

# BREAKFAST MENU

## JEFFERSON SCHOOL

2018 - 2019

- Monday:** Bagel with Cream Cheese, Butter, or Jelly
- Tuesday:** Fruit Muffin
- Wednesday:** Egg and Cheese on a Roll or Bagel
- Thursday:** Cereal with Milk
- Friday:** Bagel with Cream Cheese, Butter or Jelly

### **CHOOSE 2**

- 100% Fruit Juice
- Cupped Fruit
- Fresh Fruit

### **CHOOSE 1**

- Non-Fat Chocolate Milk
- 1% Milk
- Skim Milk



**POMPTONIAN**  
FOOD SERVICE



At least 50% of All Grains served  
w/ your meal are Whole Grain Rich

"This institution is an equal  
opportunity provider."

