

## SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

### *Minutes 11-13-18*

In Attendance: Wendy Duemmler, Kathie Fenner, Nicole Gee, Tracy Hamilton, Laurel Healy, Jay Jones, Denise Lamar, Paige Moore, Wendy Nielsen, Sallie Roberts, Christine Skrutowski, Mark Strickland, Candice Sturdivant, Reid Thornburg, Blaire Traywick.

Business:

- 4:01 pm- meeting opened on 11-13-18.
- Minutes from 9-25-18 approved.
- Wendy Nielsen, School Nurse Supervisor, introduced new members: Nicole Gee (school nurse at Parkwood Middle)
- Blaire Traywick, District Administrator for Arts and Humanities, gave an update on the Reproductive Health and Safety curriculum. UCPS hired several health educators to research resources available to get away from VHS technology. Nurses updated the PPT's they teach with current visuals and statistics. Permission slips were combined to fit on one page. Feedback was requested from the middle and high schools regarding the updates and have only heard back from 4 of 21 teachers, but the feedback was positive. Parents need to come in to the schools to review the information being taught. Links will not be sent out. Tracy Hamilton, nurse at Piedmont High, discussed the barriers with reproductive health among the EC population and that they can be a missed population. Blaire Traywick addressed the need for parent and teacher to decide what should be taught based on student's developmental stage.
- Jay Jones, Weddington High School Principal, has arranged a public panel discussion on vaping Nov. 13 at 6:30 pm (see attached format). The plan was to set up a panel discussion similar to last year's Opioid/Heroin forum. Panel members include a: Pediatrician, Pediatric Mental Health Specialist, School Resource Officer, parent of a high school student, and a High School Principal. The community was able to submit questions and thoughts. Panel members received the questions ahead of time. 2 short videos will be shown and an article written by a student about his perspective on vaping will be shared. There will be an open "Question and Answer" discussion.
- Christine Skrutowski, School Nurse Supervisor, added that Dr. Carolyn Ford, Pharmacy Professor at Wingate University has offered in-services taught by her pharmacy students on vaping and drug use to both students and staff. Weddington and Forest Hills high schools have had vaping presentations for students and students have given favorable feedback.
- Wendy Nielsen discussed that one of our SHAC goals this year is to establish mental health based teams within Union County and we are collaborating with DHHS to place more mental health staff in the schools. Last week a team met including the school nurse supervisors, lead social worker, lead counselor, social workers, mental health therapists (MHT), and psychologists to schedule a "Train the Trainer" for our UCPS approved SIT (Suicide Intervention Training) Program. The discussion included who will teach what, and on Nov. 29 and 30<sup>th</sup>, there will be a SIT "Train the Trainer". Once the trainers are established, the plan is to start training specific staff. Those specific staff members of the team will include social workers, counselors, nurses, MHT's, school psychologists and psychotherapists. Wendy Nielsen also added that this year the new

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roll out of flu clinics set up through CVS pharmacies was a success. There were 40 flu clinics completed within our schools and the number of staff immunized was more than double from the numbers the previous year.

- Christine Skrutowski reviewed numbers of people trained for the “Stop the Bleed” grant. Novant would like to get more students and staff trained. Nurses were informed to reach out to their PE, HOSA, and ROTC staff as well as their Principals for approval for training. The following numbers have been reported over the last 2 months: Sun Valley High – Faculty (10 trained); 10/3 - Kensington Elementary -approx. 60 staff; 10/17- Prospect - ECT (5 members) ; 11/16- Parkwood High- 130 students; 12/4- Rea View- entire staff; 1/16- Walter Bickett Elementary- entire staff; 1/22- Weddington Middle and High- approximately 14 staff
- Reid Thornburg, Cardinal Innovations, shared 2 additional Behavioral Health Clinician positions have been approved for the schools.
- Next SHAC meeting scheduled for Tuesday, March 26, 2018.