



Union County Public Schools NC School Health Advisory Council

Whole School, Whole Community, Whole Child



Union County Public Schools NC – School Health Advisory Council

CHECKLIST

The Union County Public Schools Student Health Advisory Council requires:

- Develop a 3 year action plan
- Conduct an assessment using a research based tool
- Complete the Annual Healthy Active Children Compliance Survey
- Coordinate a School Health Council with appropriate parties

Steps to achieve the above requirements:

- Review the Union County Public Schools Student Wellness Policy annually
- Learn more about the Whole School, Whole Community, Whole Child Model
<https://www.cdc.gov/healthyyouth/wsccl/>
- Develop a School Health Council composing of individuals from the following eight areas: safe environment, physical education, health education, staff wellness, health services, mental and social health, nutrition services, and parent/family involvement.
- Provide periodic reports to the board regarding the status of goals set by the SHAC members.
- Set a meeting schedule each school year (at least four times a year is recommended)
- Complete a school assessment (School Health Index can be completed by signing up with the Alliance for a Healthier Generation <https://www.healthiergeneration.org/>)
- Develop an action plan
- Share action plan and wellness policy with stakeholders
- Evaluate progress by reviewing and revising action plan (recommendation: annually)

Resources:

Union County Public Schools – School Nutrition Services Department Webpage:
<http://www.ucpsschoolnutritionservices.com/>

Union County Public Schools – School Health Advisory Council Wellness Policy:
http://www.ucpsschoolnutritionservices.com/schools/unioncps_1305151850267381/WellnessPolicy.pdf

Assessment Tools

School Health Index
Healthy Active Children Compliance Survey
Alliance for a Healthier Generation
North Carolina Healthy Schools
Action for Healthy Kids

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ACTION PLAN

Note: Evaluation of progress by reviewing and revising action plan will be implemented annually. Action plan is set for 3 years’ time.

Healthy Active Children Policy requires:

- Each LEA shall maintain a current Local Wellness Policy and the most recent assessment of progress with implementation of the policy and submit as requested to NCDPI.
- The local School Health Advisory Council shall inform and update the public about the content, implementation, evaluation and compliance of the Local Wellness Policy and the Healthy Active Children Policy.

2017-2018 School Year

GOAL: Expand community awareness regarding drug use in Union County, NC (specifically focusing on opiates and heroin).	
Objective 1 -	
Action Steps	Methods for Measuring Implementation
The Union County Sheriff’s Department, UCPS, and community members will sponsor an annual information event on drug use as part of a Safe School Initiative (specifically focusing on opiates and heroin). This event will be marketed and available for all stakeholders in Union County, NC. Lead: Lucinda Ourant, UCPS School Nurse	<ul style="list-style-type: none"> - Obtain data from Union County Sheriff’s department on drug use for school aged children to establish a baseline. - Obtain data from the 10th grade student survey which is a composite of school climate (administered at end of school year.) - Report to SHAC on date, location, resources, presenters, stakeholders present (including number attended.)

GOAL: Continue efforts to have Union County Public Schools promote and utilize the Whole School, Whole Community, Whole Child model.

Objective 1 -

Action Steps	Methods for Measuring Implementation
<p>Provide opportunities for Superintendent, Dr. Andrew Houlihan, to obtain information on Union County Public Schools – SHAC and their approach to adopt the Whole School, Whole Community, Whole Child model.</p> <p>Lead: All SHAC members</p>	<ul style="list-style-type: none"> - Formulate a report indicating Superintendent, Dr. Andrew Houlihan, and board members have received SHAC minutes.

GOAL: Create a Youth Board of Health to get involved and implement change regarding the ten area of focus on the Whole School, Whole Community, Whole Child model.

Objective 1 -

Action Steps	Methods for Measuring Implementation
<p>The UCPS SHAC will create a Youth Board of Health by enacting Jackie Morgan’s vision of involving youth to have a voice in all aspects of the Whole School, Whole Community, Whole Child model (feedback, suggestions, etc.)</p> <p>Lead: Jackie Morgan, Division/Operations Manager of Public Health</p>	<ul style="list-style-type: none"> - Roster of school aged individuals involved. - Calendar of meeting dates and minutes on what was discussed. - SHAC minutes and action policy update on how Youth Board of Health suggestions/feedback/etc. have/will be implemented. - Involve clubs DECA (create marketing) and HOSA (create goals).