

African Heritage Diet Pyramid



Illustration by George Middleton

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Latin American Diet Pyramid La Pirámide de La Dieta Latinoamericana

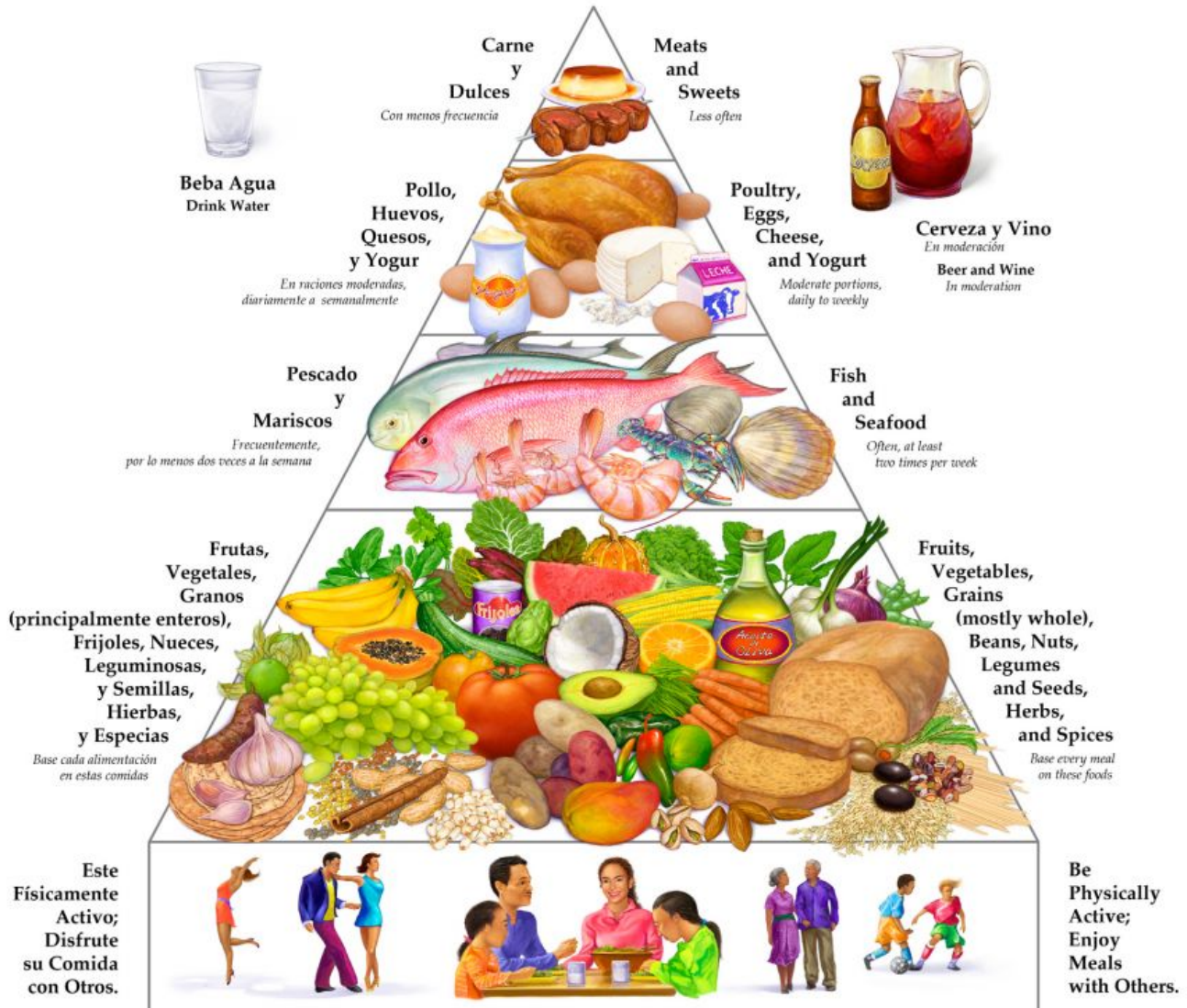


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Mediterranean Diet Pyramid

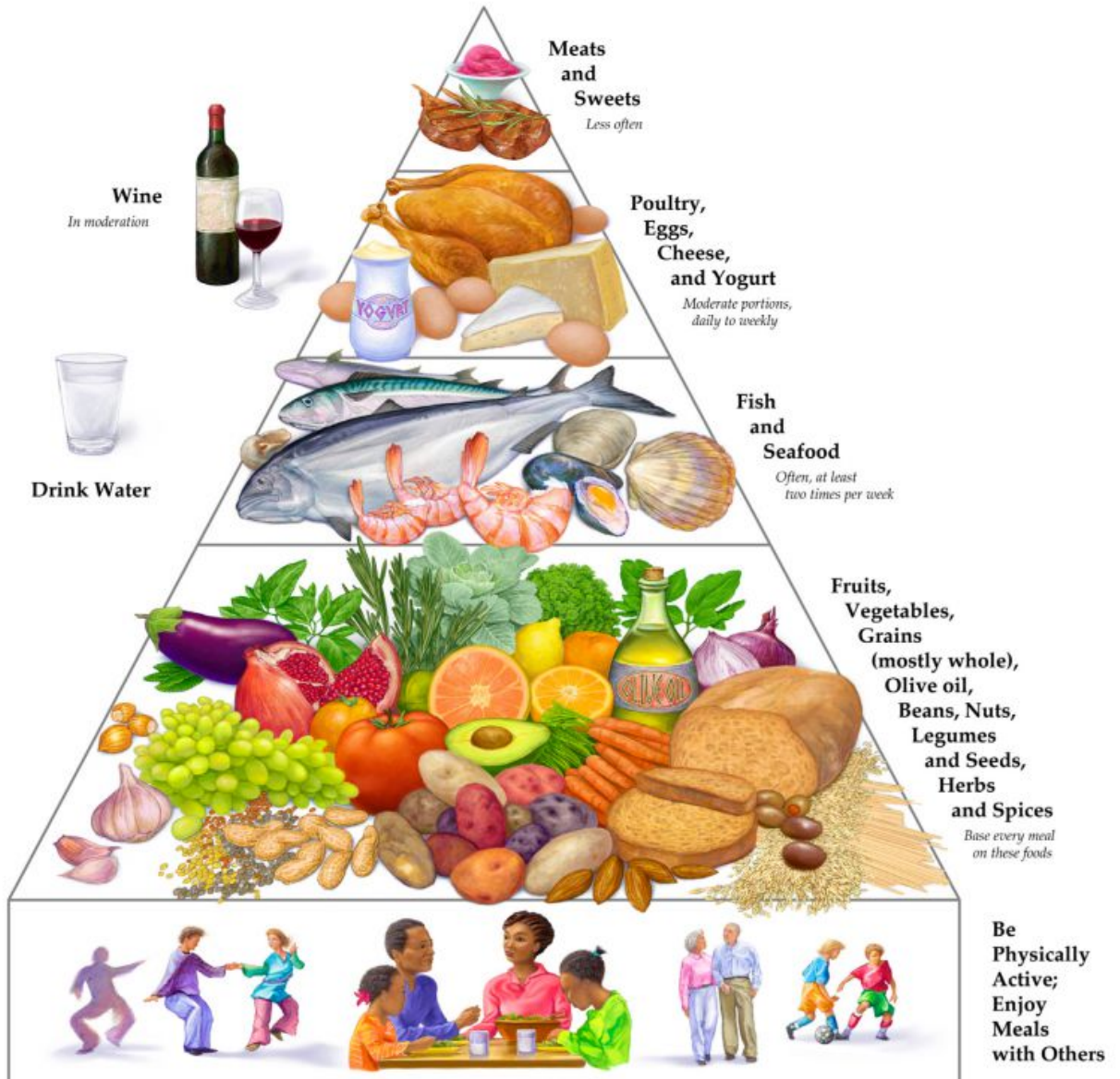


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Asian Diet Pyramid



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