

Township of Union Middle and High Schools 2019-2020

“Make-Your-Own” Bar

Mondays

All-Beef Hot Dog on a Bun with Potato Wedges, Vegetarian Baked Beans, and your choice of Toppings, including Cheese, Chili, Sauerkraut, Mustard, and Relish

Tuesdays

Nachos Grande or Choice of Beef or Chicken Burrito served with Rice, Beans and your choice of Toppings, including Salsa, Black Beans and Corn, Lettuce, Tomato, Red Onion, and Cheese

Wednesdays

Pasta Bar with Choice of Pastas, Sauces, and Chicken, Sausage, or Meatballs served with Parmesan Cheese and Garlic Bread

Thursdays

Cheesesteak Bar – Beef Cheesesteak on a Hero Roll with your choice of Cheese, Peppers, Onions, Lettuce, and Tomato served with Garlic Parmesan Potato Wedges

Fridays

Asian Cuisine Day - General Tso’s Chicken or Teriyaki Chicken served with Rice and Broccoli or Vegetable Lo Mein, an Egg Roll, and a Fortune Cookie

Your Lunch includes Entrée with Protein/Grain, Vegetables and Fruit from The Farm Stand (students must select at least a serving of fruit or vegetable), and Low-Fat Milk.

**FOOD
ALLERGIES**

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

“This institution is an equal opportunity provider.”



At least 50% of All Grains served w/ your meal are Whole Grain Rich



POMPTONIAN
FOOD SERVICE