

School Wellness

Wellness Initiatives

Birthday Bundle and Classroom Catering	Created menus to offer healthy alternative options for parents for typical classroom celebrations.
Colorado Education Initiative: Healthy Schools Summit Presentation	Presented at a Summit breakout session on the collaboration between wellness and Nutrition Services, the LiveWell Colorado: School Food Initiative and scratch cooking.
Decrease Food Insecurity Grant	Partnered with City of Longmont Youth Services to apply for funding to expand the summer meals program.
Fuel Up to Play 60: School Nutrition Grant Application	Grant application submitted to supply Alpine Elementary with new milk coolers to support the addition of a breakfast program.
Girls on the Run: Longs Peak Middle	Connected school with local running store and partnered with them to encourage and motivate youth to be active, build self esteem and accomplish a goal.
HealthierUS School Challenge Award Application	Applied for an additional 14 awards for all qualifying K-8, Middle, and High Schools. If awarded, it will bring an additional \$9,500 to the schools.
HealthierUS School Challenge Award Presentation	Recognized 13 elementary school principals for their dedication to making a healthier school environment.
Kaiser Permanente: Thriving Schools Grant	Conducted evaluation for Red Hawk Movement expansion grant.
Move 5210 Challenge	Partnered with UC Health to recruit elementary schools to take the 5210 challenge. Eat five fruits and vegetables, limit screen time to two hours, get one hour of physical activity and drink zero sugary beverages every day for a month.
Smart from the Start: Grant Application	Collaborated with Spark Discovery Preschool on a nutrition education and physical activity classroom integration plan - Possible \$20,000 in funding. Did not receive grant.
The Colorado Health Foundation: Middle School Outdoor Learning Environments	Collaborated with Paige Jennings, Physical Activity Grant Coordinator to submit Letters of Interests for Longs Peak, Lyons and Timberline for new outdoor equipment. Did not receive grant based upon Free and Reduced percentage.
USDA: Once in a Melon Award	An award for administering an exemplary farm to school program. One school district per state was selected for the award by receiving the most public nominations.
Wellness Policy Updates	Updated Wellness Policy, created Wellness Policy Procedural document and Wellness Policy Assessment document. Changes made based upon WellsAT results.
Wellness Policy: Assessment	WellsAT: conducted a quantitative assessment of SVVSD's Wellness Policy.
Whole Child, Whole School, Whole Community Wellness Plan	Working on with Paige Jennings, Physical Activity Grant Coordinator.

Wellness Newsletters

Wellness Alive: Parent Newsletter	Sent to over 1600 emails on Going Subscriber list.
Wellness At Work: Employee Newsletter	Sent to over 200 Nutrition Service employees.

Nutrition Services Initiatives

Colorado Proud School Meal Day	Planned a menu featuring local Colorado items to highlight SVVSD's Farm to School.
Central Office Customer Service Survey	Distributed district wide.
Menus	13 templates with Harvest of the Month recipes and active living tips.
National School Breakfast Week Celebration	Breakfast kick off event and assembly at Alpine Elementary with the Western Dairy Association, Fuel Up to Play 60 and Miles the Denver Broncos mascot.
National School Lunch Week	Bring Your Parents to Lunch and selfie contest to highlight the benefits of the school lunch program.
Perfect Attendance Program	Recognizes and rewards employees for their attendance on a quarterly basis.
Perfect Health Inspection Program	Recognizes and rewards employees for perfect health inspections.
School Lunch Hero	Program asks schools to nominate kitchen staff that go above and beyond to provide excellent customer service and put students first.
Trail Blazer Award	Relationship building program between departments. 140 rewards sent during the 2015-2016 SY.
Website	Updating department website with relevant information, restructuring Wellness tab, and other changes as necessary.

CDOT: Safe Routes to School Grant

Active School Neighborhood Checklists	Conducted four ASNC to identify barriers that prevent students from walking or biking.
Bike Rodeos	Three events at district schools and one district wide rodeo to teach bicycle safety.
State Advisory Committee	Assist in the facilitation of SRTS grant process - Reviewed 36 applications and awarded \$1.5 million in FY '16 Grant Round.
Trip Tracker Program	Encourages and rewards students for taking alternative modes of transportation to and from school. Five active schools in the 2015-2016 SY.
Trip Tracker - Channel 7 News	Coordinated with news station to produce Trip Tracker segment as a green initiative in the SVVSD community.
Walk & Bike to School Day	Trip Tracker schools hosted Walk and Bike to School Days in October and May.
Grant Application	SY 2015-2016 Application: Awarded \$145,408. SY 2016-2017 Application: Not Awarded \$98,107.

Project Produce: Fruit and Vegetable Grants

Flagstaff Academy's Harvest Days	5 Events - Partnered with Ollin Farms to provide fresh and prepared samplings for students, Harvest Bags to send home with students, social media promotion, and classroom nutrition education tie-ins.
Spark! Preschool Discovers Fruits and Vegetables	11 Events - Colorado Proud Day event with samplings, cooking lessons and shared reading. Jumping Juicer with Zumba class, smoothie making and sampling. Harvest of the Month classroom snacks. More events coming.
Teen Parenting Program: Healthy Starts	6 Events - Cooking Matters nutrition education and cooking lessons for 15 teen parents. More events coming.
Grant Applications	Applied for three additional grants. Hygiene, Niwot and Westview - Possible \$7,500 in funding. Received \$2,500 for Westview, did not receive other two based upon Free and Reduced percentage.
Chef Ann Foundation Webinar	Presented with Chef Ann Foundation staff on a Project Produce webinar as experts in the field, having successfully implemented several grants.

Grant Funding

Grantor	Project	Amount Awarded
Fuel Up to Play 60	School Nutrition Equipment Grant Application	\$3,200.00
Kaiser Permanente	Decrease Food Insecurity <i>(Partner - City of Longmont)</i>	\$94,596.00
Kaiser Permanente	Thriving Schools: Movement <i>(Partner - Red Hawk Foundation)</i>	\$50,000.00
Project Produce	Flagstaff Academy's Harvest Days	\$2,500.00
Project Produce	Spark! Preschool Discovers Fruits and Vegetables	\$2,500.00
Project Produce	Teen Parenting Program: Healthy Starts	\$2,500.00
Project Produce	Westview: STEM to Kitchen	\$2,500.00
Safe Routes to School	Trip Tracker <i>(Partner - Boulder County Transportation)</i>	\$145,408.00
USDA	HealthierUS School Challenge Awards	\$6,500.00
The Colorado Health Foundation	Scratch Cooking Initiative Grant	\$153,223.00
The Colorado Health Foundation	Physical Activity Initiative Grant (Year 2 Funding)	\$629,684.00
TOTAL		\$1,092,611.00

Committees and Affiliations

Boulder County Healthy Eating and Active Living Task Force
Boulder County Healthy Food and Beverage Coalition
Chef Ann Foundation
Colorado Coalition for Healthier Schools
Colorado Farm to School Task Force
Colorado Fruit and Vegetable Growers Association
Metro Area Wellness Group
Safe Routes to School State Advisory Board
Worksite Wellness Committee