

SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

Minutes 3-27-19

In Attendance: Wendy Duemmler, Kathie Fenner, Jay Jones, Dennis Joyner, Jarrod McCraw, Paige Moore, Wendy Nielsen, Cindy Payne, Christine Skrutowski, Candice Sturdivant, Reid Thornburg, Blaire Traywick.

Business:

- 4:00 pm- meeting opened on 3-27-19.
- Minutes from 11-13-18 approved.
- Tracey Carney, Social Emotional Learning Coordinator, was our guest speaker. Currently in the process of completing a needs assessment for students K-12 grade. The assessment includes five competency areas that identify the best approach to provide instruction. Also working on a Rapid Response Team for every cluster. The team will be a crisis response team that includes counselors, mental health therapists, social workers, SRO, nurses, psychotherapists, and any suitable staff. Creating a directory for Student Support Staff to guide others as to the roles and responsibilities of each person. Also seeking parents and business members to join a committee that will help increase education and awareness about suicide and mental health issues. Has already identified that the target population with a higher number of recent SIT interviews are 4th, 5th, and 9th graders. Group discussed how Piedmont High is a great role model for a student support group called "Break the Silence" club led by a student who is helping others open up about suicide and mental health.
- Wendy Nielsen, Nurse Supervisor, shared that STOP THE BLEED was approved and will be offered to 9th grade health classes. Met with Angela Clarkson from Novant Health to discuss modifying the graphic nature of some of the pictures in the PPT. There will be an opt-out permission slip available to parents.
- Jay Jones, Weddington High School Principal, had arranged a public panel forum discussion about vaping on Nov. 13, 2018 that included the SRO, parent from a different high school, middle school, and elementary school, a Pediatric Mental Health professional, Pediatrician, and High School Principal. Approximately 120 parents attended. Many good questions were submitted for discussion and dialog. This led to a connection with the Charlotte Mecklenberg Health Department and an invitation to become part of a regional forum panel. Dr. Jones believes his school has seen a decline in confiscated vaping paraphernalia since November. Next phase: The ART department is creating graphic designs and posters to make public service announcements to resonate with their own peers as well as students in middle school. Suggestion made to also share with the elementary schools. Group discussed how vaping is on the rise system wide, and how parents and students need to be educated about the risks of vaping. Dennis Joyner, UC Health Director, confirmed vaping is a growing epidemic and the problem with vaping is the 'unknowns'. Levels of nicotine can be very high. The problem is pervasive and companies have done a great job marketing these products. The Health Dept. is collaborating with Atrium and Novant Health to collect information about the needs of our county. Also working to address a more comprehensive tobacco policy about smoking in Union county.

SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

Minutes 3-27-19

- Reid Thornburg, Cardinal Innovations, Community Relations, is assigned to five out of the 20 counties Cardinal covers. He discussed Cardinal Innovations Governance Restructuring. The Impact Study is now available on the website with some specific statistics about Union county. Three reps from five counties will form Health Advisory and Community Advisory Councils. The goal is to have a collaborative integration from all members to focus on needs of each county. They will also explore financial resources and review what the health care needs are.
- Shared North Carolina's Child Health Report Card 2019. The focus was on youth suicide, which is now the second leading cause of death for students between the ages of 10-17. NC scored a "D" in both categories of Tobacco, Alcohol, and Substance Use, and Mental Health. (see attached report) Reid Thornburg shared that the state of NC as a whole has an "F" under the category of Mental Health/Behavioral Health.
- Wendy Nielsen and Christine Skrutowski, Nurse Supervisors, attended the State SHAC Meeting earlier this month. Learned about tools to try to rejuvenate SHAC meetings and spur more interest. Ideas shared were changing the times of the meetings, rotate locations, offer lunch, and ask key players to attend that can help reach goals.
- Next SHAC meeting scheduled for Tuesday, May 14, 2019.
- Meeting adjourned at 5 pm.