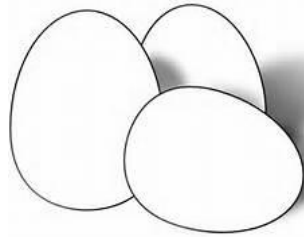
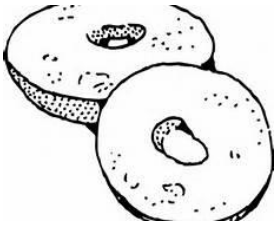
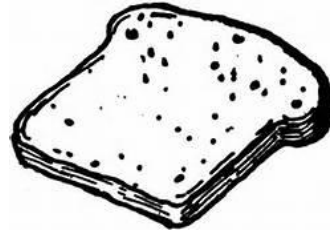
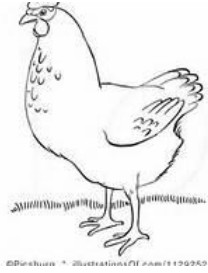


Name: _____

Whole Grains

Circle which foods contain whole grains which help fuel your body: (Hint: There are 4)

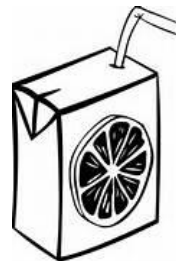
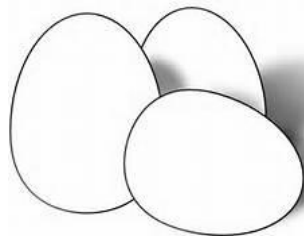
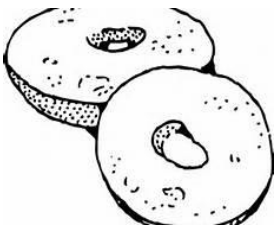
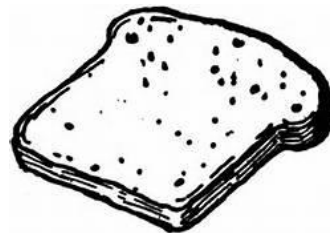
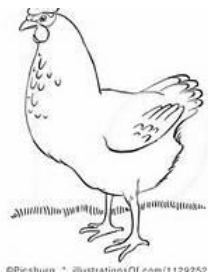


Name: _____

Whole Grains

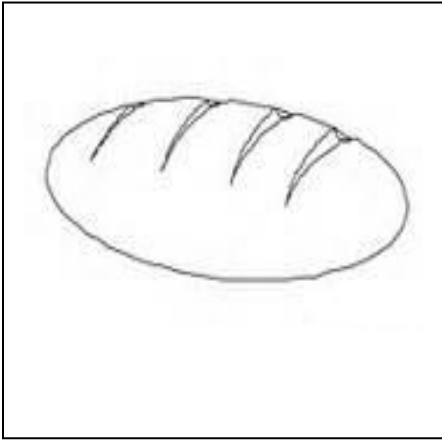
Circle which foods contain whole grains which help fuel your body:

(Hint: There are 4)

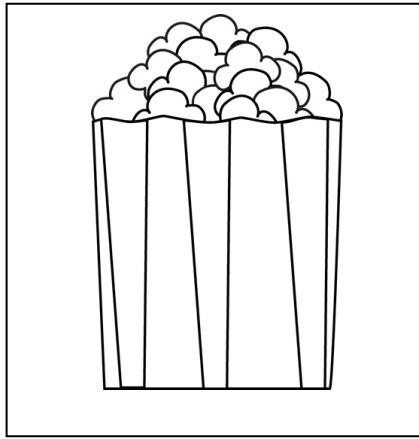


Whole grains

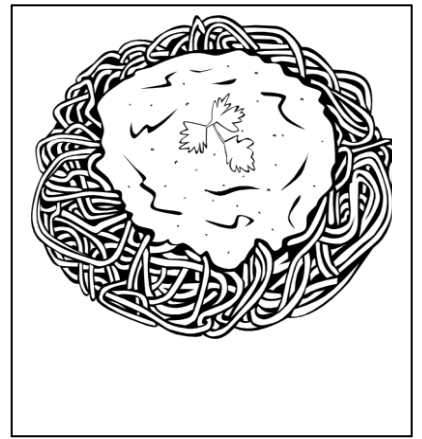
Directions: Color the foods shown below. All three foods are whole grain.



1) **Whole wheat** bread



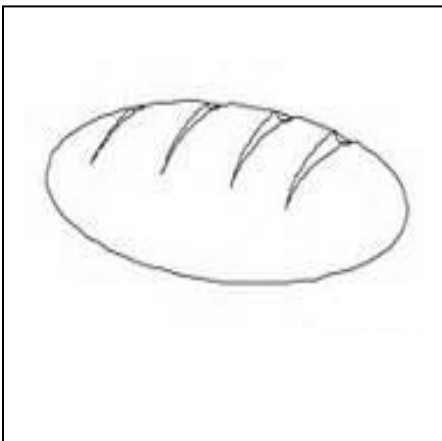
2) Popcorn



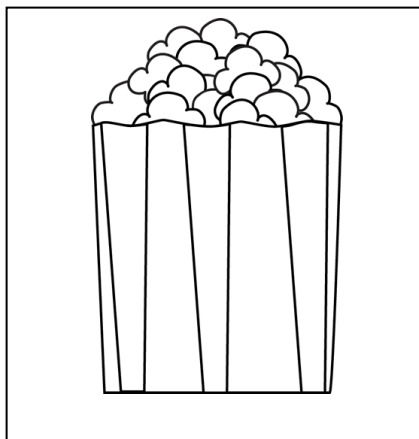
3) **Whole grain** pasta

Whole grains

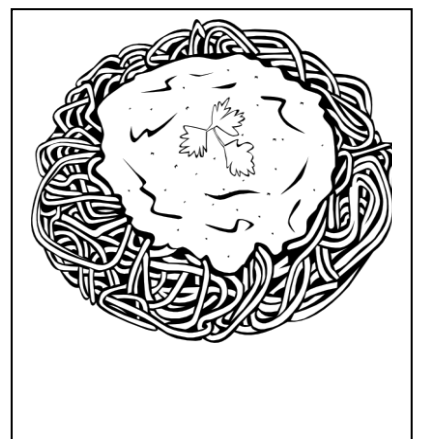
Directions: Color the foods shown below. All three foods are whole grain.



1) **Whole grain** bread



2) Popcorn



3) **Whole grain** pasta