is in the early stages of planning an event to model the Safe Schools Initiatives event for Opioid and Heroin Use. He would like to collaborate with SRO's, Parents, and Principals to plan an educational event for parents and students in the community. This will be a cluster based forum on vaping and he is hoping to include elementary aged students as well. He would like to invite families and see what they can learn from it. He hopes the panel to include law enforcement, medical professionals, parents, and administrators.
- Meeting adjourned at 4:45 pm